**Priscilla Rose Prasath,** Ph.D., MBA., MSc., LPC (Texas)

(a.k.a. Priscilla Rose **Selvaraj)**

Assistant Professor of Counseling

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**Educational Background**

*August 2015* Doctor of Philosophy, Counselor Education and Supervision,
 Ohio University, Athens, Ohio

Dissertation: *Using Positive Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education
(****Chair:*** *Dr. Christine Suniti Bhat)*

*August 2012* Master of Science in Applied Psychology - Specialized in Clinical and Organizational Psychology, Bharathiar University, India

 *August 2012* Master of Business Administration – Specialized in Human Resource Management, Bharathiar University, India

*June 2010* Bachelor of Science Majoring in Psychology, Human Development and Family Resource Management, Teresian College, University of Mysore, India

*September 2008* Career and Educational Counseling Certification (1 year)
Mother Teresa Women’s University, Kodaikanal, Tamil Nadu, India

**Professional Employment History**

August 2019- Assistant Professor, *Department of Counseling, University of Texas at San*present *Antonio*, San Antonio, TX

July 2016- Assistant Professor, *Hardin-Simmons University, Abilene, TX*

June 2019

July 2015- Assistant Professor of Counseling, *Trinity International University*,

June 2016 Deerfield, Illinois

September 2015- Clinical Mental Health Counselor, The Counseling Center,

May 2016 Trinity International University, Deerfield, IL

August 2015- Clinical Faculty Supervisor for Master’s Students

May 2016 Trinity International University, Deerfield, IL

October 2014- Counselor II: Clinical Mental Health Counselor

May 2015 The Recovery Council, Waverly, OH

May 2014- Clinical Mental Health Counselor Intern

May 2015 University of Medical Associates, Family Medicine, Ohio University, Athens, OH

January 2013- Teaching assistant, *Ohio University Chillicothe*, Chillicothe, Ohio

December 2014

August 2012- Teaching assistant, *Ohio University*, Athens, Ohio

May 2015

December 2011- Guest-Lecturing Intern, *Institute of Mental Health*, Kilpauk, India

March 2012

December 2011- Intern Clinical Psychologist

March 2012 Institute of Mental Health, Kilpauk, Tamil Nadu, India

**Licensure and Certifications**

Licensed Professional Counselor LPC (Texas), #79135, 2018 - present

Association for College and University Educators (ACUE) Teaching Fellow (awarded 2021)

Certified Crime Victim Advocate

Gallup-Certified Strengths Coach (since 2020)

**Awards and Honors**

2021 *Professional Writing Award 2021.* Texas Counselors Association (TCA).

2021 *Outstanding Teaching Award 2021.* Southern Association of Counselor Educator and Supervisor (SACES).

2021 Nominee (Finalist). *Presidential Teaching Excellence Award*. UTSA.

2020 *Association for College and University Educators (ACUE)* Teaching Fellow – Credential in Effective College Instruction. ($1,000 award)

2019 Nominee, Southern Association of Counselor Educator and Supervisor for *Locke-Paisley Outstanding Mentor Award*

2015 Annual Creativity Research Expo, *First Prize*, Ohio University

2015 *Travel Award* ($300). Patton College of Education. American Counselor Association,
 Orlando, Florida

2014 *Outstanding Research Award*, The Alpha Chapter of Chi Sigma Iota

2014 *Donald A. Green Memorial Award*, The Patton College of Education, Ohio University

2014 Annual Creativity Research Expo, *First Prize & Library Expo Award Finalist*, Ohio
 University

2011 *First Prize and the Best Paper Presentation Award*- Fr. John Peter Award, National
 Level competition organized by Divyolaya (INDIA)

2010 *The Best Student Award*, Religious Instruction Class, Teresian College, India

2010 *First Prize Certificate of Excellence and First Rank Certificate of Excellence*,
 Highest English Course score (I & II year B.Sc. [2008-2009]), Highest marks
 in all three majors and overall undergraduate degree, Teresian College, Mysore (India)

2005 *Certificate of Merit for Outstanding Academic Performance*, top .1 percent of successful
 candidates in Hindi Course- A All Secondary School Examination, KVS, India

**Research/Scholarly/Creative Activities Summary** (\* data driven)

*Research Labs*

Strengths and well-being research lab Lead-facilitator

Mentored 11 graduate students in research projects.

Counselor against sex-trafficking research lab Affiliated faculty facilitator

Mentored 3 graduate students in START program research projects.

*Published Doctoral Dissertation*

Selvaraj, P. R. (2015). Using positive psychological capital to predict mental health in college students: Implications for counseling and higher education (Doctoral dissertation, Ohio University). http://rave.ohiolink.edu/etdc/view?acc\_num=ohiou1430740956 (Citations: 15)

*Refereed Publications*

\*Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. *(in press).* Mindfulness-based Wellness Group for International Students: A Pilot Study. *The Journal of Counseling and Development.* http://doi.org/10.1002/jcad.12432 (Impact Factor: 2.063)

**\*Prasath, P. R.,** & Bhat, C. S. (2022). Psychological capital as an antecedent to servant leadership in the counseling profession. *The Journal of Counselor Leadership and Advocacy*. 1-15. http://doi.org/10.1080/2326716X.2022.2036269 (Impact Factor: 1.15)

\*Horton, E., Hughes, C., **Prasath, P. R.,** & Lloyd-Hazlett, J. (2022). Students’ experience of family counseling role-play with developmental considerations. *Teaching and Supervision in Counseling, 4*(1). https://doi.org/10.7290/tsc

**\*Prasath, P. R.,** Lim, A., & Steen, S. (2021). A strengths-based support group for international students: A pilot study. *The* *Journal for Specialist in Group Work, 47*(1). 63-82. <https://doi.org/10.1080/01933922.2021.2000085> (Impact Factor: 0.595).

