**Priscilla Rose Prasath,** Ph.D., MBA., MSc., LPC (Texas)

(a.k.a. Priscilla Rose **Selvaraj)**

Assistant Professor of Counseling

The University of Texas at San Antonio

501 West César E. Chavez Boulevard

San Antonio, Texas 78207

+1(740) 818-6800

priscilla.prasath@utsa.edu

**Educational Background**

*August 2015* Doctor of Philosophy, Counselor Education and Supervision,  
 Ohio University, Athens, Ohio

Dissertation: *Using Positive Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education   
(****Chair:*** *Dr. Christine Suniti Bhat)*

*August 2012* Master of Science in Applied Psychology - Specialized in Clinical and Organizational Psychology, Bharathiar University, India

*August 2012* Master of Business Administration – Specialized in Human Resource Management, Bharathiar University, India

*June 2010* Bachelor of Science Majoring in Psychology, Human Development and Family Resource Management, Teresian College, University of Mysore, India

*September 2008* Career and Educational Counseling Certification (1 year)  
Mother Teresa Women’s University, Kodaikanal, Tamil Nadu, India

**Professional Employment History**

August 2019- Assistant Professor, *Department of Counseling, University of Texas at San*present *Antonio*, San Antonio, TX

July 2016- Assistant Professor, *Hardin-Simmons University, Abilene, TX*

June 2019

July 2015- Assistant Professor of Counseling, *Trinity International University*,

June 2016 Deerfield, Illinois

September 2015- Clinical Mental Health Counselor, The Counseling Center,

May 2016 Trinity International University, Deerfield, IL

August 2015- Clinical Faculty Supervisor for Master’s Students

May 2016 Trinity International University, Deerfield, IL

October 2014- Counselor II: Clinical Mental Health Counselor

May 2015 The Recovery Council, Waverly, OH

May 2014- Clinical Mental Health Counselor Intern

May 2015 University of Medical Associates, Family Medicine, Ohio University, Athens, OH

January 2013- Teaching assistant, *Ohio University Chillicothe*, Chillicothe, Ohio

December 2014

August 2012- Teaching assistant, *Ohio University*, Athens, Ohio

May 2015

December 2011- Guest-Lecturing Intern, *Institute of Mental Health*, Kilpauk, India

March 2012

December 2011- Intern Clinical Psychologist

March 2012 Institute of Mental Health, Kilpauk, Tamil Nadu, India

**Licensure and Certifications**

Licensed Professional Counselor LPC (Texas), #79135, 2018 - present

Certified Crime Victim Advocate

Gallup-Certified Strengths Coach

**Awards and Honors**

2021 Nominee. *Outstanding Teaching Award.* SACES.

2021 Nominee (Finalist). *Presidential Teaching Excellence Award*. UTSA.

2020 *Association for College and University Educators (ACUE)* Fellow – Credential in Effective College Instruction. ($1,000 award)

2015 Annual Creativity Research Expo, *First Prize*, Ohio University

2015 *Travel Award* ($300). Patton College of Education. American Counselor Association,  
 Orlando, Florida

2014 *Outstanding Research Award*, The Alpha Chapter of Chi Sigma Iota

2014 *Donald A. Green Memorial Award*, The Patton College of Education, Ohio University

2014 Annual Creativity Research Expo, *First Prize & Library Expo Award Finalist*, Ohio  
 University

2011 *First Prize and the Best Paper Presentation Award*- Fr. John Peter Award, National  
 Level competition organized by Divyolaya (INDIA)

2010 *The Best Student Award*, Religious Instruction Class, Teresian College, India

2010 *First Prize Certificate of Excellence and First Rank Certificate of Excellence*,   
 Highest English Course score (I & II year B.Sc. [2008-2009]), Highest marks  
 in all three majors and overall undergraduate degree, Teresian College, Mysore (India)

2005 *Certificate of Merit for Outstanding Academic Performance*, top .1 percent of successful  
 candidates in Hindi Course- A All Secondary School Examination, KVS, India

**Research/Scholarly/Creative Activities Summary** (\* data driven)

*Refereed Publications*

Speedlin, S., Haberstroh, S., **Prasath, P.,** Townsend, C., & McVay, K. (*in press*). Participatory action research: Strategies for implementation in counseling outcome research. *Journal of Professional Counseling: Practice, Theory & Research*.

**\*Prasath, P. R.,** Bhat, C. S., Mather, P. C., Foreman, T., & James, J. K. (2021). Well-being, psychological capital, and coping of university employees during the COVID-19 pandemic**.** *The Journal of Professoriate, 12*(1), 1-30.

