**Priscilla Rose Prasath (Selvaraj),** Ph.D., MBA., MSc., LPC (Texas)

Assistant Professor of Counseling

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Licensed Professional Counselor (TX)- #79135 Gallup-Certified Strengths Coach

**EDUCATIONAL BACKGROUND**

*August 2015* Doctor of Philosophy, Counselor Education and Supervision,  
 Ohio University, Athens, Ohio

Dissertation: *Using Positive Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education   
(****Chair:*** *Dr. Christine Suniti Bhat)*

*August 2012* Master of Science in Applied Psychology - Specialized in Clinical and Organizational Psychology, Bharathiar University, India

*August 2012* Master of Business Administration – Specialized in Human Resource Management, Bharathiar University, India

*June 2010* Bachelor of Science Majoring in Psychology, Human Development and Family Resource Management, Teresian College, University of Mysore, India

*September 2008* Career and Educational Counseling Certification (1 year)  
Mother Teresa Women’s University, Kodaikanal, Tamil Nadu, India

**PROFESSIONAL EMPLOYMENT HISTORY**

August 2019- Assistant Professor, *Department of Counseling, University of Texas at San*present *Antonio*, San Antonio, TX

July 2016- Assistant Professor, *Hardin-Simmons University, Abilene, TX*

June 2019

July 2015- Assistant Professor of Counseling, *Trinity International University*,

June 2016 Deerfield, Illinois

August 2012- Teaching Assistant, *Ohio University*, Athens, Ohio

May 2015

December 2011- Guest-Lecture Intern, *Institute of Mental Health*, Kilpauk, India

March 2012

**RELEVANT CLINICAL PRACTICE EXPERIENCE**

Dec 2023- Founder and Clinician, Rose Counseling, PLLC

Present San Antonio, TX

May 2022- Clinician, Grit and Grace Counseling Center

July 2022 San Antonio, TX

October 2017- Counselor (Volunteered – Under Supervision)

May 2019 Community-based Religious Non-Profit Organization, Abilene, TX

December 2018- Crime Victim Advocate (Counselor during forensic exams)

May 2019 Regional Crime Victim Center, Abilene, TX

September 2015- Clinical Mental Health Counselor, The Counseling Center,

May 2016 Trinity International University, Deerfield, IL

October 2014- Counselor II: Clinical Mental Health Counselor

May 2015 The Recovery Council, Waverly, OH

May 2014- Clinical Mental Health Counselor Intern

May 2015 University of Medical Associates, Family Medicine, Ohio University, Athens, OH

December 2011- Intern Clinical Psychologist

March 2012 Institute of Mental Health, Kilpauk, Tamil Nadu, India

**RESEARCH/SCHOLARLY/CREATIVE ACTIVITIES SUMMARY**

(\* data-based manuscript)(\*\* manuscript co-authored with students)

**Research Area**

My research focuses on ***studying factors that promote mental health and well-being*** from a ***positive psychological and strengths-based lens*** in the areas of (1). ***group counseling;*** (2). ***college student development;*** (3). ***creativity in teaching and counseling;*** (4). ***underserved minority and foreign-born populations;*** (5). ***leadership and career development; and*** (6). ***training curriculum and program development***.

The long-term goal of my research is to ***impact and empower diverse communities*** with ***empirically-tested, creative, culturally responsive strengths-based practices and programs*** that ***promote overall well-being and mental health***.

**Refereed Publications**

Zhang, Q., Xiong, Y., **Prasath, P. R.,** & Byun, S. (*in press*)*.* *The relationship between international students' perceived discrimination and health: Indirect associations through positive emotions and perceived social support.* [Manuscript revised] Department of Counseling, University of Texas at San Antonio. *\*/\*\**

**Prasath, P. R.,** Lohmar, S., Rich, W. Z., Dalan, E. E., & James, J. K. *(in press).* Mental health disparities among cisgender, transgender, and gender non-conforming college students in the United States. *The* *Journal of Mental Health Counseling. \*/\*\**

**Prasath, P. R.,** Xiong, Y.,&Zhang, Q. (*in press*). A practical guide to planning, evaluating, and implementing the Mindfulness-Based Well-being Group for International Students (MBWIS). Department of Counseling, University of Texas at San Antonio. *\*/\*\**

Steen, S.,& **Prasath, P. R.** (2023). Black doctoral student research participants: A mixed-method systematic literature review. Invited for submission to the special issue in the *Counselor Education and Supervision* journal on Anti-racist practices and pedagogy in counselor training. http://doi.org/10.1002/ceas.12262 *\**

Xiong, Y., **Prasath, P. R.,** Zhang, Q., Jeon, L., & Pillay, Y. (2023). Group facilitators’ experiences in the Mindfulness-based Wellbeing Group for International Students. *Journal for Specialist in Group Work.* *\*/\*\**

**Prasath, P. R.,** Steen, S., & McVay, K. (2023).A group counseling intervention for African American boys in elementary students: Providing support for transitioning to 4th grade. *Journal of Creativity in Mental Health*. *\*/\*\**

Lorenz, T., Hagitte, L., & **Prasath, P. R.** (2022). Validation of the revised Compound PsyCap Scale (CPC-12R) and its measurement invariance across the US and Germany. *Frontiers in Psychology*. Submitted October 2022; Accepted Dec 5, 2022. Published Dec 22, 2022. http://doi.org/10.3389/fpsyg.2022.1075031 *\*/\*\**

Schroeder, K., & **Prasath, P. R.** (2022). Animal-assisted counseling and positive psychological interventions*. The Journal of Mental Health Counseling.*

Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. (2022). Mindfulness-based Wellbeing Group for International Students: A Pilot Study. *Journal of Counseling and Development.* http://doi.org/10.1002/jcad.12432 *\*/\*\**

**Prasath, P. R.,** Xiong, Y.,Zhang, Q., & Jeon, L. (2022). Self-efficacy development of graduate student leaders in facilitating groups for international students. *International Journal of Group Psychotherapy.* https://doi.org/10.1080/00207284.2022.2107529 *\*/\*\**

**Prasath, P. R.,** Xiong, Y.,Zhang, Q., & Jeon, L. (2022). Psychological capital, well-being, and distress of international students. *International Journal of Advancement in Counselling, 44,* 529-549. https://doi.org/10.1007/s10447-022-09473-1 *\*/\*\**

Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. (2022). Discrimination, depression, anxiety, and stress of international students during COVID-19. The *Journal of* *American College Health*. https://doi.org/10.1080/07448481.2022.2059376 *\*/\*\**

**Prasath, P. R.,** & Bhat, C. S. (2022). Psychological capital as an antecedent to servant leadership in the counseling profession. *The Journal of Counselor Leadership and Advocacy*. 1-15. http://doi.org/10.1080/2326716X.2022.2036269 *\**

Horton, E., Hughes, C., **Prasath, P. R.,** & Lloyd-Hazlett, J. (2022). Students’ experience of family counseling role-play with developmental considerations. *Teaching and Supervision in Counseling, 4*(1). https://doi.org/10.7290/tsc *\*/\*\**