\*Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (2021). Foreign-born counselor educators: Profile, strengths, and challenges. *International Journal for the Advancement of Counselling.* <https://doi.org/10.1007/s10447-021-09456-8> (Impact Factor: 1.04)

\*Panjwani, S.,Manyam, S.,& **Prasath, P. R.** (2021).Immigration status and quality of life of Asian Indians in the U.S. *Asia Pacific Journal of Counseling, 11*(2), 109-124. http://doi.org/10.18401/2021.11.2.7

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Spears, J., & Jackson, K. L. (2021). Creativity in the classroom: A content analysisof The Journal of Creativity in Mental Health from 2005 to 2020. *The Journal of Creativity in Mental Health*. 1-22. <https://doi.org/10.1080/15401383.2021.1983493> (Impact Factor: 1.12)

Speedlin, S., Haberstroh, S., Townsend, C., **Prasath, P.,** & McVay, K. (2021). Participatory action research: Strategies for implementation in counseling outcome research. *Journal of Professional Counseling**: Practice, Theory & Research*. 1-13. https://doi.org/10.1080/15566382.2021.1949210

**\*Prasath, P. R.,** Bhat, C. S., Mather, P. C., Foreman, T., & James, J. K. (2021). Well-being, psychological capital, and coping of university employees during the COVID-19 pandemic**.** *The Journal of Professoriate, 12*(1), 1-30. https://caarpweb.org/wp-content/uploads/2021/04/Wellbeing\_psychological\_capital\_Prasath-121.pdf(citation -1)

**Prasath, P. R.,** Morris, C., & Maccombs, S. (2021). Mindfulness-Based Strengths Practice (MBSP) group intervention: A systematic review. *Journal of Counselor Practice*, *12*(1), 1-23.https://doi.org/10.22229/asy1212021(citation -1)

**Prasath, P. R.,** Lindinger-Sternart, S., & Duffey, T. (2021). Counselors as organizational leaders: Exploring parallels of servant leadership and professional counseling, *Journal of Counselor Leadership and Advocacy, 8*(2). 1-11. <https://doi.org/10.1080/2326716X.2021.1904460> (Impact Factor: 1.15)

**\*Prasath, P. R.,** Mather, P. C., Bhat, C. S., & James, J. K. (2021). University student well-being during COVID-19: The role of psychological capital and coping strategies.*The Professional Counselor, 11*(1), 46-60. <https://doi.org/10.15241/prp.11.1.46> (Citations -2)

**\*Selvaraj. P. R.,** & Bhat, C. S. (2018). Predicting the mental health of college students with psychological capital. *Journal of Mental Health. 27*(3). 279-287. https://doi.org/[10.1080/09638237.2018.1469738](https://doi.org/10.1080/09638237.2018.1469738) (Impact Factor: 4.299; Citations: 60)

\*Bhat, C. S., Ragan, M. A., **Selvaraj, P. R.,** & Shultz, B. J. (2017). Online bullying among high-school students in India. *International Journal for the Advancement of Counselling*, *39*(2), 112-124. <https://doi.org/10.1007/s10447-017-9286-y> (Impact Factor: 1.04; Citations: 11)

*Refereed Publications Under Review*

\***Prasath, P. R.,** & Lorenz, T. (*revise and resubmit*). Mediating role of psychological capital and gratitude in the relationship between stress and well-being. Submitted to *the Journal of College Counseling.* (Impact Factor: 1.024)

\***Prasath, P. R.,** Lohmar, S., Rich, W. Z., & Dalan, E. E. *(revise and resubmit).* Mental health and gender disparities in United States college students. Submitted to the *Journal of Mental Health Counseling.* (Impact Factor: 1.04)

\*Umucu, E., Grenawalt, T., **Prasath, P.R.,** & Ysasi, N. (*revise and resubmit).* COVID-19 stress, PTSD, and college adjustment among student veterans. Submitted to *Journal of College Counseling.* (Impact Factor: 1.024)

Schroeder, K., & **Prasath, P. R.** *(revise and resubmit).* Animal-assisted counseling and positive psychological interventions*.* Submitted to *The Journal of Mental Health Counseling.* (Impact Factor: 1.04)

\*Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. (*revise and resubmit*). Discrimination, depression, anxiety, and stress of international students during COVID-19. Submitted to the *Journal of* *American College Health*. (Impact Factor: 1.71)

\*Zhang, Q., Xiong, Y., **Prasath, P. R.,** & Jeon, L. *(under review).* Relationships and positive emotions as mediators in the relationships between perceived discrimination and health of international students. Submitted to *Higher Education.* (Impact facor: 3.005)

\***Prasath, P. R.,** Xiong, Y.,Zhang, Q., & Jeon, L. *(under review*). Counselor trainees’ group leadership self-efficacy development in the facilitation of the Mindfulness-based Wellbeing Group for International Students. Submitted to *International Journal of Group Psychotherapy.* (Impact facor: 0.35)

\*Xiong, Y., **Prasath, P. R.,** Zhang, Q., Jeon, L., & Pillay, Y. *(under review*). Group facilitators’ experiences in the Mindfulness-based Wellbeing Group for International Students. Submitted to *Journal for Specialist in Group Work.* (Impact Factor: 1.04)

\***Prasath, P. R.,** Xiong, Y.,Zhang, Q., & Jeon, L. (*under review*). Psychological capital, well-being, and distress of international students. Submitted to *International Journal of Advancement in Counselling.* (Impact Factor: 1.04)

**\*Prasath, P. R.,** Steen, S., & McVay, K. *(under review).* A group counseling intervention for African American boys in elementary students: Providing support for transitioning to 4th grade. Submitted to *Journal of Creativity in Mental Health*. (Impact Factor: 1.12)

\*Lorenz, T., & **Prasath, P. R.** (*under review*). Validation of the revised Compound PsyCap Scale (CPC-12R) and its measurement invariance across the US and Germany. Submitted to *the Journal of Happiness Studies.* (Impact Factor: 2.511)

*Manuscripts in Progress*

Steen, S.,& **Prasath, P. R.** *(in progress).* Systematic review of experiences and outcomes of doctoral students in counselor education. Invited for submission to the special issue in the *Counselor Education and Supervision* journal on Anti-racist practices and pedagogy in counselor training.