**Prasath, P. R.,** Morris, C., & Maccombs, S. (2021). Mindfulness-Based Strengths Practice (MBSP) Group Intervention: A Systematic Review. *Journal of Counselor Practice*, *12*(1), 1-23.https://doi.org/10.22229/asy1212021

**Prasath, P. R.,** Lindinger-Sternart, S., & Duffey, T. (2021). Counselors as organizational leaders: Exploring parallels of servant leadership and professional counseling, *Journal of Counselor Leadership and Advocacy,* 1-11. (March 31, 2021 published online) https://doi.org/[10.1080/2326716X.2021.1904460](https://doi.org/10.1080/2326716X.2021.1904460)

**\*Prasath, P. R.,** Mather, P. C., Bhat, C. S., & James, J. K. (2021). University student well-being during COVID-19: The role of psychological capital and coping strategies. *The Professional Counselor, 11*(1), 46-60. <https://doi.org/10.15241/prp.11.1.46>

**\*Selvaraj. P. R.,** & Bhat, C. S. (2018). Predicting the mental health of college students with psychological capital. *Journal of Mental Health.* 27(3). 279-287. https://doi.org/[10.1080/09638237.2018.1469738](https://doi.org/10.1080/09638237.2018.1469738)

\*Bhat, C. S., Ragan, M. A., **Selvaraj, P. R.,** & Shultz, B. J. (2017). Online bullying among high-school students in India. *International Journal for the Advancement of Counselling*, *39*(2), 112-124. <https://doi.org/10.1007/s10447-017-9286-y>

*Refereed Publications Under Review*

\*Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (*under review*). Foreign-born counselor educators: Profile, strengths, and challenges. Submitted to *International Journal for the Advancement of Counselling.*

Schroeder, K., & **Prasath, P. R.** *(under review).* Animal-Assisted Counseling and Positive Psychological Interventions*.* Submitted to *The Journal of Counseling and Development.*

\*Umucu, E., Grenawalt, T., **Prasath, P.R.,** & Ysasi, N. (*under review).* Mediation Effect of COVID-19 Stress on the Relationship Between PTSD Symptoms and College Adjustment Among Student Veterans. Submitted to *Military Behavioral Health.*

**\*Prasath, P. R.,** Lim, A., & Steen, S. (*under review).* A Support Group for International Students. Submitted to *the Journal of Specialist in Group Work (JSGW).*

\*Panjwani, S.,Manyam, S., **& Prasath, P. R.** *(under review).* Immigration status and quality of life of Asian Indians in the U.S. Submitted to the *Asia Pacific Journal of Counseling*.

**\*Prasath, P. R.,** & Bhat, C. S. (*under review*). Psychological capital and servant leadership of counselors and supervisors. Submitted to *The Journal of Counselor Education and Supervision*.

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Spears, J., & Jackson, K. L. *(under review).* Creativity in the Classroom: A Content Analysisof The Journal of Creativity in Mental Health from 2005 to 2020. Submitted to *The Journal of Creativity in Mental Health*.

*Manuscripts in Preparation*

\*Lorenz, T., **Prasath, P. R.** (*in preparation*). Validation of the revised Compound PsyCap Scale (CPC-12R) and its measurement invariance across the US and Germany. To be submitted to *the Journal of Happiness Studies.*

\*Horton, E., Hughes, C., **Prasath, P. R.,** & Lloyd-Hazlett, J. (*in preparation*). The influence of counseling student epistemology on students’ experience of semester-long family counseling role-play. To be submitted to the *The Journal of Counselor Education and Supervision.*

**Prasath, P. R. &** Steen, S. *(in preparation).* A Group Counseling Intervention for African American Boys in Elementary Students: Providing Support for Transitioning to 4th Grade. To be submitted to the *The Journal of Creativity in Mental Health*.

\***Prasath, P. R.,** Xiong, Y.,Zhang, Q., & Jeon, L. (*in preparation*). Psychological capital, PERMA wellbeing, and psychological distress of international students during COVID-19. To be submitted to the *The Journal of Mental Health Counseling*.

\*Xiong, Y., **Prasath, P. R.,** Zhang, Q., & Jeon, L. (*in preparation*). Discrimination, depression, anxiety, and stress of international students during COVID-19. To be submitted to the *The Journal of College Student Health*.

*Manuscripts in Analysis and Data Collection Stage*

**\*Prasath, P. R.,** Bhat, C. S., & Manyam, S. (*in progress*). Psychological distress, wellbeing, and marital satisfaction of Asian Indians in the USA on H1B and H4 visas. To be submitted to the *The Journal of Multicultural Counseling and Development.*

**\*Prasath, P. R.** (*in progress*). Wellbeing and character strengths of college students in the USA. To be submitted to the *The Journal of College Counseling.*

*Book*

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015) *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

*Peer-Reviewed Book Chapters and Encyclopedia Articles*

**Prasath, P. R.,** & Copeland, L.(2021**).** Rationale and Benefits of Using Expressive Art Techniques in Supervision. *In Techniques and Interventions for Play Therapy and Clinical Supervision.* IGI Global Publications. 17-37.

**Prasath, P. R.,** Gregory, J., Maghsoudi, M., Gonzalez, S. S., & Morris, C. (2021). Theoretical Approaches and Modalities Used With Children and Adolescents. In *the Child and Adolescent Counseling: An Integrated Approach* edited by Jones, B., and Durodoye, B. A. Springer Publications.