**Prasath, P. R.,** Lim, A., & Steen, S. (2021). A strengths-based support group for international students: A pilot study. *The* *Journal for Specialist in Group Work, 47*(1). 63-82. https://doi.org/10.1080/01933922.2021.2000085 *\*/\*\**

Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (2021). Foreign-born counselor educators: Profile, strengths, and challenges. *International Journal for the Advancement of Counselling.* https://doi.org/10.1007/s10447-021-09456-8 *\*/\*\**

Panjwani, S.,Manyam, S.,& **Prasath, P. R.** (2021).Immigration status and quality of life of Asian Indians in the U.S. *Asia Pacific Journal of Counseling, 11*(2), 109-124. http://doi.org/10.18401/2021.11.2.7 *\**

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Spears, J., & Jackson, K. L. (2021). Creativity in the classroom: A content analysisof The Journal of Creativity in Mental Health from 2005 to 2020. *The Journal of Creativity in Mental Health*. 1-22. https://doi.org/10.1080/15401383.2021.1983493 *\*/\*\**

Speedlin, S., Haberstroh, S., Townsend, C., **Prasath, P. R.,** & McVay, K. (2021). Participatory action research: Strategies for implementation in counseling outcome research. *Journal of Professional Counseling**: Practice, Theory & Research*. 1-13. https://doi.org/10.1080/15566382.2021.1949210 *\*\**

**Prasath, P. R.,** Bhat, C. S., Mather, P. C., Foreman, T., & James, J. K. (2021). Well-being, psychological capital, and coping of university employees during the COVID-19 pandemic**.** *The Journal of Professoriate, 12*(1), 1-30. https://caarpweb.org/wp-content/uploads/2021/04/Wellbeing\_psychological\_capital\_Prasath-121.pdf*\**

**Prasath, P. R.,** Morris, C., & MacCombs, S. (2021). Mindfulness-Based Strengths Practice (MBSP) group intervention: A systematic review. *Journal of Counselor Practice*, *12*(1), 1-23.https://doi.org/10.22229/asy1212021*\*/\*\**

**Prasath, P. R.,** Lindinger-Sternart, S., & Duffey, T. (2021). Counselors as organizational leaders: Exploring parallels of servant leadership and professional counseling, *Journal of Counselor Leadership and Advocacy, 8*(2). 1-11. https://doi.org/10.1080/2326716X.2021.1904460

**Prasath, P. R.,** Mather, P. C., Bhat, C. S., & James, J. K. (2021). University student well-being during COVID-19: The role of psychological capital and coping strategies.*The Professional Counselor, 11*(1), 46-60. https://doi.org/10.15241/prp.11.1.46 *\**

**Selvaraj. P. R.,** & Bhat, C. S. (2018). Predicting the mental health of college students with psychological capital. *Journal of Mental Health. 27*(3). 279-287. https://doi.org/10.1080/09638237.2018.1469738 *\**

Bhat, C. S., Ragan, M. A., **Selvaraj, P. R.,** & Shultz, B. J. (2017). Online bullying among high-school students in India. *International Journal for the Advancement of Counselling*, *39*(2), 112-124. https://doi.org/10.1007/s10447-017-9286-y *\**

**Refereed Publications Under Review**

**Prasath, P. R.,** & Lorenz, T. (2022). *Role of psychological capital and gratitude in the relationship between stress and well-being among college students in the U.S.* [Manuscript revised] Department of Counseling, University of Texas at San Antonio. *\**

**Prasath, P. R.,** Bhat, C. S., & Manyam, S. (2022). *Psychological distress, wellbeing, and marital satisfaction of Asian Indians in the USA on H1B and H4 visas.* [Manuscript revised] Department of Counseling, University of Texas at San Antonio. *\**

Spears, J. R., Duffey, M. E., & **Prasath, P. R.** (2022). *Examining counselor-in-training self-efficacy through a “choose-your-own-adventure” classroom activity.* [Manuscript submitted for publication] Department of Counseling, University of Texas at San Antonio. *\*/\*\**

**Prasath, P. R.,** James, J. K., Bhat, C. S., Samuel, A. R., & Mutharasi., K. (2022). *Psychological capital as a moderator in the relationship between depression, anxiety, stress, and wellbeing among college students in India.* [Manuscript submitted for publication] Department of Counseling, University of Texas at San Antonio. *\*/\*\**

**Manuscripts In Progress**

Romero, D. E., **Prasath, P. R.,** Interiano-Shiverdecker, C. G., Rich, W. Z., & Whiting, M. (2023, data analysis). *A scoping review of frameworks and models in treating sex-trafficking clients: Implications for training counselors.* \*/\*\*

**Prasath, P. R.,** McVay, K., Cruz, T. (2023, data analysis). Master’s student's experiences working as TAs in clinical master’s level courses. \*/\*\*

**Prasath, P. R.,** Interiano-Shiverdecker, C. G., Romero, D. E., Harrichand, J. J. S., & Mendoza, L. G. (2023, data analysis). *Post-traumatic growth factors among sex-trafficking survivors in the US: A grounded theory approach.* \*/\*\*

Harrichand, J., **Prasath, P. R.,** Interiano-Shiverdecker, C. G., Romero, D. E., & Smith, K. (2023, data analysis). *Social determinants of health with sex-trafficking survivors in the US.* \*/\*\*

Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** (2023, writing). *Developing a research lab in a counseling department.*

**Prasath, P. R.,** MacCombs, S., & Bhat, C. S. (2023, writing). *Post-pandemic growth strategies in the wake of the COVID-19 epidemic.*

Bhat, C. S., Lyngdoh, A. C., Stevens, M. M., & **Prasath, P. R.** (2023, writing). *Strengthening counselor professional identity at the individual, organizational and public levels. \*\**

**Prasath, P. R.** (2023, writing).*PsyCap development training for promoting career well-being: A critical review.*

**Book**

Romero, D. E., Interiano-Shiverdecker, C. G., & Prasath, P. R. *Counseling survivors of sex trafficking: A guide to competent practice.* American Counseling Association. [Book in Preparation.]

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015). *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Book Chapters**

Steen, S. & **Prasath, P. R**. (in press; invited). Process observation and technology. In Choudhary, D. and McCarthy, C. (ed.). *Process Observation*. Taylor and Francis.

**Prasath, P. R.,** Gregory, J., Maghsoudi, M., Gonzalez, S. S., & Morris, C. (2021). Theoretical approaches and modalities used with children and adolescents (p.129-174). In *The Child and Adolescent Counseling: An Integrated Approach* edited by Jones, B., and Durodoye, B. A. Springer Publications. *\*\**

**Prasath, P. R.,** & Copeland, L.(2020)**.** Rationale and benefits of using expressive art techniques in supervision (p. 17-37). In *Techniques and Interventions for Play Therapy and Clinical Supervision.* IGI Global Publications. Scopus indexed. <https://www.igi-global.com/gateway/book/244521>

**Selvaraj, P. R.,** & Bhat, C. (2017). Positive psychology. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, and Couples Counseling* (Vol. 3, pp. 1265-1266). SAGE Publications, Inc https://doi.org/10.4135/9781483369532.n381

Selvaraj, J., & **Selvaraj, P.** **R.** (2017). Parenting education. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, And Couples Counseling* (Vol. 3, pp. 1235-1236). SAGE Publications, Inc https://doi.org/10.4135/9781483369532.n371

**Selvaraj, P. R.** (2016). Same-sex sexuality in Indian context. In *The Encyclopedia of Gender and Sexuality*. Wiley Publications.

