

ASHLEY P. CUEVAS
CLINIC DIRECTOR OF THE SFCC
UNIVERSITY OF TEXAS AT SAN ANTONIO
College of Education and Human Development
501 West Cesar E. Chavez Blvd., Office 4.314
San Antonio, Texas 78207

EDUCATIONAL BACKGROUND

Doctor of Philosophy in Counseling

Counselor Education and Supervision
The University of Texas at San Antonio
San Antonio, Texas (August 2017)

Master of Arts

Counseling
The University of Texas at San Antonio
San Antonio, Texas (August 2014)

Bachelor of Science

Psychology
Texas A&M University
College Station, Texas (May 2012)

PROFESSIONAL CERTIFICATIONS AND LICENSURE

Licensed Professional Counselor—Texas State Board of Examiners of Professional Counselors

National Certified Counselor

PROFESSIONAL EMPLOYMENT HISTORY

Clinic Director, Sarabia Family Counseling Center (August 2022 – Present)

San Antonio, Texas

- Provide clinical and administrative supervision for practicum and internship students at UTSA counselor-training clinic, Sarabia Family Counseling Center.
- Provide administrative supervision to clinic staff.
- Coordinate and oversee all aspects of clinic operations including practicum class instruction; staff assignments; clinic procedures; student and staff training; handbooks and manuals for students, staff, and professors; clinic forms; client records; risk assessments; referral procedures; and telephone pre-screening process.
- Teach graduate counseling classes.

Interim Clinic Director, Sarabia Family Counseling Center (January 2022 – August 2022)

San Antonio, Texas

- Provide clinical and administrative supervision for practicum and internship students at UTSA counselor-training clinic, Sarabia Family Counseling Center.
- Provide administrative supervision to clinic staff.
- Coordinate and oversee all aspects of clinic operations including practicum class

instruction; staff assignments; clinic procedures; student and staff training; handbooks and manuals for students, staff, and professors; clinic forms; client records; risk assessments; referral procedures; and telephone pre-screening process.

- Teach graduate counseling classes.

Clear Mind Counseling, PLLC, Owner & Therapist (April 2020 – Present)

San Antonio, Texas

- Founded private practice for community clientele
- Provide individual, couples, and family counseling
- Consult with counseling professionals regarding client well-being

Assistant Professor of Practice (August 2022 – Present)

College of Education & Human Development, Department of Counseling, The University of Texas at San Antonio, San Antonio, Texas

- Teach masters and doctoral courses.
- Provide guidance to counseling graduate students.
- Coordinate student needs with internship site supervisors and work with community agencies engaged in clinical experiences.
- Provide clinical and administrative supervision for internship students.
- Attend to clinical student concerns and grievances.
- Mentor graduate students.

Lecturer I (January 2018 – August 2022)

College of Education & Human Development, Department of Counseling, The University of Texas at San Antonio, San Antonio, Texas

- Teach masters and doctoral courses.
- Provide guidance to counseling graduate students.
- Coordinate student needs with internship site supervisors and work with community agencies engaged in clinical experiences.
- Provide clinical and administrative supervision for internship students.
- Attend to clinical student concerns and grievances.
- Mentor graduate students.

San Antonio Counseling and Behavioral Center (June 2018 – June 2020)

San Antonio, Texas

Licensed Professional Counselor

- Provided counseling services to individuals and couples with concerns related to anger management, stress, anxiety, depression, ADHD, and relationship issues

Turner of Life Counseling (July 2017-May 2018)

San Antonio, Texas

Licensed Professional Counselor

- Provided in-home therapy to individuals and couples with various topics relating to anger, grief, self-esteem, anxiety, relationship issues, and life transitions
- Contacted local organizations to inquire about clientele opportunities
- Attended bi-weekly consultation meetings with team members

Counseling 4 Life (September 2017-February 2018)

San Antonio, Texas

Licensed Professional Counselor-Intern under the Supervision of Dr. Martha Jo Atkins

- Attended monthly consultation meetings with team members
- Offered individual counseling services to adults with issues relating to grief, sleep difficulties, and life transitions

The Department of Counseling - The University of Texas at San Antonio (2015-2017)

Co-lead Staff and Supervisor of The Sarabia Family Counseling Center under direction of Catherine Somody, Ph.D.