**Selvaraj, P. R.,** & Bhat, C. (2017). Positive psychology. In J. Carlson & S. Dermer (Eds.), *The sage encyclopedia of marriage, family, and couples counseling* (Vol. 3, pp. 1265-1266). SAGE Publications, Inc doi: 10.4135/9781483369532.n381

Selvaraj, J., & **Selvaraj, P.** **R.** (2017). Parenting education. In J. Carlson & S. Dermer (Eds.), *The sage encyclopedia of marriage, family, and couples counseling* (Vol. 3, pp. 1235-1236). SAGE Publications, Inc doi: 10.4135/9781483369532.n371

**Selvaraj, P. R.** (2016). Same-Sex Sexuality in Indian Context. *The Encyclopedia of Gender and Sexuality*. Wiley Publications.

Jackson, K. L., & **Selvaraj, P. R.** (2015). Sink or Swim. In *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Selvaraj, P. R.,** & Selvaraj, J. L. (2015). Re-defining Self. *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.* Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

**Scholarly Presentations**

*International – Refereed Contributions*

**Selvaraj, P. R.,** & Ajitha, C. P. (February 28-29, 2012). Sexual Abuse via Internet, Emphasizing the Role of Parents*.* *International Seminar on Psycho-Social factors in Child Sexual Abuse*. Sri Kanyaka Parameshwari Arts & Science College for Women. Chennai, India.

Kemilt & **Selvaraj, P. R.** (February 4-6, 2011). Emotional Competence in Working and Non-Working Women: A Correlational Study. *The 46th National and 15th International Conference of Indian Academy of Applied Psychology (IAAP).* Life Skills for Quality of Life. Mysore, India.

*National - Refereed Contributions*

**Prasath, P. R.,** & Bhat, C. S. (Feb 2022). Psychological capital development group training. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

Bhat, C. S., & **Prasath, P. R.** (Feb 2022). Online Experiential Training Groups: A Guide to Planning, Facilitating, and Supervising. *Association of Specialist in Group Work (ASGW) Conference* at Jacksonville, FL.

\*Interiano-Shiverdecker, C. G., **Prasath, P. R.,** & Aksoy Eren, R. N. (October 7, 2021). Foreign-born Counselor Educators Profile Strengths and Challenges. *ACES 2021 conference* in Atlanta, GA.

**Prasath, P. R.,** Chandrika Prasanna Kumaran, A., Jackson, K. L., & Spears, J. (October 10, 2021). Creativity in the Classroom: A Systematic Content Analysis of the Journal of Creativity in Mental Health. *ACES 2021 conference* in Atlanta, GA.

Chandrika Prasanna Kumaran, A., **Prasath, P. R.,** Oyeniyi, O., & Therthani, S. (June 25, 2020). Panel Discussion on Job Search and Beyond: International Counselor Educators. *Association for Multicultural Counseling and Development* (AMCD) Virtual Conference.

**Prasath, P. R.** & Jackson, K. L. (Jan 29-Feb 1, 2020). Mindful Photography: Creative Intervention for Promoting Self-Care among Latinx Youth. *Association of Specialist in Group Work (ASGW) Conference* at Puerto Rico. Presented on Jan 30, 2020.

**Prasath, P.R.** & Jackson, K. L. **(**Oct 10-13, 2019). Mindful Photography: Creative Intervention for Promoting Self-Care among Counselor Education Students. *ACES Conference at Seattle*, WA.

**\*Selvaraj, P. R.**, & Shaw, J. (Mar 21-23, 2019). Relationship between Compassion and Post-Critical Beliefs of Individuals; *Christian Association of Psychological Studies conference*, Dallas. (Collaborated with student)

\*Grover, J, Tidwell, E., Rozeboom, D., Swenson, J. E., **Selvaraj, P. R.** & Copeland, L. (Mar 21-23, 2019). The Relationship between Personality Traits and Post-Critical Beliefs; *Christian Association of Psychological Studies conference*, Dallas. (Collaborated with students)

**Selvaraj, P. R.,** & Pillay, Y. (June 12-14, 2014). Proposing a Creative New Model Called the "Solution-Focused Brief Recall Process" (SFBRP) of Supervision. *Interdisciplinary Supervision conference.* Adelphi University. New York.

**Selvaraj, P. R.,** & Jackson, K. L. (Feb 1-3, 2018). New to Teaching Group Course? 90 min Pit-Stop to Acquire Creative Teaching. Roundtable presentation; 2018 *Association of Specialist in Group Work* (ASGW) Conference, Savannah.