Jackson, K. L., & **Selvaraj, P. R.** (2015). Sink or swim. In *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Selvaraj, P. R.,** & Selvaraj, J. L. (2015). Re-defining self. *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Published Doctoral Dissertation**

**Selvaraj, P. R.** (2015). Using positive psychological capital to predict mental health in college students: Implications for counseling and higher education. [Doctoral dissertation, Ohio University]. http://rave.ohiolink.edu/etdc/view?acc\_num=ohiou1430740956

**Granting Activities**

***External***

2023 *A qualitative exploration of the effectiveness of a pilot Sex Trafficking Training Program: Counselor trainees and site supervisors’ perspectives*. Texas Counselor Educators and Supervisors (TACES) Research Award. Not approved. $500. (Research). PI.

2022 *Counselors fight against modern day slavery: A sex trafficking publication project*. (Co-PI, $247,293). National Endowment for the Humanities (NEH) Collaborative Research Program. Under Review. (Research)

2021 *Counselors Against Sex Trafficking*. $396,705; Role: Other Collaborator). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. Approved. (Service).

2020 Leading Emerging and Diverse Scientists to Success (LEADS) Program. The institute for clinical research Education (ICRE). Spring 2020. Not accepted. $2,000. (Research). PI.

***Internal***

*University of Texas at San Antonio*

2023 Project titled - The *Br*ain *H*ealth *I*nstitute for *TE*achers (BRITE). Co-PI. $30,000. Brain Health Consortium. Submitted (Research). Submitted.

2022 Project titled - “El HERO que lleva dentro - Validation of the Spanish version of the revised Compound PsyCap Scale (CPC-12R)” INTRA Seed (Research) Grant Program. By the Office of the Vice President for Research, Economic Development, and Knowledge Enterprise (VPREDKE). $5,000. Oct 1, 2022-July 21, 2023. Awarded. (Research). PI.

2022 Advancing UTSA’s National Impact Travel Awards. Awarded $1000 for national conference presentation at the *ACA conference*, Toronto. March 2023. Approved. PI (Research).

2022 VPREDKE Faculty Travel Support Program. Awarded $1000 for presenting at the *ACA conference*, Toronto. March 2023. Approved. PI. (Research).

2021 Advancing UTSA’s National Impact Travel Awards. Awarded $1500 for national conference presentation at the *Association for Specialist in Group Work* (ASGW) conference, February 2022. Awarded. (Research). PI.

2021 VPREDKE Faculty Travel Support Program. Awarded $1000 for presenting at the *ACA conference*, Atlanta. March 2022. Approved. (Research). PI.

2021 VPREDKE Faculty Travel Support Program. Awarded $1000 for presenting at the *ASGW conference*, February 2022. Declined. (Research). PI.

2021 *Evaluation of College Students’ Psychological Capital for Promoting Academic Adjustment and Optimal Wellbeing During the COVID-19 Pandemic and Beyond.* ($20,000, PI). Grants for Research Advancement and Transformation (GREAT) program, Office of the Vice President for Research, Economic Development, and Knowledge Enterprise, the University of Texas at San Antonio. Grant FY 2022; Not accepted. (Research).

2020 *A Mindfulness-Based Acculturation Group for International Students: A Pilot Study*. ($5,000, PI) College of Education and Human Development Faculty Research Award. the University of Texas at San Antonio. Nov 30, 2020; Awarded. (Research).

2020 UTSA Mini-Wellness Grant. COEHD Center for Student Success and Dept of Counseling sponsored wellbeing summit. Fall. Awarded. PI; $1,500. (Instructional).

2020 Grants for Research Advancement and Transformation (GREAT) Grant, titled- *Project SICC Training and Development [Strengths-Integrated Coaching and Counseling program]*. The University of Texas at San Antonio. Grant FY 2020; Not Funded. PI; $20,000. (Research).

*Hardin-Simmons University*

2018 Academic Foundation Grant. Fall. Titled- International Students’ Support Group. Hardin-Simmons University; PI; $2,000. (Research).

2017 Cullen Funds- Grant for Travel to American Counselors Association Conference. Spring. Hardin-Simmons University. PI; $1,800. (Research).

2016 *Barbara Gazda Scholarship*. Association for Specialists in Group Work. $100. (Instructional)

2015 *Travel Award* ($300). Patton College of Education. American Counselor Association,  
 Orlando, Florida. (Research)

2015 *Volunteer Scholarship*. Association for Specialists in Group Work (ASGW). For American Counseling Association Conference. $150. (Service).

*Ohio University*

2014 *Travel Award*. Patton College of Education. Association for Lesbian, Gay,

Bisexual and Transgender Issues in Counseling (ALGBTIC) conference, New Orleans, Louisiana. $500. (Research).

2014 *Travel Award*. Patton College of Education. Interdisciplinary Supervision

Conference. New York. $500. (Research).

2014 *Non-dissertation Research Award*. Patton College of Education, Ohio University. Funded; PI; $1000. (Research).

2013 *Travel Award*. Patton College of Education. All Ohio Counselor Conference  
 (AOCC). Columbus, Ohio; $200. (Research).

2013 *Travel Award*. Patton College of Education. Association for Counselor Education

And Supervision (ACES) conference. Denver, Colorado; $500. (Research).

**Scholarly Presentations (\*data-driven; \*\*presentation with students)**

***International – Refereed Contributions***

**Prasath, P. R.,** Interiano-Shiverdecker, C.G., & Romero, D. E., Rich, W. Z., & Whiting, M. (2023, March, *proposal accepted*). *A “how-to” training guide for effectively serving sex trafficking clients.* [Proposal accepted]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada. *\*\**

Romero, D. E., **Prasath, P. R.,** Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & Martin, J. (2023, April, *proposal accepted*). *Surviving sex trafficking: A phenomenological study.* [Research session]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada. *\**

Xiong, Y. & **Prasath, P. R.** (2023, April). *International students’ perceived discrimination during the COVID-19 pandemic.* [Proposal accepted]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada. *\**

Ybanez-Llorente, K., **Prasath, P. R.,** Guth, L., Coombs, A., & Champe, J.(2023, April, invited presentation). *Meeting the needs of marginalized populations through group work- Panel – ASGW invited presentation* (focus on counseling international students). [Panelist]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

**Selvaraj, P. R.** & Bhat, C. S. (2016, April).*Psychological capital: A new predictor of mental health among college students*. [Education session]. American Counselors Association (ACA) Conference and Expo, Montreal, Canada. *\**

**Selvaraj, P. R.,** & Ajitha, C. P. (2012, February). *Sexual abuse via internet, emphasizing the role of parents.* International Seminar on Psycho-Social Factors in Child Sexual Abuse. Sri Kanyaka Parameshwari Arts & Science College for Women, Chennai, India.

