

## Minerva A. Rosales, PhD., LPC, CSC

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### Academic Training

**Doctor of Philosophy**, December 2005

St. Mary's University, San Antonio, Texas

**Areas of Specialization:** Counselor Education and Supervision (**CACREP Accredited**)

Dissertation Topic: *"The Relationship Between Emotional Intelligence and Communication Styles in Middle School Teachers"*

Dissertation Committee Chair: Dr. Robert Babcock

**Master of Arts**, December 2000

Texas A&M International University, Laredo, Texas

Major: Counseling Psychology

**\*Bachelor of Arts**, December 1997

Texas A&M International University, Laredo, Texas

Major: Psychology & Political Science

Minor: Sociology

\*Summa Cum Laude

### Professional Certifications & Licenses

**Texas Licensed Professional Counselor (LPC-S) License #74358**

**Texas Certified School Counselor (PK-12)**

**Texas Certified Classroom Teacher**

Elementary Bilingual/ESL Spanish (Grades 1- 8)

Elementary Self-Contained (Grades 1- 8)

### Higher Education Teaching Experience

## **UTSA Adjunct University Professor since 2006**

### **Practicum in Counseling**

Fall 2021 (2 courses), Fall, 2019, Spring 2019, Fall 2018 (2 courses), Summer 2018, Fall 2017, Summer 2016, Summer 2015, Summer 2014, Summer 2013, Spring 2013, Summer 2012, Spring 2012, Fall 2006

University of Texas at San Antonio (UTSA)

San Antonio, Texas

#### **■ 5683 Practicum in Counseling**

Students must apply for permission to enroll one semester in advance by completing the appropriate form and supplying evidence of readiness and fitness to practice counseling. Supervise graduate level student's practicum experience and field work.

## **UTSA Adjunct University Professor**

### **Career Development and Choice**

Spring 2018 (Hybrid), Summer 2015, Summer 2014

University of Texas at San Antonio (UTSA)

San Antonio, Texas

#### **■ COU 6153 Career Development and Choice**

A study of theories of occupational choice and career development and their application to the guidance and counseling process. Identification and utilization of various types of occupational information and resources in counseling interviews and guidance programs.

## **UTSA Adjunct University Professor**

### **Consultation & Program Evaluation**

Spring 2021, Fall 2020, Spring 2020, Spring 2019, Spring 2018, Fall 2017, Spring 2017, Fall 2016, Spring 2016, Fall 2015, Spring 2015, Fall 2014, Spring 2014

University of Texas at San Antonio (UTSA)

San Antonio, Texas

#### **■ COU 6003 Consultation and Program Evaluation**

Provides a framework for understanding and practicing consultation in a school and/or community setting. Students examine the historical development, major models, and ethical and legal issues related to consultation. Students develop a personal model of consultation and apply theoretical material to case presentations. (May be taken concurrently with COU 5793 School Counseling Internship I.)

## **UTSA Adjunct University Professor**

### **Counseling Theories**

Fall 2015 (Hybrid), Fall 2011, Fall, 2008, Fall 2006

University of Texas at San Antonio (UTSA)

San Antonio, Texas

■ **5213 Counseling Theories**

Major counseling theories and techniques are presented. Students investigate affective, behavioral, and cognitive psychotherapeutic strategies.

**UTSA Adjunct University Professor**

**Ethical and Legal Issues in Counseling**

Fall 2008, Spring 2007

University of Texas at San Antonio (UTSA)

San Antonio, Texas

■ **5113 Ethical and Legal Issues in Counseling**

Explores philosophical precepts on which counseling interventions are based. Examines ethical and legal standards related to professional practice and the impact of personal values on the counseling process.

**UTSA Adjunct University Professor**

**Counseling in a Multicultural Setting**

Summer 2022, Summer 2021, Summer 2020, Summer 2019, Spring 2007

University of Texas at San Antonio (UTSA)

San Antonio, Texas

■ **5283 Counseling in a Multicultural Setting**

A study of major issues of cross-cultural counseling. The impact of diversity (within and between group differences) is examined.

**UTSA Adjunct University Professor**

**Development of Counseling Skills**

Fall 2022, Spring 2021, Spring 2020, Summer 2018, Summer 2017, Spring 2017, Summer 2016, Spring 2015, Fall 2014, Spring 2013, Summer 2012, Spring 2012, Spring 2007

University of Texas at San Antonio (UTSA)

San Antonio, Texas

■ **5393 Development of Counseling Skills**

Focus on sequential learning of counseling skills and their practical application. Counseling sessions are recorded and evaluated.

**UTSA Adjunct University Professor**

**Child & Adolescent Counseling in Systemic Context**

Fall 2007

University of Texas at San Antonio (UTSA)

San Antonio, Texas

### ■ 5253 Child & Adolescent Counseling in Systemic Context

The emotional and behavioral experiences of childhood and adolescence are discussed within the context of school and family. Counseling strategies are presented.

#### **UTSA Adjunct University Professor**

##### **Internship I & II Clinical Mental Health Counseling**

Summer 2022 (twice), Summer 2021 (twice), Spring 2021, Fall 2020, Spring 2020, Summer 2020 (twice), Summer 2019 (twice)

University of Texas at San Antonio (UTSA)

San Antonio, Texas

- Students learn to articulate a conceptualization of client presenting concerns, describe how relational and diverse contextual factors may contribute to presenting problems and demonstrate inclusive communication, as well as the ability to convey the client/student counseling progress. Supervise graduate level student's internship experience and field work.