- Provided traditional and live supervision of master-level practicum students
- Supervise master-level practicum students in their work with juvenile justice psycho-educational groups
- Conducted prescreens with prospective clients and confirm appointments
- Managed master's level student counselor's clinical schedules
- Fulfilled administrative tasks
- Monitored client files and perform chart audits
- Conducted student orientation and training of Titanium software, intake, and crisis risk assessment
- Interviewed candidates for staff positions

The University of Texas at San Antonio/ Center for Healthcare Services (Summer 2016)

Consultation Team Leader

- Investigated best-practices for promoting health literacy among Hispanic/Latino clients in integrated health care settings
- Conducted face-to-face consultation with CHCS clinical coordinator and physician
- Developed an original professional tool for agency to utilize to enhance staff health literacy and cultural competence
- Presented empirically-based recommendations to university and agent representatives aimed to improve health literacy in integrated health care settings
- Co-led program consultation team comprised of 7 Master's and 2 Doctoral-level students
- Provided research expertise and targeted feedback to enhance project outputs and promote team member learning and development

The Department of Counseling - The University of Texas at San Antonio (2014-2016)

Graduate Research Assistant under the direction of Derek Robertson, Ph.D.

- Assisted tenured professor with CACREP reaccreditation assignments
- Helped tenured professor create course syllabus' related to counseling skill and diagnosis
- Assisted tenured professor with research assignments (i.e. collected and analyzed data) related to counselors in training working with the LGB population
- Helped tenured professor with grading tasks associated with counseling skills and diagnoses coursework
- Assisted tenured professor with manuscript preparation and administrative tasks associated with academic and professional activities

The Department of Counseling - The University of Texas at San Antonio (2014-2015)

Graduate Research Assistant under the direction of Heather Trepal, Ph.D.

- Assisted tenured professor with manuscript preparation, administrative duties, and other departmental tasks
- Helped tenured professor with research tasks (i.e. collected and analyzed data) related to counselor educators' experiences with microaggressions
- Assisted tenured professor with grading duties associated with introduction to counseling coursework
- Helped tenured professor with CACREP reaccreditation assignments

The Department of Counseling - The University of Texas at San Antonio (Summer 2015)

Graduate Research Assistant under the direction of Michael Moyer, Ph.D.

- Assisted tenured professor with research tasks related to non-suicidal self-injury
- Helped tenured professor prepare presentations associated with school counseling and accreditation
- Assisted tenured professor organize practicum and internship clinical training forms

The Department of Counseling - The University of Texas at San Antonio (Summer 2015)

Graduate Research Assistant under the direction of Hope Bell, Ph.D.

- Assisted tenured professor with research tasks related to shame and guilt in counselors
- Assisted tenured professor with CACREP reaccreditation assignments
- Helped tenured professor create child and adolescent course syllabus

SCHOLARLY ACTIVITIES

PUBLISHED MANUSCRIPTS

Avent Harris, J., Trepal, H., Prado, A., & Robinson, J. (2019). Women Counselor Educators' Experiences of Microaggressions. *Journal of Counselor Preparation and Supervision, 12*(2).

Harris, J. R. A., Roberston, D. L., Jones, B., and **Prado, A. M.** (2017). Faith, race, and LGB affirmation: Experiences of African American counselors-in-training. *Counselor Education and Supervision, 56*(2), 145–158. doi:10.1002/ceas.12068

Cannon, Y. Speedlin, S., Avera, J., Robertson, D., Ingram, M., & **Prado, A.** (2017). Transition, connection, disconnection, and social media: Examining the digital lived experiences of transgender individuals. *Journal of LGBT Issues in Counseling, 11*(2), 68–87. doi: 10.1080/15538605.2017.1310006

Prado, A., & Waterman, S. (2017). Creative supervision for counselors working in a hospice setting. *Journal of Creativity in Mental Health, 1*–14. doi: 10.1080/15401383.2017.1300549