Kemilt & **Selvaraj, P. R.** (2011, February). *Emotional competence in working and non-working women: A correlational study*. The 46th National and 15th International Conference of Indian Academy of Applied Psychology (IAAP). Life Skills for Quality of Life, Mysore, India. \*

***National - Refereed Contributions***

Morris, C. & **Prasath, P. R.** (2022, November).*Exploring the effects of mindfulness-based strengths practice group program in counselor education and supervision*. [Roundtable presentation]. Southern Association of Counselor Educators and Supervisors (SACES) 2022 Conference, Baltimore, MD. *\*/\*\**

Interiano-Shiverdecker, C.G., Romero, D. E., **Prasath, P. R**., Satel, E., Smith, K., & Whiting, M. (Nov 5, 2022). *Advocating for research labs in counseling programs.* Poster session to be presented at the Southern Association of Counselor Educators and Supervisors (SACES). Baltimore, MD. *\*\**

**Prasath, P. R.,** Prasanna Kumaran, A. J., & Spears, J. R. (Oct 17-21, 2022). *Creativity + Research = Systematic content analysis to explore creative teaching.* 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience. *\*/\*\**

Xiong, Y., **Prasath, P. R.,** Zhang, Q., Jeon, L. (accepted Oct 17-21, 2022). *International students’ perceived discrimination and psychological distress.* 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience. *\*/\*\**

Xiong, Y., **Prasath, P. R.,** Zhang, Q., Jeon, L. (accepted Oct 17-21, 2022). *A Mindfulness-Based Acculturation Group for International Students.* 60-min education session. The American Counseling Association. ACA 2022 Virtual Conference Experience. *\*/\*\**

Zhang, Q., Xiong, Y., **Prasath, P.,** & Byun, S. (August 2022). *The relationship between international students’ perceived discrimination and overall health: A mediation analysis.* [Poster]. Annual meeting of the American Psychological Association Convention, Minneapolis. *\*/\*\**

**Prasath, P. R.** & Anandavalli, S. (May 2022). Toolbox for servicing Asian-Indian immigrant clients. *Association for Humanistic Counseling’s (AHC) 2022 Annual Conference*. Nashville, Tennessee on May 27th and 28th, 2022.

Xiong, Y., **Prasath, P. R**., Zhang, Q., & Jeon, L. (April 2022). A mindfulness-based acculturation group for international students. *2022 American Educational Research Association (AERA) Annual Meeting*. In the Division E - Counseling and Human Development/Division E - Section 1: Counseling. April 21-26, 2022. San Diego. *\*/\*\**

**Prasath, P. R.** & Bhat, C. S. (March 2022). Mental health status of college students in US before and during pandemic: Comparative analysis. *American Counselors Association*. Atlanta, Georgia. *\**

**Prasath, P. R.,** & Bhat, C. S. (Feb 2022). Psychological capital development group training. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

Jackson. K. L, **Prasath, P. R., &** Bhatia, R. (Feb 2022). Online experiential training groups: A Guide to planning, facilitating, and supervising. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL. *\*\**

Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (October 7, 2021). Foreign-born Counselor Educators Profile Strengths and Challenges. *ACES 2021 conference* in Atlanta, GA. *\*/\*\**

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Jackson, K. L., & Spears, J. (October 10, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *ACES 2021 conference* in Atlanta, GA. *\*/\*\**

Chandrika Prasanna Kumaran, A., **Prasath, P. R.,** Oyeniyi, O., & Therthani, S. (June 25, 2020). Panel Discussion on Job Search and Beyond: International Counselor Educators. *Association for Multicultural Counseling and Development* (AMCD) Virtual Conference. *\*\**

**Prasath, P. R.** & Jackson, K. L. (Jan 29-Feb 1, 2020). Mindful photography: Creative group intervention for promoting self-care among Latinx youth. *Association of Specialist in Group Work (ASGW) Conference* at Puerto Rico. Presented on Jan 30, 2020.

**Prasath, P.R.** & Jackson, K. L. **(**Oct 10-13, 2019). Mindful photography: Creative intervention for promoting self-care among counselor education students. *ACES Conference at Seattle*, WA.

**Selvaraj, P. R.**, & Shaw, J. (Mar 21-23, 2019). Relationship between Compassion and Post-Critical Beliefs of Individuals; *Christian Association of Psychological Studies conference*, Dallas. *\*/\*\**

Grover, J, Tidwell, E., Rozeboom, D., Swenson, J. E., **Selvaraj, P. R.** & Copeland, L. (Mar 21-23, 2019). The relationship between personality traits and post-critical beliefs; *Christian Association of Psychological Studies conference*, Dallas. *\*/\*\**

**Selvaraj, P. R.,** & Pillay, Y. (June 12-14, 2014). Proposing a creative new model called the "Solution-Focused Brief Recall Process" (SFBRP) of Supervision. *Interdisciplinary Supervision conference.* Adelphi University. New York.

**Selvaraj, P. R.,** & Jackson, K. L. (Feb 1-3, 2018). New to teaching group course? 90 min pit-stop to acquire creative teaching. Roundtable presentation; 2018 *Association for Specialists in Group Work* (ASGW) Conference, Savannah.

Cave, Z., & **Selvaraj, P. R**. (2018). Enhancing LGBT+ competency in counselors, educators, and supervisors: What you can do for underserved LGBT+ clients. *Bi-annual* *Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling* (*ALGBTIC)* *Conference.* Portland, Oregon. *\*\**

**Selvaraj, P. R.,** Lim, A. Cave, T., Cave, T., & (Feb 1-3, 2018). International Students' Group Using Positive Psychology Interventions. Oral presentation at 2018 *Association for Specialists in Group Work* (ASGW) Conference, Savannah. *(\*/\*\*)*

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (March 14, 2015).therapeutic groups for substance use disorder: An experiential session. *ACA 2015 Conference & Expo*. Orlando, FL.

**Selvaraj, P. R.,** & Bhat, C. S. (October 7-11, 2015).Examining the positive psychological capital of adult survivors of childhood trauma among college students. *ACES Conference*. Philadelphia Marriott Downtown, Philadelphia, PA. *\**

**Selvaraj, P. R.,** Jackson, K. L., & Bhat, C. S. (August 6-7, 2015). It's a family affair: Assisting families flourish through positive psychology. *Association For Adult Development And Aging 2015 Annual Conference*. Roosevelt Hotel, NY.

**Selvaraj, P. R.,** & Bhat, C. S. (September 19-20, 2014). Building Positive Psychological Capital: Addressing the Mental Health and Adjustment Issues of LGBT College Students from a Strengths-Based Perspective. Roundtable presentation at the inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., & **Selvaraj, P. R**. (September 19-20, 2014). It’s Time to Flight- Strategies to Tackle Bullying among LGBTQ Students in Schools. The inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., **Selvaraj, P. R.,** & Pillay, Y. (October 17-20, 2013). Removing My Foggy Lens: Learning Acceptance of Religious Ideologies through Supervision. *American Counselor Education and Supervision (ACES) Conference*. Denver, Colorado.