\*Cave, Z., & **Selvaraj, P. R**. (2018). Enhancing LGBT+ Competency in Counselors, Educators, and Supervisors: What You Can Do for Underserved LGBT+ Clients. *Bi-annual* *Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling* (*ALGBTIC)* *Conference.* Portland, Oregon. (Collaborated with student)

**\*Selvaraj, P. R.,** Lim, A. Cave, T., Cave, T., & (Feb 1-3, 2018). International Students' Group Using Positive Psychology Interventions. Oral presentation at 2018 *Association of Specialist in Group Work* (ASGW) Conference, Savannah. (Collaborated with student)

**\*Selvaraj, P. R.** & Bhat, C. S. (March 31-Apr 3, 2016).Psychological Capital: A New Predictor of Mental Health Among College Students*, American Counselors Association* (ACA) conference, at Montreal, Canada.

**\*Selvaraj, P. R.,** & Bhat, C. S. (October 7-11, 2015).Examining the positive psychological capital of adult survivors of childhood trauma among college students. *ACES Conference*. Philadelphia Marriott Downtown, Philadelphia, PA.

**Selvaraj, P. R.,** Jackson, K. L., & Bhat, C. S. (August 6-7, 2015). It's a Family Affair: Assisting Families Flourish through Positive Psychology. *Association For Adult Development And Aging 2015 Annual Conference*. Roosevelt Hotel, NY.

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (March 14, 2015).Therapeutic Groups for Substance Use Disorder: An Experiential Session. *ACA 2015 Conference & Expo*. Orlando, FL.

**Selvaraj, P. R.,** & Bhat, C. S. (September 19-20, 2014). Building Positive Psychological Capital: Addressing the Mental Health and Adjustment Issues of LGBT College Students from a Strengths-Based Perspective. Roundtable presentation at the inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., & **Selvaraj, P. R**. (September 19-20, 2014). It’s Time to Flight- Strategies to Tackle Bullying among LGBTQ Students in Schools. The inaugural *ALGTBIC National Conference*. New Orleans, Louisiana.

Jackson, K. L., **Selvaraj, P. R.,** & Pillay, Y. (October 17-20, 2013). Removing My Foggy Lens: Learning Acceptance of Religious Ideologies through Supervision. *American Counselor Education and Supervision (ACES) Conference*. Denver, Colorado.

*Regional - Refereed Contributions*

Swenson, J. E., **Selvaraj, P. R**., et al. (March 31-April 2, 2017). Mental Health Needs in Rural Big Country Texas. *Southwestern Psychological Association 2017 Conference at* San Antonio, Texas.

**Selvaraj, P. R.** (October 21-24, 2015).Using Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education, the *Annual Meeting of the Mid-Western Educational Research Association* (MWERA), at the Hilton Orrington Hotel, Evanston, Illinois.

**Selvaraj, P. R.,** Bhat, C. S., Machtmes, K., & Ragan, M. (November 12-15, 2014). HERO within Adult Survivors of Childhood Trauma: An Analysis of a Pilot Study. *Mid-Western Educational Research Association (MWERA) conference*. Evanston, Illinois.

*State – Refereed Contributions*

\*Morris, C., & **Prasath, P. R.** (Feb 27 – 28, 2020). Using Mindfulness to Build Positive Relationships and Psychological Well-Being Post Trauma. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference*. Oral paper presentation. (collaboration with student)

**Prasath, P. R.** (Feb 27 – 28, 2020). Enhancement Of Personal And Professional Development Of Supervises Through The Use Of Expressive Arts Modalities. *2020 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* San Antonio. Paper Presentation on Feb 28 1:30 pm.

\*Duffey, M., Villalobos, N., & Morris, C**., Prasath, P. R.** (Feb 27 – 28, 2020). Redefining the Strengths-based Approach to Counseling and Counselor Education*.* 2020 *Texas Association of Counselor Educators and Supervisors* (TACES) Mid-Winter Conference. San Antonio. Poster Presentation on Feb 28 at 9:15 am. (Presentation without authorship; student mentorship)

**Selvaraj, P. R.** (Feb 28-March 1, 2019). Practical Strategies for Integrating the Science and Practice of Positive Psychology into Marriage and Family Counseling: Insights from Research. *2019 Texas Association of Counselor Education and Supervision (TACES*) Mid-Winter Conference. Dallas, Texas

Brewer, J. & **Selvaraj, P. R.** (October 25-27, 2018). The Neuroscience of Psychological Capital and Brain Physiology Based Temperament Constructs for PT. Henry B. Gonzalez Convention Center. *Texas Association of Physical Therapist Conference (TAPT).* San Antonio, TX.

**\*Selvaraj, P. R.,** Lim, A., Cave, Z., Cave, T. (March 1-2, 2018). Evidence-based Creative Approaches in Working with International Students: Group Counseling Implications for Educators and Clinicians. *2018 Texas Association of Counselor Educators and Supervisors (TACES) Mid-Winter Conference.* Austin, TX. (Collaborated with students).