\*Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. (*in progress*). A practical guide to planning, evaluating, and implementing the Mindfulness-Based Well-being Group for International Students (MBWIS). To be submitted to *Journal for Creativity in Mental Health.* (Impact Factor: 1.12)

**\*Prasath, P. R.,**  Samuel, A. R., James, J. K., & Bhat, C. S. (*in progress*). Character strengths as predictors of depression, anxiety, stress, and wellbeing among college students in India. To be submitted to *the International Journal of Applied Positive Psychology.*

**\*Prasath, P. R.,**  Samuel, A. R., James, J. K., Bhat, C. S., & Mutharasi., K. (*in progress*). Psychological capital as a moderator in the relationship between depression, anxiety, stress, and wellbeing among college students in India. To be submitted to *the Indian Journal of Positive Psychology.*

**Prasath, P. R.** & MacCombs, S. *(in progress).* Post-pandemic growth strategies in the wake of the COVID-19 epidemic. To be submitted to the *Journal of Mental Health Counseling.*

**\*Prasath, P. R.,** Manyam, S., Bhat, C. S., & Bhatia, R. (*in progress*). Psychological distress, wellbeing, and marital satisfaction of Asian Indians in the USA on H1B and H4 visas. To be submitted to *The Journal of Employment Counseling.*

*Manuscripts in Analysis and Data Collection Stages*

\*Lorenz, T., & **Prasath, P. R.** (*in progress*). Translation and validation of the revised Compound PsyCap Scale (CPC-12R) in Spanish among Spanish-speaking U.S college student population. To be submitted to *the Journal of Positive Psychology.*

**\*Prasath, P. R.,** Harrichand, J. J., Interiano-Shiverdecker, C. G., & Romero, D. *(in progress).* Post-traumatic growth factors among sex-trafficking survivors in the US: A qualitative inquiry. To be submitted to the *Professional Counselor*.

**Prasath, P. R.,** Interiano-Shiverdecker, C. G., & Romero, D. *(in progress).* A systematic review of training and service delivery models among mental health professionals for sex-trafficked clients and counselors treating sex-trafficked clients. To be submitted to the *Journal of Counseling and Development*.

**Prasath, P. R.** *(in progress).* Mental health needs, challenges, and strengths of Asian Indian immigrants in the US: A literature review. To be submitted to the *Professional Counselor.*

**\*Prasath, P. R.**  (*in progress*). Examining gratitude, PsyCap HERO dimesions, and socio-demographic characteristics of college students in the US to discover positive predictors of mental health. To be submitted to *The Journal of College Student Development.*

\***Prasath, P. R.,** Lorenz, T., & Vivian, Z. (*in progress*). Validation of the revised Compound PsyCap Scale (CPC-12R) in English speaking college student population in Nagaland, India. To be submitted to *the Indian Journal of Positive Psychology.*

\*Harrichand, J., **Prasath, P. R.,** Interiano-Shiverdecker, C. G., & Romero, D. *(in progress).* Social determinants of health with sex-trafficking survivors in the US. To be submitted to the *Journal of Multicultural Counseling and Development*.

**Prasath, P. R.** & Contreras, A. C.*(in progress).*PsyCap development interventions for promoting career and psychological wellbeing-related outcomes: A critical review. To be submitted to the *Career Development Quarterly.*

*Book*

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015). *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

*Peer-Reviewed Book Chapters*

Steen, S. & **Prasath, P. R**. (invited, in progress). Process observation and technology. In Choudhary, D. and McCarthy, C. (ed.). *Process Observation*. Taylor and Francis.

**Prasath, P. R.,** Gregory, J., Maghsoudi, M., Gonzalez, S. S., & Morris, C. (2021). Theoretical approaches and modalities used with children and adolescents (p.129-174). In *The Child and Adolescent Counseling: An Integrated Approach* edited by Jones, B., and Durodoye, B. A. Springer Publications.

**Prasath, P. R.,** & Copeland, L.(2020**).** Rationale and benefits of using expressive art techniques in supervision (p. 17-37). In *Techniques and Interventions for Play Therapy and Clinical Supervision.* IGI Global Publications.

**Selvaraj, P. R.,** & Bhat, C. (2017). Positive psychology. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia Of Marriage, Family, And Couples Counseling* (Vol. 3, pp. 1265-1266). SAGE Publications, Inc doi: 10.4135/9781483369532.n381 (Citations: 20)

Selvaraj, J., & **Selvaraj, P.** **R.** (2017). Parenting education. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia Of Marriage, Family, And Couples Counseling* (Vol. 3, pp. 1235-1236). SAGE Publications, Inc doi: 10.4135/9781483369532.n371

**Selvaraj, P. R.** (2016). Same-sex sexuality in Indian context. In *The Encyclopedia of Gender and Sexuality*. Wiley Publications.

Jackson, K. L., & **Selvaraj, P. R.** (2015). Sink or swim. In *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Selvaraj, P. R.,** & Selvaraj, J. L. (2015). Re-defining self. *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Scholarly Presentations**

*International – Refereed Contributions*

Zhang, Q., Xiong, Y., **Prasath, P.,** & Byun, S. (2022, August). The relationship between international students’ perceived discrimination and overall health: A mediation analysis. [Poster]. *Annual meeting of the American Psychological Association Convention*, Minneapolis

**\*Prasath, P. R.** & Bhat, C. S. (accepted March 2022). Mental health status of college students in US before and during pandemic: Comparative analysis. *American Counselors Association*. Atlanta, Georgia.

**\*Selvaraj, P. R.** & Bhat, C. S. (March 31-Apr 3, 2016).Psychological Capital: a new predictor of mental health among college students*, American Counselors Association* (ACA) conference, at Montreal, Canada.

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (March 14, 2015).Therapeutic Groups for Substance Use Disorder: An Experiential Session. *ACA 2015 Conference & Expo*. Orlando, FL.

**Selvaraj, P. R.,** & Ajitha, C. P. (February 28-29, 2012). Sexual abuse via internet, emphasizing the role of parents*.* *International Seminar on Psycho-Social Factors in Child Sexual Abuse*. Sri Kanyaka Parameshwari Arts & Science College for Women. Chennai, India.

Kemilt & **Selvaraj, P. R.** (February 4-6, 2011). Emotional Competence in Working and Non-Working Women: A Correlational Study. *The 46th National and 15th International Conference of Indian Academy of Applied Psychology (IAAP).* Life Skills for Quality of Life. Mysore, India.

*National - Refereed Contributions*

**Prasath, P. R.** & Anandavalli, S. (accepted May 2022). Toolbox for servicing Asian-Indian immigrant clients. *Association for Humanistic Counseling’s (AHC) 2022 Annual Conference*. Nashville, Tennessee on May 27th and 28th, 2022.

\*Xiong, Y., **Prasath, P. R**., Zhang, Q., & Jeon, L. (accepted April 2022). A mindfulness-based acculturation group for international students. *2022 American Educational Research Association (AERA) Annual Meeting*. In the Division E - Counseling and Human Development/Division E - Section 1: Counseling. April 21-26, 2022. San Diego.