***State and Regional–Refereed Contributions***

**Prasath, P. R.,** Lockhart, J., Daou, C., Reyna-Ortega, G. (2023). *Perceptions on counselor training: Voices of professionals with counseling degrees in administrative leadership roles outside of traditional counseling settings.* [Poster Presentation]. Texas Association Counselor Education and Supervision Conference, Georgetown, Texas. *\*/\*\**

**Prasath, P. R.,** & Reyna-Ortega. G. (2023). *El HERO que lleva dentro? Translation and validation of the Spanish version of the revised compound PsyCap scale (CPC-12R).* [Poster Presentation]. Texas Association Counselor Education and Supervision Conference, Georgetown, Texas. *\*/\*\**

Spears, J. R., Duffey, M., Daou, C., & **Prasath, P. R.** (2023).*It depends: Examining student self-efficacy through a ‘choose-your-own-adventure’ classroom activity* [Poster Presentation]. *Texas Association Counselor Education and Supervision Conference*, Georgetown, Texas. *\*/\*\**

Spears, J. R., Duffey, M., & **Prasath, P. R.** (2022).*Two paths diverged: Using a ‘choose-your-own-adventure’ activity to increase student self-efficacy.* [Poster Presentation]. *Texas Counseling Association Professional Development Conference*, Dallas, Texas. *\*/\*\**

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Jackson, K. L., & Spears, J. (November 4, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *TCA 2021 conference* in Galveston, GA. *\*/\*\**

Morris, C., & **Prasath, P. R.** (Feb 27 – 28, 2020). Using Mindfulness to Build Positive Relationships and Psychological Well-Being Post Trauma. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference*. Oral paper presentation. SA, TX. *\*/\*\**

**Prasath, P. R.** (Feb 27 – 28, 2020). Enhancement Of Personal And Professional Development Of Supervises Through The Use Of Expressive Arts Modalities. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* San Antonio. Paper Presentation on Feb 28.

Duffey, M., Villalobos, N., & Morris, C**..** (Feb 27 – 28, 2020). Redefining the Strengths-based Approach to Counseling and Counselor Education*.* 2020 *Texas Association of Counselor Educators and Supervisors* (TACES) Mid-Winter Conference. San Antonio. [Poster Presentation] (Presentation without authorship; student mentorship) *\*\**

**Selvaraj, P. R.** (Feb 28-March 1, 2019). Practical Strategies for Integrating the Science and Practice of Positive Psychology into Marriage and Family Counseling: Insights from Research. *2019 Texas Association of Counselor Education and Supervision (TACES*) Mid-Winter Conference. Dallas, Texas

Brewer, J. & **Selvaraj, P. R.** (October 25-27, 2018). The Neuroscience of psychological capital and brain physiology based temperament constructs for PT. Henry B. Gonzalez Convention Center. *Texas Association of Physical Therapist Conference (TAPT).* San Antonio, TX.

**Selvaraj, P. R.,** Lim, A., Cave, Z., Cave, T. (March 1-2, 2018). evidence-based creative approaches in working with international students: Group counseling implications for educators and clinicians. *2018 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* Austin, TX. *\*/\*\**

Shaw, J., Grover, J., **Selvaraj, P. R.,** & Swenson, J. E. (Nov 17, 2018). The Relationship Between Personality, Post-Critical Beliefs, Belief in Supernatural Entities, Compassion and Religious Orientation. *Annual Texas Psychological Association* (*TPA) conference*, Dallas, TX. *\*/\*\**

**Selvaraj, P. R.** & Rosenblad, S. (March 2-3, 2017).Building Flourishing Families: Adapting Positive Psychology Techniques as a Best Practice, *Texas Association for Counselor Education and Supervision* (TACES) conference, at Austin, TX.

Swenson, J. E., **Selvaraj, P. R**., et al. (March 31-April 2, 2017). Mental Health Needs in Rural Big Country Texas. *Southwestern Psychological Association 2017 Conference at* San Antonio, Texas.

**Selvaraj, P. R.** (October 21-24, 2015).Using Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education, the *Annual Meeting of the Mid-Western Educational Research Association* (MWERA), at the Hilton Orrington Hotel, Evanston, Illinois.

**Selvaraj, P. R.,** Bhat, C. S., Machtmes, K., & Ragan, M. (November 12-15, 2014). HERO within Adult Survivors of Childhood Trauma: An Analysis of a Pilot Study. *Mid-Western Educational Research Association (MWERA) conference*. Evanston, Illinois.

Jackson, K. L., **Selvaraj, P. R.,** Henry, J. S., & Bhat, C. S. (November 6-8, 2013). “Ctrl” + "APP" + “Del”: Troubleshooting Interventions for Internet Crimes. *All Ohio Counselors Conference (AOCC).* Columbus, Ohio.

Bhat, C. S., Kalkan, B., **Selvaraj, P. R.,** & Knowles, D. (November 6-8, 2013). The Role of Pivotal Childhood Memories on Client Views. *All Ohio Counselors Conference (AOCC)*. Columbus, Ohio.

***Local – Scholarly Contributions***

Prasath, P. R., Spears, J., & Duffey, M. (2020). Unleashing Power of Strengths. *Wellbeing Summit*. November 30, 2020. Online workshop at the University of Texas at San Antonio. *\*/\*\**

Grover, J., Tidwell, E., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (2019, April). The relationship of personality traits to supernatural beliefs, religious commitment, and one's willingness to face difficult existential questions. *Texas Tech Undergraduate Research Conference. \*/\*\**

Tidwell, E., Grover, J., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (2019). The relationship between gender, age, and political affiliation with religious commitment and beliefs. *Abilene Christian University Conference for Undergraduate Research. \*/\*\**

Spring 2017. Mentored 8 research projects of undergraduate “Intro to Research Methods” course students. The topics were in the areas of relationships, happiness, optimism, love, forgiveness, altruism, resilience, and gratitude. Presented at *HSSM Research Symposium* at HSU.

**Selvaraj, P. R.** (April 11, 2014). Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students. *Annual Creativity and Research Expo.* Ohio University. [Awarded First Prize in Division].

**Selvaraj, P. R**. (2014, April 13). Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students. *The fourth Annual GEA Conference. Patton College of Education.* Ohio University.

**Selvaraj, P. R.,** & Arora, A. (2013, April 13). Re-defining solidarity: A third world vision. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (2013, April 13). Music therapy and Counseling. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (2013, April 2). Interventions for enhancing psychological health and well-being among college students. *International Students Union Research Event.* Ohio University.

Henry, J., Jackson, K. L., & **Selvaraj, P. R**. (2013, February 21). Barefoot Crusade-Veterans Suicide Awareness. *Youngstown University.* Ohio.

***Professional Presentations and Speaking Engagements- Invited Presentation***

**Prasath, P. R.** (2022).*Preparing for a Career as a Counselor Educator.*Doctoral Brown Bag CSI on Thursday, October 27, from 1-2 pm. Invited by Madelyn Duffey.

**Prasath, P. R.** (2022, Sep 2022). Guest speaker on *Technology and* *skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

**Prasath, P. R.** (2021, Oct 21). Guest speaker on *Technology and* *skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

**Prasath, P. R.** (Sept 2020). Guest speaker on *Professional Experiences as Counselor Educator*. To first-year doctoral students. Invited by Dr. Heather Trepal.