Ingram, M. V., Speedlin, S., Cannon, Y., **Prado, A.,** & Avera, J. (2017). A seat at the table: Using social media as a platform to resolve microaggressions against transgender persons. *Journal of Creativity in Mental Health, 1*–16. doi:10.1080/15401383.2016.1248266

Avera, J., Zholu, Y., Speedlin, S., Ingram, M. & **Prado, A.** (2015). Transitioning into wellness: Conceptualizing the experiences of transgender individuals using a wellness model. *Journal of LGBT Issues in Counseling, 9*, 273–287. doi: 10.1080/15538605.2015.1103677

NON-REFERRED CONTRIBUTIONS

Prado, A. (November 2013). Reflections on Volunteering with the Rape Crisis Center. *Chi Sigma Iota, Sigma Alpha Chi Chapter Newsletter Publication*

SCHOLARLY PRESENTATIONS

International

Lee-Hughes, K., Waterman, S., **Prado, A.**, Rubio, J., & Cornelius, H. (March 2016). Helping Counselors Become Good Allies: A Developmental Relational Counseling (DRC) Approach. Presented at the American Counseling Association Conference, Montreal, CA.

Waterman, S., **Prado, A.**, Rubio, J., & Humphrey, W. (March 2016). Counselors Working with Latino Families: A Relational Cultural Framework. Accepted at The International Association of Marriage and Family Counselors, New Orleans, LA.

National

Prado, A., & Waterman, S. (Accepted September 2016). Discussing Death: Creative Approaches in Supervision for Supervisees Working with Clients During End of Life. Association for Creativity in Counseling Conference, Savannah, GA.

Speedlin, S., Ingram, M., **Prado, A.**, Avera, J., & Zholu, Y. (April 2015). Trans-what????: A Creative Strategy for Educating Future Counselors on Transgender Clients. Presented at the Association for Creativity in Counseling Conference, San Antonio, TX.

Speedlin, S., **Prado, A.**, Zholu, Y., Avera, J., & Ingram, M. (March 2015). A Seat at the Table: Resolving Micro-Aggression Conflicts for Transgender Persons Using Social Media. Presented at the American Counseling Association Conference, Orlando, FL.

Regional

Haiyasoso, M., & **Prado, A.** (October 2015). Creative Approaches to Build Trauma-Sensitive Supervision for Supervisees Counseling Survivors of Sexual Abuse. Presented at Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Robertson, D., Avent, J., Jones, B., & **Prado, A.** (October 2015). African American Counselors in Training, The Black Church, and LGB Affirmative Counseling: Considerations for Counselor Education Programs. Presented at Association for Counselor Education and Supervision Conference, Philadelphia, PA.

Bell, H., & **Prado, A.** (October 2014). Walking the walk: Navigating Guilt and Shame in Counselors and Counselor Educators. Presented at the Southern Association of Counselor Education and Supervision Conference, Birmingham, AL.

State

Harrichand, J. J. S., & **Cuevas, A.** (March 2023). A tale of two professors: Practicum supervision best practices via telehealth. Presented at Texas Association for Counselor Education and Supervision Midwinter Conference, Georgetown, TX.

Prado, A. (January 2016). Discussing Death: Creative Approaches in Supervision for Supervisees Working with Clients During End of Life. Presented at Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

Waterman, S., **Prado, A.**, Rubio, J., & Humphrey, W. (January 2016). Supervision of Counselors Working with Latino families: A Relational Cultural Framework. Presented at Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

Avent, J., Trepal, H., **Prado, A.**, & Robinson, J. (January 2016). Wait! What did you say? Counselor

educators' experiences with microaggressions. Presented at Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX.

Avent, J., Robertson, D., Jones, B., & **Prado, A.** (November 2015). Religious Values and LGB Affirmative Counseling: Experiences of Christian African American Counselors in Training. Presented at Texas Counseling Association Conference, Corpus Christi, TX.