**Prasath, P. R.,** & Bhat, C. S. (Feb 2022). Psychological capital development group training. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

Jackson. K. L, **Prasath, P. R., &** Bhatia, R. (Feb 2022). Online experiential training groups: A Guide to planning, facilitating, and supervising. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

\*Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (October 7, 2021). Foreign-born Counselor Educators Profile Strengths and Challenges. *ACES 2021 conference* in Atlanta, GA.

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Jackson, K. L., & Spears, J. (October 10, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *ACES 2021 conference* in Atlanta, GA.

Chandrika Prasanna Kumaran, A., **Prasath, P. R.,** Oyeniyi, O., & Therthani, S. (June 25, 2020). Panel Discussion on Job Search and Beyond: International Counselor Educators. *Association for Multicultural Counseling and Development* (AMCD) Virtual Conference.

**Prasath, P. R.** & Jackson, K. L. (Jan 29-Feb 1, 2020). Mindful Photography: Creative Intervention for promoting self-care among Latinx youth. *Association of Specialist in Group Work (ASGW) Conference* at Puerto Rico. Presented on Jan 30, 2020.

**Prasath, P.R.** & Jackson, K. L. **(**Oct 10-13, 2019). Mindful Photography: Creative intervention for promoting self-care among counselor education students. *ACES Conference at Seattle*, WA.

**\*Selvaraj, P. R.**, & Shaw, J. (Mar 21-23, 2019). Relationship between Compassion and Post-Critical Beliefs of Individuals; *Christian Association of Psychological Studies conference*, Dallas. (Collaborated with student)

\*Grover, J, Tidwell, E., Rozeboom, D., Swenson, J. E., **Selvaraj, P. R.** & Copeland, L. (Mar 21-23, 2019). The relationship between personality traits and post-critical beliefs; *Christian Association of Psychological Studies conference*, Dallas. (Collaborated with students)

**Selvaraj, P. R.,** & Pillay, Y. (June 12-14, 2014). Proposing a creative new model called the "Solution-Focused Brief Recall Process" (SFBRP) of Supervision. *Interdisciplinary Supervision conference.* Adelphi University. New York.

**Selvaraj, P. R.,** & Jackson, K. L. (Feb 1-3, 2018). New to teaching group course? 90 min pit-stop to acquire creative teaching. Roundtable presentation; 2018 *Association for Specialists in Group Work* (ASGW) Conference, Savannah.

\*Cave, Z., & **Selvaraj, P. R**. (2018). Enhancing LGBT+ competency in counselors, educators, and supervisors: What you can do for underserved LGBT+ clients. *Bi-annual* *Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling* (*ALGBTIC)* *Conference.* Portland, Oregon. (Collaborated with student)

**\*Selvaraj, P. R.,** Lim, A. Cave, T., Cave, T., & (Feb 1-3, 2018). International Students' Group Using Positive Psychology Interventions. Oral presentation at 2018 *Association for Specialists in Group Work* (ASGW) Conference, Savannah. (Collaborated with student)

**\*Selvaraj, P. R.,** & Bhat, C. S. (October 7-11, 2015).Examining the positive psychological capital of adult survivors of childhood trauma among college students. *ACES Conference*. Philadelphia Marriott Downtown, Philadelphia, PA.

**Selvaraj, P. R.,** Jackson, K. L., & Bhat, C. S. (August 6-7, 2015). It's a Family Affair: Assisting Families Flourish through Positive Psychology. *Association For Adult Development And Aging 2015 Annual Conference*. Roosevelt Hotel, NY.

**Selvaraj, P. R.,** & Bhat, C. S. (September 19-20, 2014). Building Positive Psychological Capital: Addressing the Mental Health and Adjustment Issues of LGBT College Students from a Strengths-Based Perspective. Roundtable presentation at the inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., & **Selvaraj, P. R**. (September 19-20, 2014). It’s Time to Flight- Strategies to Tackle Bullying among LGBTQ Students in Schools. The inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., **Selvaraj, P. R.,** & Pillay, Y. (October 17-20, 2013). Removing My Foggy Lens: Learning Acceptance of Religious Ideologies through Supervision. *American Counselor Education and Supervision (ACES) Conference*. Denver, Colorado.

*Regional - Refereed Contributions*

Swenson, J. E., **Selvaraj, P. R**., et al. (March 31-April 2, 2017). Mental Health Needs in Rural Big Country Texas. *Southwestern Psychological Association 2017 Conference at* San Antonio, Texas.

**Selvaraj, P. R.** (October 21-24, 2015).Using Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education, the *Annual Meeting of the Mid-Western Educational Research Association* (MWERA), at the Hilton Orrington Hotel, Evanston, Illinois.

**Selvaraj, P. R.,** Bhat, C. S., Machtmes, K., & Ragan, M. (November 12-15, 2014). HERO within Adult Survivors of Childhood Trauma: An Analysis of a Pilot Study. *Mid-Western Educational Research Association (MWERA) conference*. Evanston, Illinois.

*State – Refereed Contributions*

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Jackson, K. L., & Spears, J. (November 4, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *TCA 2021 conference* in Galveston, GA.

\*Morris, C., & **Prasath, P. R.** (Feb 27 – 28, 2020). Using Mindfulness to Build Positive Relationships and Psychological Well-Being Post Trauma. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference*. Oral paper presentation. (collaboration with student), SA, TX.

**Prasath, P. R.** (Feb 27 – 28, 2020). Enhancement Of Personal And Professional Development Of Supervises Through The Use Of Expressive Arts Modalities. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* San Antonio. Paper Presentation on Feb 28.

\*Duffey, M., Villalobos, N., & Morris, C**., Prasath, P. R.** (Feb 27 – 28, 2020). Redefining the Strengths-based Approach to Counseling and Counselor Education*.* 2020 *Texas Association of Counselor Educators and Supervisors* (TACES) Mid-Winter Conference. San Antonio. Poster Presentation on Feb 28 at 9:15 am. (Presentation without authorship; student mentorship)

**Selvaraj, P. R.** (Feb 28-March 1, 2019). Practical Strategies for Integrating the Science and Practice of Positive Psychology into Marriage and Family Counseling: Insights from Research. *2019 Texas Association of Counselor Education and Supervision (TACES*) Mid-Winter Conference. Dallas, Texas

Brewer, J. & **Selvaraj, P. R.** (October 25-27, 2018). The Neuroscience of Psychological Capital and Brain Physiology Based Temperament Constructs for PT. Henry B. Gonzalez Convention Center. *Texas Association of Physical Therapist Conference (TAPT).* San Antonio, TX.