\*Shaw, J., Grover, J., **Selvaraj, P. R.,** & Swenson, J. E. (Nov 17, 2018). The Relationship Between Personality, Post-Critical Beliefs, Belief in Supernatural Entities, Compassion and Religious Orientation. *Annual Texas Psychological Association* (*TPA) conference*, Dallas, TX. (Collaborated with student)

**Selvaraj, P. R.** & Rosenblad, S. (March 2-3, 2017).Building Flourishing Families: Adapting Positive Psychology Techniques as a Best Practice, *Texas Association for counselor Education and Supervision* (TACES) conference, at Austin, TX.

Jackson, K. L., **Selvaraj, P. R.,** Henry, J. S., & Bhat, C. S. (November 6-8, 2013). “Ctrl” + "APP" + “Del”: Troubleshooting Interventions for Internet Crimes. *All Ohio Counselors Conference (AOCC).* Columbus, Ohio.

Bhat, C. S., Kalkan, B., **Selvaraj, P. R.,** & Knowles, D. (November 6-8, 2013). The Role of Pivotal Childhood Memories on Client Views. *All Ohio Counselors Conference (AOCC)*. Columbus, Ohio.

*Local – Invited Contributions*

**Prasath, P. R.** (Jan 13, 2021). Unleashing power of strengths through CliftonStrengths. *COEHD training session for counseling trainees*. COEHD Center for Student Success. UTSA.

\*Prasath, P. R., Spears, J., & Duffey, M. (2020). Unleashing Power of Strengths. *Wellbeing Summit*. November 30, 2020. Online workshop at University of Texas at San Antonio.

\*Grover, J., Tidwell, E., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (April 2019). The relationship of personality traits to supernatural beliefs, religious commitment, and one's willingness to face difficult existential questions. *Texas Tech Undergraduate Research Conference.* (Collaborated with student)

\*Tidwell, E., Grover, J., Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland. L. (2019). The relationship between gender, age, and political affiliation with religious commitment and beliefs. *Abilene Christian University Conference for Undergraduate Research.* (Collaborated with student)

\*Spring 2017. Mentored 8 research projects of undergraduate “Intro to Research Methods” course students. The topics were in the areas of relationship, happiness, optimism, love, forgiveness, altruism, resilience, and gratitude. Presented at *HSSM Research Symposium* at HSU.

**Selvaraj, P. R.** (April 11, 2014). Proposing Creative, Practical, And Positive Interventions for Enhancing Psychological Health and Well-Being Among College Students. *Annual Creativity and Research Expo.* Ohio University. [Awarded First Prize in Division].

**Selvaraj, P. R**. (April 13, 2014). Proposing Creative, Practical, And Positive Interventions for Enhancing Psychological Health and Well-Being Among College Students. *The fourth Annual GEA Conference. Patton College of Education.* Ohio University.

**Selvaraj, P. R.,** & Arora, A. (April 13, 2013). Re-defining Solidarity: A Third World Vision. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (April 13, 2013). Music therapy and Counseling. *The 3rd Annual Graduate Education Association (GEA) Conference.* Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj, P. R**. (April 2, 2013). Interventions for enhancing psychological health and well-being among college students. *International Students Union Research Event.* Ohio University.

Henry, J., Jackson, K. L., & **Selvaraj, P. R**. (February 21, 2013). Barefoot Crusade-Veterans Suicide Awareness. *Youngstown University.* Ohio.

*Non-Refereed Contributions*

**Prasath, P. R.** (Sept, 2020). Guest speaker on *Professional Expereinces as Counselor Educator*. To first year doctoral students. Invited by Dr. Heather Trepal.

**Prasath, P. R.** (May, 2020). Keynote speaker on Department of Counseling Graduation Day. Online.

**Selvaraj, P. R** (July 3, 2019).Guest speaker on “International Group Counseling: Best Practices”. Zoom Lecture in Advanced Group Counseling Course. Invited by Dr. Kendra Jackson at C*ornerstone University*, Grand Rapids.

**Selvaraj, P. R. &** Chendurpandi Subramanian, P. (April 7, 2019). Guest speaker on “Gaining Multicultural Perspective On Indian Cultural Marriage Traditions: Using Story-telling Method” Invited to *2019 Spring Freshman Year Seminar Course at Hardin-Simmons University, Abilene, TX* by Dr. Jana Wesson-Martin.

**Selvaraj, P. R.** (Jan 11, 2019).Guest speaker on “Autobiographical Account of Acculturation Journey: Psychological, Social and Academic Implications”. *International Students Orientation.* Spring 2019, *Hardin-Simmons University, Abilene, TX*

**Selvaraj, P. R.** (August 21, 2018).Guest speaker on “Cultural Acculturation”. *International Students Orientation*. Fall 2018, HSU.

**Selvaraj, P. R**. (July 21, 2018). Guest speaker for 1-day session on “Psychological Wellness and Health”, “Youth with Faith and Sound Mind”, and “Parenting” Workshop. *Seventh Day Adventist Church*, Chennai (India).

**Selvaraj, P. R.** Lim, A., Cave, T. (April 21, 2018). Guest presenters on “Positively International: Implications for Science Faculty & Students”. *HSSM Research Society Meeting*, HSU.