Speedlin, S. L., Avera, J. E., Zholu, Y. V., **Prado, A. M.**, & Ingram, M. V. (January 2015). Straight But Not Narrow: Advocating for LGBT Persons in Education and Supervision Roles. Presented at Texas Association for Counselor Education and Supervision Midwinter Conference, Austin, TX

AWARDS AND HONORS

- Association of Counselor Education and Supervision, Outstanding Article Award (2018)
- Recognition for Excellence, Dr. Jessica Lloyd-Hazlett, UTSA (2016)
- Certificate of Appreciation, Association for Creativity in Counseling (2015)
- Certificate of Recognition, Chi Sigma Iota, Sigma Alpha Chi Chapter at UTSA (2014)
- Inducted into Chi Sigma Iota – International Honor Society, UTSA (2013)
- Regents' Scholarship Recipient from Texas A&M University (2008-2009)

PROFESSIONAL SERVICE

- SAMHSA Recovery Month Panel Event- Decorating Committee Leader (Fall 2015)
- Association for Creativity in Counseling- Conference Committee Member (Spring 2015)
- CACREP Reaccreditation Team, UTSA Department of Counseling (2014-2015)
- Chi Sigma Iota, Sigma Alpha Chi Chapter- Secretary (2013-2014)
- Texas Counseling Association, Advocacy Day at the State Capitol (April 2013)
- Private Tutor/Mentor, Aggie Tutors (2009-2012)

TEACHING ACTIVITIES

The University of Texas at San Antonio
Spring 2018 – Present

COU 5203 Introduction to Clinical Mental Health Counseling
COU 5393 Development of Counseling Skills
COU 5683 Practicum in Counseling
COU 5713 Clinical Mental Health Counseling Internship I and II
COU 7123 College and University Teaching

ADDITIONAL TEACHING ACTIVITIES

Teaching Assistant to Dr. Catherine Somody, The University of Texas at San Antonio
COU 5683: Practicum in Counseling
Fall 2016 and Spring 2017

Teaching Assistant to Dr. Jessica Lloyd-Hazlett, The University of Texas at San Antonio
COU 6003: Consultation and Program Evaluation
Summer 2016

Teaching Assistant to Dr. Jessica Lloyd-Hazlett, The University of Texas at San Antonio
COU 6523: Couples and Family Counseling Theories

Spring 2016

Teaching Assistant to Dr. Derek Robertson, The University of Texas at San Antonio
COU 5393: Counseling Skills
Fall 2014 and Spring 2015

ADDITIONAL PROFESSIONAL EXPERIENCE

ABODE Contemplative Care for the Dying - San Antonio, TX
Licensed Professional Counselor-Intern under the Supervision of Dr. Martha Jo Atkins
(January 2016 - February 2018)

The Sarabia Family Counseling Center (SFCC), The University of Texas at San Antonio
(Spring 2015)
Doctoral Level Practicum Student

The Ecumenical Center, San Antonio, TX
(Spring 2015)
Group facilitator of Life After Loss: Bereavement Support Group

VITAS Hospice Innovative Care, San Antonio, TX
(Fall 2013 - August 2015)
Master's Level Practicum and Internship Student, and Doctoral Level Practicum Student

The Rape Crisis Center, San Antonio, TX
(May 2013 - Fall 2014)
Hospital Advocate

Robert Heffer, Ph.D.
(Fall 2011 - Spring 2012)
Research assistant to Clinical Professor in the Department of Psychology at Texas A&M University

Brazos Valley Council on Alcohol and Substance Abuse, Bryan, TX
May 2012
Volunteer raising drug and alcohol awareness in the school environment specific to at-risk youth

Kathi Miner-Rubino, Ph.D.
(Spring 2011)
Research assistant to Assistant Professor in the Department of Psychology at Texas A&M University

Mental Health Mental Retardation Authority of Brazos Valley, Bryan, TX
Fall 2010 - Spring 2011
Assisted a Crisis Services Social Worker dealing with troubled teens and parents

Heather Lench, Ph.D.
(Fall 2009)
Research assistant to Associate Professor in the Department of Psychology at Texas A&M University