**\*Selvaraj, P. R.,** Lim, A., Cave, Z., Cave, T. (March 1-2, 2018). Evidence-based Creative Approaches in Working with International Students: Group Counseling Implications for Educators and Clinicians. *2018 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* Austin, TX. (Collaborated with students).

\*Shaw, J., Grover, J., **Selvaraj, P. R.,** & Swenson, J. E. (Nov 17, 2018). The Relationship Between Personality, Post-Critical Beliefs, Belief in Supernatural Entities, Compassion and Religious Orientation. *Annual Texas Psychological Association* (*TPA) conference*, Dallas, TX. (Collaborated with student)

**Selvaraj, P. R.** & Rosenblad, S. (March 2-3, 2017).Building Flourishing Families: Adapting Positive Psychology Techniques as a Best Practice, *Texas Association for Counselor Education and Supervision* (TACES) conference, at Austin, TX.

Jackson, K. L., **Selvaraj, P. R.,** Henry, J. S., & Bhat, C. S. (November 6-8, 2013). “Ctrl” + "APP" + “Del”: Troubleshooting Interventions for Internet Crimes. *All Ohio Counselors Conference (AOCC).* Columbus, Ohio.

Bhat, C. S., Kalkan, B., **Selvaraj, P. R.,** & Knowles, D. (November 6-8, 2013). The Role of Pivotal Childhood Memories on Client Views. *All Ohio Counselors Conference (AOCC)*. Columbus, Ohio.

*Local – Scholarly Contributions*

**Prasath, P. R.** (Jan 13, 2021). Unleashing power of strengths through CliftonStrengths. *COEHD training session for counseling trainees*. COEHD Center for Student Success. UTSA.

\*Prasath, P. R., Spears, J., & Duffey, M. (2020). Unleashing Power of Strengths. *Wellbeing Summit*. November 30, 2020. Online workshop at the University of Texas at San Antonio.

\*Grover, J., Tidwell, E., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (April 2019). The relationship of personality traits to supernatural beliefs, religious commitment, and one's willingness to face difficult existential questions. *Texas Tech Undergraduate Research Conference.* (Collaborated with student)

\*Tidwell, E., Grover, J., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (2019). The relationship between gender, age, and political affiliation with religious commitment and beliefs. *Abilene Christian University Conference for Undergraduate Research.* (Collaborated with student)

\*Spring 2017. Mentored 8 research projects of undergraduate “Intro to Research Methods” course students. The topics were in the areas of relationship, happiness, optimism, love, forgiveness, altruism, resilience, and gratitude. Presented at *HSSM Research Symposium* at HSU.

**Selvaraj, P. R.** (April 11, 2014). Proposing Creative, Practical, And Positive Interventions for Enhancing Psychological Health and Well-Being Among College Students. *Annual Creativity and Research Expo.* Ohio University. [Awarded First Prize in Division].

**Selvaraj, P. R**. (April 13, 2014). Proposing Creative, Practical, And Positive Interventions for Enhancing Psychological Health and Well-Being Among College Students. *The fourth Annual GEA Conference. Patton College of Education.* Ohio University.

**Selvaraj, P. R.,** & Arora, A. (April 13, 2013). Re-defining Solidarity: A Third World Vision. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (April 13, 2013). Music therapy and Counseling. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (April 2, 2013). Interventions for enhancing psychological health and well-being among college students. *International Students Union Research Event.* Ohio University.

Henry, J., Jackson, K. L., & **Selvaraj, P. R**. (February 21, 2013). Barefoot Crusade-Veterans Suicide Awareness. *Youngstown University.* Ohio.

*Non-Refereed Contributions*

**Prasath, P. R.** (Oct 21, 2021). Guest speaker on *Technology and* *skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

**Prasath, P. R.** (Sept 2020). Guest speaker on *Professional Experiences as Counselor Educator*. To first-year doctoral students. Invited by Dr. Heather Trepal.

**Prasath, P. R.** (May 2020). Keynote speaker on *Department of Counseling Graduation Day*. Online.

**Selvaraj, P. R.** (July 3, 2019).Guest speaker on “International Group Counseling: Best Practices”. Zoom Lecture in Advanced Group Counseling Course. Invited by Dr. Kendra Jackson at C*ornerstone University*, Grand Rapids.

**Selvaraj, P. R. &** Chendurpandi Subramanian, P. (April 7, 2019). Guest speaker on “Gaining Multicultural Perspective On Indian Cultural Marriage Traditions: Using Story-telling Method” Invited to *2019 Spring Freshman Year Seminar Course at Hardin-Simmons University, Abilene, TX* by Dr. Jana Wesson-Martin.

**Selvaraj, P. R.** (Jan 11, 2019).Guest speaker on “Autobiographical Account of Acculturation Journey: Psychological, Social and Academic Implications”. *International Students Orientation.* Spring 2019, *Hardin-Simmons University, Abilene, TX*

**Selvaraj, P. R.** (August 21, 2018).Guest speaker on “Cultural Acculturation”. *International Students Orientation*. Fall 2018, HSU.

*Training and Development*

**Prasath, P. R.** (Oct 15, 2021). Speaker on Clifton Strengths Assessment. Growing leaders today Workshop-1. COEHD Leadership Academy. UTSA.

**Prasath, P. R.** (Sept 28, 2021). Key note speaker on *COVID-19 Wellbeing and Wellness*. Commerce Department. Association inauguration 2021. Justice Basheer Ahmed Sayeed College for Women, Chennai, India.

**Prasath, P. R.** (Sept 25, 2021). Guest speaker on *Wellness Workshop*. Sigma Alpha Chi Chapter, UTSA. Chi Sigma Iota.

**Selvaraj, P. R**. (July 21, 2018). Guest speaker for 1-day session on “Psychological Wellness and Health”, “Youth with Faith and Sound Mind”, and “Parenting” Workshop. *Seventh Day Adventist Church*, Chennai (India).

**Selvaraj, P. R.** Lim, A., Cave, T. (April 21, 2018). Guest presenters on “Positively International: Implications for Science Faculty & Students.” *HSSM Research Society Meeting*, HSU. M

**Selvaraj, P. R**. (March 6, 2018).Guest speaker via YouConnectU; *Group counseling with an international population.* Invited by Dr. Kendra Jackson. For Group Counseling Course, Cornerstone Theological Seminary, Michigan.