**Selvaraj, P. R**. (March 6, 2018).Guest speaker via YouConnectU; *Group counseling with international population.* Invited by Dr. Kendra Jackson. For Group Counseling Course, Cornerstone Theological Seminary, Michigan.

**Selvaraj, P. R. (**Jan 1, 2018). Panelist, *Cultural Discussion Panel*. International Faculty Represented. Hardin-Simmons University. Abilene, TX.

**Selvaraj, P. R. (**Nov 17, 2017). Guest speaker: UT Arlington, Lutheran Student Center on “culture and psychology: understanding international students’ journey”.

**Selvaraj, P. R. (Nov 8**, 2017). Guest speaker: FYSM Food & Culture Class. Hardin-Simmons University on “Indian Food”.

**Selvaraj, P. R. (**April 7th, 2017). Speaker for “Psychological Research”. HSSM Research Society Meeting, HSU.

**Selvaraj, P. R.** (Jan 9, 2017).Abilene Christian Elementary School, Presented on “India-History, Heritage, Culture, and Practices”.

**Selvaraj, P. R.** (January 19, 2017). Guest lecture, *Indian culture and traditions.* Abilene Christian School.

**Selvaraj,** **P. R.** (March 12-15, 2015). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Orlando, Florida.

**Selvaraj,** **P. R.** (February 27, 2015). Panelist, *The world comes to McCracken: Globalizing the Curriculum through International Students' Eyes.* International students’ panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (August 22, 2014). Panelist, *Sharing Success Stories*. Counselor Education Program Orientation. Patton College of Education. Ohio University, Athens, Ohio.

**Selvaraj,** **P. R.** & AERN Team (March 2014). Presented on *Indian Culture*. Meigs County Schools, Ohio.

**Selvaraj,** **P. R.** (Nov 14, 2013). Panelist, *Education without borders: Books, Botswana & Beyond*. International faculty and student panel discussion. Patton College of Education International Advisory Committee. Ohio University.

**Selvaraj,** **P. R.** (April 10, 2013). Invited Talk, *Homesickness and International Students Life on Campus.* Represented International Students Outreach (ISO) Association. Ohio Program of Intensive English (OPIE). Grover Center. Ohio University.

**Selvaraj,** **P. R.** (March 21-23, 2013). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Cincinnati, Ohio.

**Selvaraj,** **P. R.** (February 1, 2013). Panelist, *Putting the 'WOW' in the International Student Library Experience.* Intercultural Communication Training, Alden Library staff development, invited by Dr. Yea-Wen Chen.

**Selvaraj,** **P. R.** (November 22, 2012*). Close Relationships from a Cultural Perspective*. Undergraduate Class of Human Relations Course. Invited by Kendra Jackson.

**Granting Activities**

2021 *Evaluation of College Students’ Psychological Capital for Promoting Academic Adjustment and Optimal Wellbeing During the COVID-19 Pandemic and Beyond.* ($20,000, PI). Grants for Research Advancement and Transformation (GREAT) program, Office of the Vice President for Research, Economic Development, and Knowledge Enterprise, the University of Texas at San Antonio. Grant FY 2022; Not accepted.

2020 *A Mindfulness-Based Acculturation Group for International Students: A Pilot Study*. ($5,000, PI) College of Education and Human Development Faculty Research Award. the University of Texas at San Antonio. Nov 30, 2020; Awarded.

2020 UTSA Mini-Wellness Grant. COEHD Center for Student Success and Dept of Counseling sponsored wellbeing summit. Fall. Awarded. PI; $1,500.

2020 Leading Emerging and Diverse Scientists to Success (LEADS) Program. The institute for clinical research Education (ICRE). Spring 2020. Not accepted. $2,000.

2020 Mellon Foundation. *Developing and Disseminating Anti-Racist Health Humanities Pedagogies*. Not funded. Grant period: Jan 1, 2021-2024. Research Team member; $4,466,273.

2020 Association for College and University Educators (ACUE) Teaching Fellowship. Accepted.

2020 Grants for Research Advancement and Transformation (GREAT) Grant, titled- *Project SICC Training and Development [Strengths-Integrated Coaching and Counseling program]*. The University of Texas at San Antonio. Grant FY 2020; Not Funded. PI; $20,000

2018 Academic Foundation Grant. Fall. Titled- International Students’ Support Group. Hardin-Simmons University; PI; $2,000.

2017 Cullen Funds- Grant for Travel to American Counselors Association Conference. Spring. Hardin-Simmons University. PI; $1,800.

2016 *Barbara Gazda Scholarship*. Association of Specialist in Group Work. PI; $100.

2015 *Volunteer Scholarship*. Association of Specialist in Group Work (ASGW). For American Counseling Association Conference. $150.

2014 *Travel Award*. Patton College of Education. Association for Lesbian, Gay,

Bisexual and Transgender Issues in Counseling (ALGBTIC) conference, New Orleans, Louisiana. $500.