**Prasath, P. R.** (May 2020). Keynote speaker on *Department of Counseling Graduation Day*. Online.

**Selvaraj, P. R.** (July 3, 2019).Guest speaker on “International Group Counseling: Best Practices”. Zoom Lecture in Advanced Group Counseling Course. Invited by Dr. Kendra Jackson at C*ornerstone University*, Grand Rapids.

**Selvaraj, P. R. &** Chendurpandi Subramanian, P. (April 7, 2019). Guest speaker on “Gaining Multicultural Perspective On Indian Cultural Marriage Traditions: Using Story-telling Method” Invited to *2019 Spring Freshman Year Seminar Course at Hardin-Simmons University, Abilene, TX* by Dr. Jana Wesson-Martin.

**Selvaraj, P. R.** (Jan 11, 2019).Guest speaker on “Autobiographical Account of Acculturation Journey: Psychological, Social and Academic Implications”. *International Students Orientation.* Spring 2019, *Hardin-Simmons University, Abilene, TX*

**Selvaraj, P. R.** (August 21, 2018).Guest speaker on “Cultural Acculturation”. *International Students Orientation*. Fall 2018, HSU.

***Training and Development***

**Prasath, P. R.** (January 19, 2023).Virtual workshop session for Counselors in Training on *Clifton Strengths Assessment-Session #2.* Center for Student Success, UTSA.

**Prasath, P. R.** (January 19, 2023).Virtual workshop session for Counselors in Training on *Clifton Strengths Assessment-Session #1.* Center for Student Success, UTSA.

**Prasath, P. R**. (August 2022). Lecture on *Module 4- Strengths-based Approaches to Counseling Sex-Trafficking Clients.* Counselors Against Sex Trafficking (CAST) Training Days*.*

**Prasath, P. R.** (April 20, 2022). Lecture on *Strengths-based Group Work with International Students: How-To Guide*. Southern Oregon University.

**Prasath, P. R.** (Oct 15, 2021). Workshop session on *Clifton Strengths Assessment. Growing leaders today Workshop-1*. COEHD Leadership Academy. UTSA.

**Prasath, P. R.** (Sept 28, 2021). Keynote speaker on *COVID-19 Wellbeing and Wellness*. Commerce Department. Association inauguration 2021. Justice Basheer Ahmed Sayeed College for Women, Chennai, India.

**Prasath, P. R.** (Sept 25, 2021). Guest speaker on *Wellness Workshop*. Sigma Alpha Chi Chapter, UTSA. Chi Sigma Iota.

**Prasath, P. R.** (2021, January 13). Unleashing power of strengths through CliftonStrengths. *COEHD training session for counseling trainees*. COEHD Center for Student Success. UTSA.

**Selvaraj, P. R**. (July 21, 2018). Guest speaker for 1-day session on “Psychological Wellness and Health”, “Youth with Faith and Sound Mind”, and “Parenting” Workshop. *Seventh Day Adventist Church*, Chennai (India).

**Selvaraj, P. R.** Lim, A., Cave, T. (April 21, 2018). Guest presenters on “Positively International: Implications for Science Faculty & Students.” *HSSM Research Society Meeting*, HSU.

**Selvaraj, P. R**. (March 6, 2018).Guest speaker via YouConnectU; *Group counseling with an international population.* Invited by Dr. Kendra Jackson. For Group Counseling Course, Cornerstone Theological Seminary, Michigan.

**Selvaraj, P. R.** (Jan 1, 2018). Panelist, *Cultural Discussion Panel*. International Faculty Represented. Hardin-Simmons University. Abilene, TX.

**Selvaraj, P. R. (**Nov 17, 2017). Guest speaker: UT Arlington, Lutheran Student Center on “culture and psychology: understanding international students’ journey”.

**Selvaraj, P. R. (Nov 8**, 2017). Guest speaker: FYSM Food & Culture Class. Hardin-Simmons University on “Indian Food”.

**Selvaraj, P. R. (**April 7th, 2017). Speaker for “Psychological Research”. HSSM Research Society Meeting, HSU.

**Selvaraj, P. R.** (Jan 9, 2017).Abilene Christian Elementary School, Presented on “India-History, Heritage, Culture, and Practices”.

**Selvaraj, P. R.** (January 19, 2017). Guest lecture, *Indian culture, and traditions.* Abilene Christian School.

**Selvaraj,** **P. R.** (March 12-15, 2015). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Orlando, Florida.

**Selvaraj,** **P. R.** (February 27, 2015). Panelist, *The world comes to McCracken: Globalizing the Curriculum through International Students' Eyes.* International students’ panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (August 22, 2014). Panelist, *Sharing Success Stories*. Counselor Education Program Orientation. Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj,** **P. R.** & AERN Team (March 2014). Presented on *Indian Culture*. Meigs County Schools, Ohio.

**Selvaraj,** **P. R.** (Nov 14, 2013). Panelist, *Education without borders: Books, Botswana & Beyond*. International faculty and student panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (April 10, 2013). Invited Talk, *Homesickness and International Students Life on Campus.* Represented International Students Outreach (ISO) Association. Ohio Program of Intensive English (OPIE). Grover Center. Ohio University.

**Selvaraj,** **P. R.** (March 21-23, 2013). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Cincinnati, Ohio.

**Selvaraj,** **P. R.** (February 1, 2013). Panelist, *Putting the 'WOW' in the International Student Library Experience.* Intercultural Communication Training, Alden Library staff development, invited by Dr. Yea-Wen Chen.

**Selvaraj,** **P. R.** (November 22, 2012*). Close Relationships from a Cultural Perspective*. Undergraduate Class of Human Relations Course. Invited by Kendra Jackson.

**Awards and Honors**

2023 *Professional Advancement Award.* Association for Specialists in Group Work (ASGW) 2023.

2023 Nominee. *Presidential Teaching Excellence Award*. UTSA.

2023 Nominee. *Outstanding Counselor Educator Award 2023.* Texas Association of Counselor Educators and Supervisors (TACES).

2022 Nominee, Southern Association of Counselor Educator and Supervisor for *Locke-Paisley Outstanding Mentor Award*

2021 *Professional Writing Award 2021.* Texas Counselors Association (TCA).

2021 *Outstanding Teaching Award 2021.* Southern Association of Counselor Educators and Supervisors (SACES).

2021 Nominee (Finalist). *Presidential Teaching Excellence Award*. UTSA.

2020 *Association for College and University Educators (ACUE)* Teaching Fellow – Credential in Effective College Instruction. ($1,000 awarded)

2019 Nominee, Southern Association of Counselor Educator and Supervisor for *Locke-Paisley Outstanding Mentor Award*

2015 Annual Creativity Research Expo, *First Prize*, Ohio University

2014 *Outstanding Research Award*, The Alpha Chapter of Chi Sigma Iota

2014 *Donald A. Green Memorial Award*, The Patton College of Education, Ohio University

2014 Annual Creativity Research Expo, *First Prize & Library Expo Award Finalist*, Ohio  
 University

2013 *Scholarship Recipient.* Association for Specialist in Group Work (ASGW) Volunteer.  
 American Counseling Association conference, Cincinnati, Ohio; $200. (Public Service).