**Selvaraj, P. R.** (Jan 1, 2018). Panelist, *Cultural Discussion Panel*. International Faculty Represented. Hardin-Simmons University. Abilene, TX.

**Selvaraj, P. R. (**Nov 17, 2017). Guest speaker: UT Arlington, Lutheran Student Center on “culture and psychology: understanding international students’ journey”.

**Selvaraj, P. R. (Nov 8**, 2017). Guest speaker: FYSM Food & Culture Class. Hardin-Simmons University on “Indian Food”.

**Selvaraj, P. R. (**April 7th, 2017). Speaker for “Psychological Research”. HSSM Research Society Meeting, HSU.

**Selvaraj, P. R.** (Jan 9, 2017).Abilene Christian Elementary School, Presented on “India-History, Heritage, Culture, and Practices”.

**Selvaraj, P. R.** (January 19, 2017). Guest lecture, *Indian culture, and traditions.* Abilene Christian School.

**Selvaraj,** **P. R.** (March 12-15, 2015). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Orlando, Florida.

**Selvaraj,** **P. R.** (February 27, 2015). Panelist, *The world comes to McCracken: Globalizing the Curriculum through International Students' Eyes.* International students’ panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (August 22, 2014). Panelist, *Sharing Success Stories*. Counselor Education Program Orientation. Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj,** **P. R.** & AERN Team (March 2014). Presented on *Indian Culture*. Meigs County Schools, Ohio.

**Selvaraj,** **P. R.** (Nov 14, 2013). Panelist, *Education without borders: Books, Botswana & Beyond*. International faculty and student panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (April 10, 2013). Invited Talk, *Homesickness and International Students Life on Campus.* Represented International Students Outreach (ISO) Association. Ohio Program of Intensive English (OPIE). Grover Center. Ohio University.

**Selvaraj,** **P. R.** (March 21-23, 2013). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Cincinnati, Ohio.

**Selvaraj,** **P. R.** (February 1, 2013). Panelist, *Putting the 'WOW' in the International Student Library Experience.* Intercultural Communication Training, Alden Library staff development, invited by Dr. Yea-Wen Chen.

**Selvaraj,** **P. R.** (November 22, 2012*). Close Relationships from a Cultural Perspective*. Undergraduate Class of Human Relations Course. Invited by Kendra Jackson.

**Granting Activities**

2021 Advancing UTSA’s National Impact Travel Awards. Awarded $1500 for national conference presentation at the *Association for Specialist in Group Work* (ASGW) conference, February 2022. Awarded. (Research).

2021 VPREDKE Faculty Travel Support Program. Awarded $1000 for presenting at the *ACA conference*, Atlanta. March 2022. Applied. (Research).

2021 VPREDKE Faculty Travel Support Program. Awarded $1000 for presenting at the *ASGW conference*, February 2022. Declined. (Research).

2021 *Counselors Against Sex Trafficking*. ($467,490; Role: Other Collaborator 20% Shared Credit). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. Approved. (Research).

2021 *Evaluation of College Students’ Psychological Capital for Promoting Academic Adjustment and Optimal Wellbeing During the COVID-19 Pandemic and Beyond.* ($20,000, PI). Grants for Research Advancement and Transformation (GREAT) program, Office of the Vice President for Research, Economic Development, and Knowledge Enterprise, the University of Texas at San Antonio. Grant FY 2022; Not accepted. (Research)

2020 *A Mindfulness-Based Acculturation Group for International Students: A Pilot Study*. ($5,000, PI) College of Education and Human Development Faculty Research Award. the University of Texas at San Antonio. Nov 30, 2020; Awarded. (Research).

2020 UTSA Mini-Wellness Grant. COEHD Center for Student Success and Dept of Counseling sponsored wellbeing summit. Fall. Awarded. PI; $1,500. (Instructional).

2020 Leading Emerging and Diverse Scientists to Success (LEADS) Program. The institute for clinical research Education (ICRE). Spring 2020. Not accepted. $2,000. (Research).

2020 Association for College and University Educators (ACUE) Teaching Fellowship. Accepted. (Instructional)

2020 Grants for Research Advancement and Transformation (GREAT) Grant, titled- *Project SICC Training and Development [Strengths-Integrated Coaching and Counseling program]*. The University of Texas at San Antonio. Grant FY 2020; Not Funded. PI; $20,000. (Research).

2018 Academic Foundation Grant. Fall. Titled- International Students’ Support Group. Hardin-Simmons University; PI; $2,000. (Research).

2017 Cullen Funds- Grant for Travel to American Counselors Association Conference. Spring. Hardin-Simmons University. PI; $1,800. (Research).

2016 *Barbara Gazda Scholarship*. Association for Specialists in Group Work. PI; $100. (Instructional)

2015 *Volunteer Scholarship*. Association for Specialists in Group Work (ASGW). For American Counseling Association Conference. $150. (Public Service).

2014 *Travel Award*. Patton College of Education. Association for Lesbian, Gay,

Bisexual and Transgender Issues in Counseling (ALGBTIC) conference, New Orleans, Louisiana. $500. (Research).

2014 *Travel Award*. Patton College of Education. Interdisciplinary Supervision

 Conference. New York. $500. (Research).

2014 *Non-dissertation Research Award*. Patton College of Education, Ohio University. Funded; PI; $1000. (Research).

2013 *Travel Award*. Patton College of Education. All Ohio Counselor Conference
 (AOCC). Columbus, Ohio; $200. (Research).

2013 *Travel Award*. Patton College of Education. Association for Counselor Education

 And Supervision (ACES) conference. Denver, Colorado; $500. (Research).

2013 *Scholarship Recipient.* Association for Specialist in Group Work (ASGW) Volunteer.
 American Counseling Association conference, Cincinnati, Ohio; $200. (Public Service).