2014 *Travel Award*. Patton College of Education. Interdisciplinary Supervision

Conference. New York. $500.

2014 *Non-dissertation Research Award*. Patton College of Education, Ohio University. Funded; PI; $1000.

2013 *Travel Award*. Patton College of Education. All Ohio Counselor Conference  
 (AOCC). Columbus, Ohio; $200.

2013 *Travel Award*. Patton College of Education. Association for Counselor Education

And Supervision (ACES) conference. Denver, Colorado; $500.

2013 *Scholarship Recipient.* Association for Specialist in Group Work (ASGW).  
 American Counseling Association conference, Cincinnati, Ohio; $200.

**Teaching Activities**

*Courses Taught:*

The University of Texas at San Antonio

COU 5213 Counseling Theories  
COU 5393 Development: Counseling Skills

COU 5713 Clinical Mental Health Counseling Internship I  
COU 5723 Clinical Mental Health Counseling Internship II  
COU 6153 Career Development & Choice

Hardin-Simmons University

PSYC 1301Introduction to Psychology

COHD 2099 Science of Happiness and Well-being

COHD 6315 Human Growth and Development

PSYC 6305 Advanced Research Methods

CCMF 6304 Basic Skills & Techniques in Counseling

CCMF 6345 Advanced Group Therapy

COHD 6375 Practicum in Counseling I

COHD 6376 Practicum in Counseling II

CCMF 6362 Community Counseling

PSYC 3342 Multicultural Studies

Trinity International University

CO 6510 Human Growth and Development  
 CO 7900 Research Methods  
 CO 6950 Counseling Practicum   
 CO 6130 Group Counseling   
 CP 7961 Internship in Counseling   
 CP 5145 Mental Health Consultation

Ohio University Chillicothe (co-teaching)

EDCE 7245Counseling Children and Adolescents

Ohio University (co-teaching)

EDCE 8520 Advanced Group Counseling  
 EDCE 6550 Counseling Theory and Techniques  
 EDCE 6500 Group Counseling I  
 EDCE 6920 Clinical Practicum

*Dissertation Committees:*

Member

Ashley Morgan- Doctoral Student; UTSA; Title: Quantitative Study on Systems Approach in Clinical Counseling Programs; Pre-proposal completed Summer 2020; Chair: Dr. Duffey

Emily Horton – Doctoral students; UTSA; Proposal completed. Chair: Dr. Jessica Lloyd-Hazlett

Dhruvi Patel- Doctoral Student; UTSA; Pre-proposal completed. Chair: Dr. Heather Trepal

Bianca D. Goodrum- Doctoral dissertation: *Being Well While Holding Space For Grieving Clients: A Narrative Study;* Defended December 19, 2019; Chair: Dr. Lloyd-Hazlett

**Service Activities**

*Departmental Service*

Department Liaison to College of Education and Human Development (COEHD) Center for Student Success

Department Liaison to College of Education and Human Development (COEHD) Leadership Academy

Volunteer for David Legacy Foundation Event (Oct 2019)

*College Service*

College of Education and Human Development, COEHD Technology Committee, UTSA (2020-present)

College of Education and Human Development, COEHD Center for Student Success, Steering Committee (2019-present)

College of Education and Human Development, COEHD Leadership Academy, Steering Committee (2020-present)

*University Service*

Faculty Champion, UTSA (2020 Fall and 2021 Spring)

Library Liaison Committee (2019-2020)

**Previous Service Experience**

*Hardin-Simmons University*

Clinical Faculty Supervisor for Master’s Students (2016-2019)

Primary Chapter Faculty Advisor, Eta Sigma Upsilon, CSI Chapter (2018-2019)

Wallace Prison Visit, Day with the Dad Program (2017)

HSU Department of Counseling CACREP Accreditation Visit Team Member (2016)

Institutional Review Board (IRB), HSU (2018-2019)

Judge for the HSSM Research Conference, HSU (2017 & 2018)

Interviewer for Honors Students Recruiting (2018)

Volunteer at Western Heritage Day, HSU (2018)

Support Group for International Students, HSU (2017-2019)

International Students Orientation, HSU (2017)

*Trinity International Univerisity*

Clinical Faculty Supervisor for Master’s Students, TIU (2015-2016)

Clinical Mental Health Counselor, The Counseling Center, TIU (2015-2016)

Student-Life, TIU (2015-2016)

*Ohio University*

Professional Development Committee Chair, The Alpha Chapter of *Chi Sigma Iota* (2014-2015)

Organized and coordinated Pizza and Proposals, The Alpha Chapter of *Chi Sigma Iota*

(2014-2015)

Nominated and elected as Vice-President of The Alpha Chapter of *Chi Sigma Iota* (2013-2014)

Graduate Assistantship in the Curriculum & Technology Center, Ohio University (2014-2015)

Supervisors Workshop participant, Baker Center, Ohio University (2014)

Title IX & Campus SaVE for Employees, Online self-paced course (2017)