2011 *First Prize and the Best Paper Presentation Award*- Fr. John Peter Award, National  
 Level competition organized by Divyolaya (INDIA)

2010 *First Prize Certificate of Excellence and First Rank Certificate of Excellence*,   
 Highest English Course score (I & II year B.Sc. [2008-2009]), Highest marks  
 in all three majors and overall undergraduate degree, Teresian College, Mysore (India)

2005 *Certificate of Merit for Outstanding Academic Performance*, top .1 percent of successful  
 candidates in Hindi Course- A All Secondary School Examination, KVS, India

**Media Contributions**

Prof Talk. Podcast. *Clinical mental health counseling*. Host: Alicia Swan and Monica Lawson on Jan 24th 2023 https://www.twitch.tv/videos/1717694958

American Counseling Association (ACA) Podcast (November 17, 2022). *What counselors need to know about sex trafficking*. Presenters: Drs. Romero, Interiano-Shiverdecker, & Prasath.

UTSA COEHD Research Twitter. *Faculty research spotlight series*. <https://express.adobe.com/page/ygbyWZtkXm4wl/>

UTSA COEHD News. (October 29, 2021). *Professor receives two prestigious awards.* Retrieved from <https://education.utsa.edu/news/2021/prasath-two-awards.html> (written by Chris Reichert)

University of Texas at San Antonio News (UTSA) Today. (September 9, 2021). *Counseling professor helps others emerge from pandemic stress.* Retrieved from <https://www.utsa.edu/today/2021/09/story/prasath-priscilla-helps-others-emerge-from-pandemic-stress.html>

**Prasath, P. R.** (September 8, 2021). *UTSA's Priscilla Prasath on Positive Psychology*. Retrieved from <https://youtu.be/QqY-7ATfOls>

**Prasath, P. R.** (September 14, 2021). *Healthy Minute.* WTEL-AM (Black Information Network) Philadelphia. <https://app.criticalmention.com/app/#/clip/public/6ddf2e6e-d3af-4670-81aa-448add2b1427?show_sentiment=false> (audience: 2.7k)

**Prasath, P. R.** (September 10, 2021). *Talk News.* WOAIAM (Newsradio) San Antonio. <https://app.criticalmention.com/app/#/clip/public/2330468d-beb0-4b24-9b1e-83f3921146bf?show_sentiment=false> (audience: 114.4k)

**Teaching Activities**

*Courses Taught:*

The University of Texas at San Antonio

COU 5213 Counseling Theories

COU 5393 Development: Counseling Skills

COU 5713 Clinical Mental Health Counseling Internship I

COU 5723 Clinical Mental Health Counseling Internship II

COU 6153 Career Development & Choice

Hardin-Simmons University

PSYC 1301Introduction to Psychology

COHD 2099 Science of Happiness and Well-being

COHD 6315 Human Growth and Development

PSYC 6305 Advanced Research Methods

CCMF 6304 Basic Skills & Techniques in Counseling

CCMF 6345 Advanced Group Therapy

COHD 6375 Practicum in Counseling I

COHD 6376 Practicum in Counseling II

CCMF 6362 Community Counseling

PSYC 3342 Multicultural Studies

Trinity International University

CO 6510 Human Growth and Development

CO 7900 Research Methods

CO 6950 Counseling Practicum

CO 6130 Group Counseling

CP 7961 Internship in Counseling

CP 5145 Mental Health Consultation

Ohio University Chillicothe (co-teaching)

EDCE 7245Counseling Children and Adolescents

Ohio University (co-teaching)

EDCE 8520 Advanced Group Counseling  
EDCE 6550 Counseling Theory and Techniques

EDCE 6500 Group Counseling I  
EDCE 6920 Clinical Practicum

*Dissertation Committees:*

**Chair**

Lockhart, J. (Spring 2023) – Signed Dissertation Chair Form: January 2023.

King, A. (Spring 2023). *Factors associated with using a family systems perspective by counselors in training during internship.* Proposal completed. Pre-proposal completed Summer 2020; Chair: Dr. Duffey. Member since Fall 2020.

**Co-Chair**

Morris, C. M. (Graduated Dec 2022). *Silent no more: Exploring the effects of mindfulness-based strengths practice on relationship satisfaction, mindfulness, and well-being in female survivors of military sexual trauma*. UTSA. Co-chair since July 30, 2021.

***In Progress Dissertation Committee Member***

Spears, R. J. *Development of Neurofeedback Learning Standards for Counseling Training and Certification Programs: A Delphi Method Study*. UTSA. Chair: Dr. Robertson. Member since May 2022. Pre-Proposal completed.

McVay, K. *Rural counseling competencies: A Delphi Study*. Chair: Dr. Romero. UTSA. Member since April 2022. Proposal completed.

Cruz, T. *Forensic mental health counselors experiences and ethical considerations*. UTSA. Chair: Dr. Lloyd-Hazlett and Dr. Herlihy. Pre-proposal completed.

Patel, D. *The road not taken: An interpretative phenomenological analysis of intentional childlessness in Indian American women*. Proposal completed. Chair: Dr. Trepal. Member since March 2021.

***Completed Dissertation Committee Member***

Horton, E. *Counselors’-in-training experience of the influence of role-play on learning and development;* Chair: Dr. Lloyd-Hazlett. Member since Fall 2020. Defended December 9, 2021.

Goodrum, B. D. *Being well while holding space for grieving clients: A narrative study;* Defended December 19, 2019; Chair: Dr. Lloyd-Hazlett. Member since Sept 2019.

**Service Activities**

***Departmental Service [Dept of Counseling, UTSA]***

Course Sequence Committee, Member 2023-present

Adjunct Faculty Coordinator, Co-Coordinator 2022-present

Fitness to Practice Committee, Chair, 2022-2023 Committee 3 Members: Catherine Somody & John Harrichand

Fitness to Practice Committee, Member 2022-2023 Committee 2 Chair: Jessica Lloyd-Hazlett

CACREP Committee, Member 2022-present

Chair: Claudia Interiano-Shiverdecker

CMHC Admissions and Scholarship Committee, Member 2022-present

Grades Appeals Committee, Member 2022-present

Chair: Chris Leeth

Addictions program exploratory committee, Member 2021-2022 Chair: Heather Trepal

Department Liaison to COEHD Center for Student Success 2019-2021

Chair: Norma Guerra

Department Liaison to COEHD Leadership Academy 2021-present

Chair: Thelma Duffey

Fitness to Practice Committee, Member 2021-2022 Committee 1 Chair: Jessica Lloyd-Hazlett