**Media Contributions**

COEHD News. (October 29, 2021). *Professor receives two prestigious awards.* Retrieved from <https://education.utsa.edu/news/2021/prasath-two-awards.html> (written by Chris Reichert)

University of Texas at San Antonio News (UTSA) Today. (September 9, 2021). *Counseling professor helps others emerge from pandemic stress.* Retrieved from <https://www.utsa.edu/today/2021/09/story/prasath-priscilla-helps-others-emerge-from-pandemic-stress.html>

**Prasath, P. R.** (September 8, 2021). *UTSA's Priscilla Prasath on Positive Psychology*. Retrieved from <https://youtu.be/QqY-7ATfOls>

**Prasath, P. R.** (September 14, 2021). *Healthy Minute.* WTEL-AM (Black Information Network) Philadelphia. <https://app.criticalmention.com/app/#/clip/public/6ddf2e6e-d3af-4670-81aa-448add2b1427?show_sentiment=false> (audience: 2, 676)

**Prasath, P. R.** (September 10, 2021). *Talk News.* WOAIAM (Newsradio) San Antonio. <https://app.criticalmention.com/app/#/clip/public/2330468d-beb0-4b24-9b1e-83f3921146bf?show_sentiment=false> (audience: 114, 369)

**Teaching Activities**

*Courses Taught: (\* Graduate Courses)*

The University of Texas at San Antonio

COU 5213 Counseling Theories\*
COU 5393 Development: Counseling Skills\*

 COU 5713 Clinical Mental Health Counseling Internship I\*
COU 5723 Clinical Mental Health Counseling Internship II\*
COU 6153 Career Development & Choice\*

Hardin-Simmons University

PSYC 1301Introduction to Psychology

 COHD 2099 Science of Happiness and Well-being

 COHD 6315 Human Growth and Development\*

 PSYC 6305 Advanced Research Methods\*

CCMF 6304 Basic Skills & Techniques in Counseling\*

 CCMF 6345 Advanced Group Therapy\*

 COHD 6375 Practicum in Counseling I\*

 COHD 6376 Practicum in Counseling II\*

 CCMF 6362 Community Counseling\*

 PSYC 3342 Multicultural Studies

Trinity International University

 CO 6510 Human Growth and Development
 CO 7900 Research Methods
 CO 6950 Counseling Practicum
 CO 6130 Group Counseling
 CP 7961 Internship in Counseling
 CP 5145 Mental Health Consultation

 Ohio University Chillicothe (co-teaching)

EDCE 7245Counseling Children and Adolescents

Ohio University (co-teaching)

 EDCE 8520 Advanced Group Counseling
 EDCE 6550 Counseling Theory and Techniques
 EDCE 6500 Group Counseling I
 EDCE 6920 Clinical Practicum

*Dissertation Committees:*

**Co-Chair**

Crystal Morris – Doctoral student UTSA; MBSP intervention study. Since July 30, 2021.

**Member**

James Ross Spears- Doctoral Student; UTSA

Katherine McVay- Doctoral Student; UTSA; Title: Rural mental health- Delphi study. Chair: Dr. Romero

Ashley Morgan- Doctoral Student; UTSA; Title: *Quantitative Study on Systems Approach in Clinical Counseling Programs*; Pre-proposal completed Summer 2020; Chair: Dr. Duffey

Dhruvi Patel- Doctoral Student; UTSA; Pre-proposal completed. *Indian Women Voluntary Childlessness*. Chair: Dr. Heather Trepal; March 15, 2021

Emily Horton – Doctoral dissertation: *Counselors’-in-training experience of the influence of role-play on learning and development;* Defended December 9, 2021; Chair: Dr. Lloyd-Hazlett

Bianca D. Goodrum- Doctoral dissertation: *Being Well While Holding Space For Grieving Clients: A Narrative Study;* Defended December 19, 2019; Chair: Dr. Lloyd-Hazlett

**Student Mentorship**

S&W and CAST Research labs – Supervision of a total of 8 graduate research assistants (2020-2021)

Teaching Assistants – Mentored a total of 5 doctoral students while co-teaching semester-long graduate courses

Master’s Teaching Assistants – Mentored a total of 6 master-level students in teaching Skills Course

**Service Activities**

*Departmental Service*

Member, Addictions program exploratory committee 2021-present Chair: Heather Trepal

Member, UTSA Police Department Mental Health Training YR 2021 Chair: Heather Trepal

Department Liaison to College of Education and Human Development (COEHD) Center for Student Success-Counseling (CSS CSS-C)

Department Liaison to College of Education and Human Development (COEHD) Leadership Academy 2021-present

Member, Fitness to Practice Committee 2021 Chair: Jessica Lloyd-Hazlett

*College Service*

College of Education and Human Development, COEHD Technology Committee, UTSA (2020-present)

College of Education and Human Development, COEHD Research and Development Committee, UTSA (2022-present)

College of Education and Human Development, COEHD Center for Student Success, Steering Committee (2019-present)

College of Education and Human Development, COEHD Leadership Academy, Steering Committee (2020-present)

Faculty Library Liaison Committee (2019-present)

*University Service*

Training member in the University of Texas at San Antonio (UTSA) Police Department partnership with Department of Counseling on wellbeing and mental health development

Faculty Champion, UTSA (2020-2022)

**Previous Service Experience**

*Hardin-Simmons University*

Clinical Faculty Supervisor for Master’s Students (2016-2019)

Primary Chapter Faculty Advisor, Eta Sigma Upsilon, CSI Chapter (2018-2019)

Wallace Prison Visit, Day with the Dad Program (2017)

HSU Department of Counseling CACREP Accreditation Visit Team Member (2016)

Institutional Review Board (IRB), HSU (2018-2019)

Judge for the HSSM Research Conference, HSU (2017 & 2018)

Interviewer for Honors Students Recruiting (2018)

Volunteer at Western Heritage Day, HSU (2018)

Support Group for International Students, HSU (2017-2019)

International Students Orientation, HSU (2017)

*Trinity International Univerisity*

Clinical Faculty Supervisor for Master’s Students, TIU (2015-2016)

Clinical Mental Health Counselor, The Counseling Center, TIU (2015-2016)

Student-Life, TIU (2015-2016)

*Ohio University*

Professional Development Committee Chair, The Alpha Chapter of *Chi Sigma Iota* (2014-2015)

Organized and coordinated Pizza and Proposals, The Alpha Chapter of *Chi Sigma Iota* (2014-2015)

Nominated and elected as Vice-President of The Alpha Chapter of *Chi Sigma Iota* (2013-2014)

Graduate Assistantship in the Curriculum & Technology Center, Ohio University (2014-2015)

Supervisors Workshop participant, Baker Center, Ohio University (2014)

Title IX & Campus SaVE for Employees, Online self-paced course (2017)

