**Integrated Behavioral Healthcare: What It Is, How It Can Be Implemented, and Why This Matters**

Tex-CHIP Virtual Symposium

Saturday, June 4, 2022

10:00am-2:00pm

Dr. Jessica Lloyd-Hazlett, Associate Professor, LPC-S

The University of Texas at San Antonio

Project Co-Director, PITCH Expanded Providers

***Workshop Summary:*** Integrated behavioral healthcare bridges physical and mental services and is rapidly transforming the healthcare delivery landscape. This workshop provides an orientation to integrated behavioral healthcare, including definitions, levels of integration, and methods of assessment. The Primary Care Behavioral Health (PCBH) framework is highlighted as a specific model for integrated behavioral health care implementation. Core provider and practice-level PCBH competencies will be outlined. Examples of common health conditions treated in PCBH, including illustrative case examples and videos, will be shared. Finally, consideration will be given to why integrated behavioral healthcare matters. The concepts of the Quintuple Health Aim and Social Determinants of Health will be considered. The workshop will culminate in the creation of a brief Integrated Behavioral Healthcare Action Plan.

The presenter is Project Director and Co-PI of the HRSA-funded BWHET project, PITCH Expanded Providers (PEP), established at the University of Texas at San Antonio in 2017. PEP provides specialized training to counselors, social workers, and psychologists working in integrated school, community, and primary care settings. Examples, resources, and research from the PEP initiative will be interwoven throughout the presentation.

***Learning Outcomes:***

1. Participants will define integrated behavioral healthcare, including levels of integrated practice
2. Participants will understand the major components of the Primary Care Behavioral Health (PCBH) model
3. Participants will explore integrated behavioral healthcare implementation through the PITCH Expanded Providers Program
4. Participants will examine why integrated behavioral health matters relative to the Quintuple Health Aim and Social Determinants of Health
5. Participants will develop a brief Integrated Behavioral Healthcare Action Plan

***Workshop Agenda:***

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| Time: | Topic: |
| 10:00-10:30 | Introductions and Integrated Care Positioning   * Welcome and overview * PITCH Expanded Providers * Integrate behavioral health care positioning |
| 10:30-11:45 | What is Integrated Behavioral Health Care?   * Definitions * Levels of integration   + Assessment (IPAT) |
| 11:45-12:00 | Break |
| 12:00-1:00 | How is integrated behavioral healthcare implemented?   * Primary Care Behavioral Health (PCBH) framework * Core competencies * Common health conditions and visit examples |
| 1:00-1:45 | Why does Integrated behavioral healthcare matter?   * Quintuple Aim * Social Determinants of Health * Integrated Behavioral Healthcare Action Plans |
| 1:45—2:00 | Q&A |
| 2:00 | Adjourn |