***College Service [COEHD]***

College Academic Policy and Curricula Committee (CAPCC), Member 2022-present

Strategic Planning Committee 2022-present

Research and Development Committee, Member 2022-present

College Technology Committee, Member 2020-present

Leadership Academy, Steering Committee Member 2020-present

Faculty Library Liaison Committee, Member 2020-present

***University Service [UTSA]***

Canvas Faculty Champion to Dept of Counseling 2022-present

– Bb to Canvas migration support

Faculty Champion to the Dept of Counseling 2020-2022

- F2F to Online migration support

UTSA Police Department partnership with the Department of Counseling 2021-2022

Wellbeing and mental health training and development, Member

**Previous Service Experience**

***Hardin-Simmons University***

Clinical Faculty Supervisor for Master’s Students 2016-2019

Primary Chapter Faculty Advisor, Eta Sigma Upsilon, CSI Chapter 2018-2019

Wallace Prison Visit, Day with the Dad Program 2017

HSU Department of Counseling CACREP Accreditation Visit Team Member 2016

Institutional Review Board (IRB) 2018-2019

Judge for the HSSM Research Conference 2017-2018

Interviewer for Honors Students Recruiting 2018

Volunteer at Western Heritage Day 2018

Support Group for International Students 2017-2019

International Students Orientation-Guest Speaker 2017

Title IX & Campus SaVE for Employees, online self-paced course 2017

Online Teaching Effectiveness Course 2016

International Students’ Faculty Committee 2016-2019

***Trinity International University***

Clinical Faculty Supervisor for Master’s Students 2015-2016

Clinical Mental Health Counselor, The Counseling Center 2015-2016

Student-Life 2015-2016

***Ohio University***

Professional Development Committee Chair 2014-2015

The Alpha Chapter of *Chi Sigma Iota*

Nominated and elected as Vice-President 2013-2014

The Alpha Chapter of *Chi Sigma Iota*

Graduate Assistantship in the Curriculum & Technology Center 2014-2015

Clinical Internship Supervisors Workshop participant and volunteer 2014

Chair & Organizer of Research Conference, Patton College of Education 2015

Organized Practicum and Internship Fair, Patton College of Education 2014

Volunteered at the International Women’s Day Festival (March 17) 2013

Organized and coordinated the International Student Panel 2013

International Students Outreach (ISO)

The Third Annual Leadership Summit participant 2013

Department representative at the Psychology Career, Internship, & Grad School Fair 2012

Volunteered at “S-Talk”, Suicide Prevention Workshop (Oct 10) 2012

***India***

Event Management, Cultural Programs, Teresian College, Mysore 2008-2012

Master of Ceremony, Organized and Coordinated Committees 2012

“Essentials of Behavioral Research and Documentation” Conference

Tamil Nadu Association of Clinical Psychologists (TNACP)

The Institute of Mental Health, Chennai

HAEDOS- “Understanding and Management of Childhood Disorders” 2012

Workshop participant, Presidency College, Chennai

President and Senate member, All India Catholic University Federation (AICUF) 2009-2010

Teresian College, Mysore

**Professional Service**

Association for Specialists in Group Work (ASGW)

Elected for Secretary position 2022-2025

Awards committee chairperson 2021-2022

Strategic Communication Committee, Chair 2018-2021

Editor and Reviewer for National Newsletter, *The Group Worker* 2018-2019

Awards committee co-chair and reviewer 2018-2020

Conference proposal reviewer 2018

Conference volunteer 2012-2016

Chi Sigma Iota International

Counselor Community Engagement Committee (CCE) Member 2018-2021

CFA Training Participant at ACA Conference 2019

Association of Counselor Education and Supervision (ACES)

Conference Proposal Reviewer 2015, 2017

Journal for Creativity in Mental Health 2019-2020  
 Reviewer

American Counseling Association (ACA)

Ohio University counseling program booth 2015

Conference volunteer 2012- 2014

Book signing delegate, ACA conference 2016

All Ohio Counselor Conference (AOCC)

Conference volunteer 2014

Southwest Academy of Management (SWAM)

Conference paper reviewer 2016

***Other Service - Community***

CJC Church Youth Event, San Antonio 2022

Guest Speaker on *Wellbeing* Promotion for Youth

Professional Counseling Services (Volunteer) 2018-2019

New Hope Church, Abilene, TX

Camp Courage Play therapy volunteer facilitator- Hendricks Hospice Care 2019

Abilene, TX

Counselor, Fields of Faith, Sweetwater, TX 2018

Volunteered at Multiple Sclerosis Walk, Athens, OH (April 13) 2013

Volunteered in *The Appalachian Health Summit* Workshop, Athens (Sept 29) 2012

Volunteered in *NAMI Walk for Mental Awareness*, Athens (Oct 20) 2012

**Certification and Professional Training**

Member, Office of Inclusive Excellence 2020-present

The Tenure Track Networking Club

Association for College and University Educators (ACUE) Teaching Fellowship 2021

Credential in Effective College Instruction, Virtual

Innovation Academy, Faculty success center, UTSA 2021

Quality Matters Rubrics Course, Virtual 2020

Accelerated Gallup Strengths Coaching – Certified Strengths Coach, Virtual 2020

Introduction to Panopto Video, UTSA Academic and Faculty Support (July 30) 2020

New Faculty Academy Teaching Workshop: Promoting Higher Order Thinking 2020 UTSA Academic and Faculty Support (Feb 2)

Project Management in the Academic World 2020

UTSA Academic and Faculty Support (Feb 13)

NSF Career Panel, UTSA Academic and Faculty Support (Feb 7) 2020

New Faculty Academy Teaching Workshop: Active Learning Techniques 2020

UTSA Academic and Faculty Support (Jan 29)

Federal Grantseeking: Dept. of Education (ED) (Nov 7) 2019

UTSA Academic and Faculty Support

New Faculty Academy Teaching Workshop: Designing an Effective Course 2019

UTSA Academic and Faculty Support (Nov 7)

Research Proposals and Budget Development 2019

UTSA Academic and Faculty Support (Nov 26)

Blackboard Essentials, UTSA Academic and Faculty Support (Nov 17) 2019

Are you Teaching Online? Offer Virtual Sessions and Office Hours through Bb 2019

UTSA Academic and Faculty Support (Nov 10)

***Prior to Joining UTSA***

*CACREP Self-Study Training* 2015

American Association of Christian Counseling, Nashville, TN

Certified Crime Victim Advocate, Regional Victim Crime Center 2018-2019

Abilene, TX

Completed online “GG101x: The Science of Happiness” 2019

University of California Berkeley

Certificate of Achievement, Top 10 Security Awareness Fundamentals 2017

Completed Transaction Analysis 101 Course, Bharathiar University, India 2011

Diploma in Computer Application, Council of Education and Training 2008-2009

Mysore, India

**Professional Memberships**

*American Counseling Association*

*Association for Counselor Education and Supervision*

*Association for Specialists in Group Work*

*Southern Association of Counselor education and supervision* (SACES)

*Texas Counselors Association*

*Texas Association for Counselor Education and Supervision*,

*Association for Creativity in Counseling* (ACC)

*Chi Sigma Iota* (past: Alpha chapter; Eta Sigma Upsilon)

*Ohio Counseling Association*

Graduate Representative, *Graduate Education Association*

*International Student Union & Indian Student Association*, Ohio University

*International Student Outreach* Executive Team, Counseling & Psychological Services (CPS), Ohio University