Completed Online Teaching Effectiveness Course, HSU (2016)

International Students’ Faculty Committee, HSU (2016-2019)

Chair & Organizer of Research Conference, Patton College of Education, OU (2015)

Organized Practicum and Internship Fair, Patton College of Education, Ohio University (2014)

Graduate Student Senate, Research Committee, Ohio University

Volunteered at the International Women’s Day Festival, Ohio University (March 17, 2013)

Organized and coordinated the International Student Panel, International Students Outreach (ISO), Ohio University (2013)

The Third Annual Leadership Summit participant, Ohio University (2013)

University co-represent the Psychology Career, Internship, and Graduate School Fair, OU (2012)

Volunteered at “S-Talk”, Suicide Prevention Workshop, Ohio University (October 10, 2012)

*India*

Event Management, Cultural Programs, Teresian College, Mysore, India (2008-2012)

Master of Ceremony, Organized and Coordinated Committees, “Essentials of Behavioral Research and Documentation” Conference, Tamil Nadu Association of Clinical Psychologists (TNACP), The Institute of Mental Health, Chennai, India (2012)

HAEDOS- “Understanding and Management of Childhood Disorders” workshop participant, Presidency College, Chennai, India (2012)

President and Senate member, All India Catholic University Federation (AICUF), Tersesian College, Mysore, India (2009-2010)

*Professional Service*

Journal for Creativity in Mental Health
 Reviewer (2019-2020)

American Counseling Association (ACA)

 Conference Attendance (2019)

 Ohio University counseling program booth, ACA, (2015)

 Conference volunteer (2012- 2014)

 Book signing delegate, ACA conference (2016)

Association for Specialists in Group Work (ASGW)

Nominated for Secretary position (2022-2025)

Awards committee chairperson (2021-2022)

Executive Board Member (2018-2021)

Strategic Communication Specialist; Chairperson for Strategic Communication Committee (2018-2021)

 Editor and Reviewer for National Newsletter, *The Group Worker* (2018-2019)

 Conference Presentation and Awards Chair (2018-2019)

 Awards committee co-chair and reviewer (2018-2020)

 Conference committee member (2018)

 Conference proposal reviewer (2018)

 Conference volunteer (2012-2016)

Association of Counselor Education and Supervision (ACES)

 Conference Proposal Reviewer (2015, 2017)

Chi Sigma Iota International

 Counselor Community Engagement Committee (CCE) Member (2018-2021)

 CFA Training and Conference Attendance (2019)

All Ohio Counselor Conference (AOCC)

 Conference volunteer (2014-2014)

Southwest Academy of Management (SWAM)

 Conference paper reviewer (2016)

*Other Service*

Professional Counseling Services (Volunteer), New Hope Church, Abilene, TX (2018-2019)

Camp Courage- Hendricks Hospice Care, Abilene, TX (2019)

Counselor, Fields of Faith, Sweetwater, TX (2018)

Volunteered Multiple Sclerosis Walk, Athens (April 20, 2013)

Volunteered in “The Appalachian Health Summit” Workshop, Athens (September 29, 2012)

Volunteered in “NAMI Walk” for Mental Awareness, Athens (October 20, 2012)

Motivational Speaker- Career presentations as an Intern at Amblee Resort for hotel management and interior decoration (2010)

**Professional Certification and Training**

* Association for College and University Educators (ACUE) Teaching Fellowship.

 Credential in Effective College Instruction, 2021, Virtual

* Innovation Academy, Faculty success center, Academic Affairs, UTSA; 2021, Virtual
* Quality Matters Rubrics Course; 2020, Virtual
* Accelerated Gallup Strengths Coaching – Certified Strengths Coach; 2020, Virtual
* “Introduction to Panopto Video”, UTSA Academic and Faculty Support, July 30, 2020
* “New Faculty Academy Teaching Workshop: Promoting Higher Order Thinking”, UTSA Academic and Faculty Support, February 2, 2020
* “Project Management in the Academic World”, UTSA Academic and Faculty Support, February 13, 2020
* “NSF Career Panel”, UTSA Academic and Faculty Support, February 7, 2020
* “New Faculty Academy Teaching Workshop: Active Learning Techniques”, UTSA Academic and Faculty Support, January 29, 2020
* “Federal Grantseeking: Dept. of Education (ED)”, UTSA Academic and Faculty Support, November 7, 2019
* “New Faculty Academy Teaching Workshop: Designing an Effective Course”, UTSA Academic and Faculty Support, November 7, 2019
* “Research Proposals and Budget Development”, UTSA Academic and Faculty Support, November 26, 2019
* “Blackboard Essentials”, UTSA Academic and Faculty Support, November 17, 2019
* “Are you Teaching Online? Offer Virtual Sessions and Office Hours through Blackboard”, UTSA Academic and Faculty Support, November 10, 2019

Prior to Joining UTSA

* *CACREP Self-Study Training*, at American Association of Christian Counseling, Nashville, TN (2015)
* Certified Crime Victim Advocate, Regional Victim Crime Center, Abilene, TX, (2018-2019)
* Completed online “GG101x: The Science of Happiness”, University of California Berkeley
* Certificate of Achievement for completing the Top 10 Security Awareness Fundamentals (2017)
* Completed Transaction Analysis 101 Course, Bharathiar University, India (2011)
* Participant in Human Rights Education workshop, SACC and the International Association for Religious Freedom, Mysore & IARF Mysore Branch, India (2009)
* Diploma in Computer Application, Council of Education and Training, Mysore, India (2008-2009)

**Professional Memberships**

*American Counseling Association,* (2012-current)

*Association for Counselor Education and Supervision*, (2012-current)

*Association for Specialists in Group Work,* (2012-current)

*Southern Association of Counselor education and supervision* (SACES), (2017-current)

*Association for Creativity in Counseling* (ACC) (2018-2020)

*Texas Counselors Association* (2017-2020)

*Texas Association for Counselor Education and Supervision*, (2017-2020)

*Chi Sigma Iota* (past: Alpha chapter; Now: Eta Sigma Upsilon) (2013-2020)

*Ohio Counseling Association* (2012-2015)

Graduate Representative, *Graduate Education Association* (2013, 2014)

*International Student Union & Indian Student Association*, Ohio University (2012-15)

*International Student Outreach* Executive Team, Counseling & Psychological Services (CPS), Ohio University (2012- 2015)