Completed Online Teaching Effectiveness Course, HSU (2016)

International Students’ Faculty Committee, HSU (2016-2019)

Chair & Organizer of Research Conference, Patton College of Education, Ohio University (2015)

Organized Practicum and Internship Fair, Patton College of Education, Ohio University (2014)

Graduate Student Senate, Research Committee, Ohio University

Volunteered at the International Women’s Day Festival, Ohio University (March 17, 2013)

Organized and coordinated the International Student Panel, International Students Outreach (ISO), Ohio University (2013)

The Third Annual Leadership Summit participant, Ohio University (2013)

University co-representor for the Psychology Career, Internship, and Graduate School Fair,

Ohio University (2012)

Volunteered at “S-Talk”, Suicide Prevention Workshop, Ohio University (October 10, 2012)

*India*

Event Management, Cultural Programs, Teresian College, Mysore, India (2008-2012)

Master of Ceremony, Organized and Coordinated Committees, “Essentials of Behavioral Research and Documentation” Conference, Tamil Nadu Association of Clinical Psychologists (TNACP), The Institute of Mental Health, Chennai, India (2012)

HAEDOS- “Understanding and Management of Childhood Disorders” workshop participant, Presidency College, Chennai, India (2012)

President and Senate member, All India Catholic University Federation (AICUF), Tersesian College, Mysore, India (2009-2010)

*Professional Service*

Journal for Creativity in Mental Health  
 Reviewer (2019-2020)

American Counseling Association (ACA)

Conference Attendance (2019)

Ohio University counseling program booth, ACA, 2015)

Conference volunteer (2012- 2014)

Book signing delegate, ACA conference (2016)

Association for Specialists in Group Work (ASGW)

Awards committee chaitperson (2021-2022)

Executive Board Member (2018-2021)

Strategic Communication Specialist; Chairperson for Strategic Communication Committee (2018-2021)

Editor and Reviewer for National Newsletter, *The Group Worker* (2018-2019)

Conference Presentation and Awards Chair (2018-2019)

Awards committee co-chair and reviewer (2018-2020)

Conference committee member (2018)

Conference proposal reviewer (2018)

Conference volunteer (2012-2016)

Association of Counselor Education and Supervision (ACES)

Conference Proposal Reviewer (2015, 2017)

Chi Sigma Iota International

Counselor Community Engagement Committee (CCE) Member (2018-2021)

CFA Training and Conference Attendance (2019)

All Ohio Counselor Conference (AOCC)

Conference volunteer (2014-2014)

Southwest Academy of Management (SWAM)

Conference paper reviewer (2016)

*Other Service*

Professional Counseling Services (Volunteer), New Hope Church, Abilene, TX (2018-2019)

Camp Courage- Hendricks Hospice Care, Abilene, TX (2019)

Fields of Faith, Sweetwater, TX (2018)

Volunteered Multiple Sclerosis Walk, Athens (April 20, 2013)

Volunteered in “The Appalachian Health Summit” Workshop, Athens (September 29, 2012)

Volunteered in “NAMI Walk” for Mental Awareness, Athens (October 20, 2012)

Motivational Speaker- Career presentations as an Intern at Amblee Resort for hotel management and interior decoration (2010)

**Professional Certification and Training**

Credential in effective college instruction. ACUE (2021)

Accelerated Gallup Strengths Coaching Training Program Participant (2020)

Completed Quality Matters Rubrics Course (2020)

*CACREP Self-Study Training*, at American Association of Christian Counseling, Nashville, TN (2015)

Certified Crime Victim Advocate, Regional Victim Crime Center, Abilene, TX, (2018-2019)

Completed online “GG101x: The Science of Happiness”, University of California Berkeley

Certificate of Achievement for completing the Top 10 Security Awareness Fundamentals (2017)

Completed Transaction Analysis 101 Course, Bharathiar University, India (2011)

Participant in Human Rights Education workshop, SACC and the International Association for Religious Freedom, Mysore & IARF Mysore Branch, India (2009)

Diploma in Computer Application, Council of Education and Training, Mysore, India (2008-2009)

**Professional Memberships**

*American Counseling Association,* (2012-current)

*Association for Counselor Education and Supervision*, (2012-current)

*Association for Specialists in Group Work,* (2012-current)

*Southern Association of Counselor education and supervision* (SACES), (2017-current)

*Association for Creativity in Counseling* (ACC) (2018-2020)

*Texas Counselors Association* (2017-2020)

*Texas Association for Counselor Education and Supervision*, (2017-2020)

*Chi Sigma Iota* (past: Alpha chapter; Now: Eta Sigma Upsilon) (2013-2020)

*Ohio Counseling Association* (2012-2015)

Graduate Representative, *Graduate Education Association* (2013, 2014)

*International Student Union & Indian Student Association*, Ohio University (2012-15)

*International Student Outreach* Executive Team, Counseling & Psychological Services (CPS), Ohio University (2012- 2015)