#### **UTSA Adjunct University Professor**

##### **Intro to School Counseling**

Fall 2022, Fall 2021, Fall 2020

University of Texas at San Antonio (UTSA)

San Antonio, Texas

- Provides orientation for the profession and role of the school counselor, and UTSA's counseling program. Investigates institutional constraints, documentation, and the legal and ethical aspects of school counseling. Examines the Texas Model for Comprehensive School Counseling Programs planning process and its services delivery components as the means for providing program benefits to students, teachers, administrators, parents, and the community. Presents school counselor responsibilities within the model and further articulated in the Texas Evaluation Model for Professional School Counselors, Third Edition (TEMPSC).

## **Professional Experience**

#### **Magnet High School Counselor**

**July 2019-July present**

Communications Art High School

Northside ISD, San Antonio, Texas

- Implement and Manage a Balanced Guidance & Counseling Program
- Provide Individual/Group Counseling services to students (Responsive Services)
- Assess for Crisis and provide immediate intervention using CSSR tool (Responsive Services)
- Teach students the Texas Skill Goals condensed into 4 (Guidance Curriculum)

- Assist and guide students to creating 4-year graduation plans, apply for higher education learning institutions, write letters of recommendations, consult students on credits, etc.... (Individual Planning)
- Attend Professional Development trainings, train staff/faculty, create and maintain school newsletter, advocate and advertise the guidance and counseling staff/services (System Support)

**Middle School Head Counselor**

**June 2009-July 2019**

Rayburn Middle School

Northside ISD, San Antonio, Texas

- Implement and Manage a Balanced Guidance & Counseling Program
- Supervise & Evaluate Counseling Staff Attend Head Counselor meetings and Head Counselor functions when directed
- Put together the Beginning/End of the Year Reports and the Guidance and Counseling Calendar
- Submit Monthly Data within deadlines
- Attend Head Counselor Meetings
- Active Member of the Design Team for Middle School Counselors
- Active Member of the Transition Team for Middle School Counselors
- 8<sup>th</sup> Grade Counselor

**High School Counselor**

**June 2007-June 2009**

John Jay High School

Northside ISD, San Antonio, Texas

- Coordinate for 8<sup>th</sup> grade students to visit John Jay High School
- Coordinate for the High School Counselors to visit 8<sup>th</sup> graders
- Assist students with 4-year Graduation Plans
- Write University and Scholarship letters of recommendation for students
- Provide assistance with CBE, Night School, and Summer School
- Conduct Freshman, Sophomore, Junior, and Senior Conferences and assist with Lab registrations for each grade level
- Attend Financial Aid Night and College Night
- Guide students through Credit Retrieval and Attendance Recover
- Assisted with Summer Institute

**6<sup>th</sup>-8<sup>th</sup> Grade Middle School Counselor**

**July 2004-June 2007**

Sam Rayburn Middle School

Northside ISD, San Antonio, Texas

- Implement the Guidance & Counseling Program and its components
- Coordinate Explore UT for 8<sup>th</sup> grade students to visit The University of Texas at Austin
- Coordinate Career Exploration Activities using Bridges for 8<sup>th</sup> grade students
- Coordinate Magnet High School Visits
- Coordinate UTSA PREP Program to visit students
- Coordinate for 8<sup>th</sup> grade students to visit John Jay High School
- Coordinate for the High School Counselors to visit 8<sup>th</sup> graders
- Coordinate to go visit the Elementary Schools for 5<sup>th</sup> grade Orientation
- Coordinate National Campaign for Rachel's Challenge
- Coordinate Tim Duncan's Character Award Program
- Coordinate Bexar County Peer Mediation Program at campus
- Hold Guidance Curriculum Instruction classes using the skills goals
- Respond to individual issues & crisis
- Conduct small groups using topics of interests to student
- Provide referral sources to outside agencies
- Collaborate with staff/faculty, administrators, and families to enhance the academic success of students
- Coordinate Child Process for students that display learning difficulties

**1<sup>st</sup> Grade Elementary Bilingual Teacher**

July 2002- July 2004

H.K. Williams Elementary  
Edgewood ISD, San Antonio, Texas

**2<sup>nd</sup> Grade Elementary Bilingual Teacher**

July 2000- July 2002

Roosevelt Elementary School  
United ISD, Laredo, Texas

**STAR Counselor,**

March 1998 – July 2000

Servicing Children & Adolescents in  
Need, Inc. (**SCAN, INC.**)  
Funded by TDPRS, Laredo, Texas

- Counseled children & adolescents between the ages of 7-17 who are at-risk of truancy, running away, have family conflicts, and are first time offenders
- Individual and family counseling sessions
- Document sessions and have organized client files

- Meet agency requirements of 80 direct counseling hours per month
- Submit billing statements of clients served
- Crisis intervention, which included being on call 24 hours
- Conduct youth training classes and family parenting classes
- Served LaSalle County area which encompasses Encinal and Cotulla, Texas alongside Webb Country area

## Professional Presentations

- Supervision Observation Feedback: Growth Mindset
  - NISD High School Head Counselors, presented on September 12, 2018
  - NISD Middle School Head Counselors, presented on September 27, 2018
  - NISD Elementary Cluster Leaders Counselors, presented on October 3, 2018
  
- Basic Counseling Skills Presentation,
  - NISD All Counselors In-Service, Staff Development, on October 8, 2018
  - NISD New Counselors Academy, presented on October 16, 2018
  - NISD New Counselors Academy, presented on December 5, 2018

## Affiliations & Recognitions

**American Counseling Association (ACA)**, Member, (Fall 2008 – presently)

**Texas Counseling Association (TCA)**, Member, (Fall 2008 – presently)

**Northside Transition Team**, Member, (Fall 2017-July 2019)

**Northside Middle School Leadership Design Team**, Member, (Fall 2017-July 2019)

**HOA Mentor/Mentee Program**, Mentor, (Fall 2018-July 2020)

**The Boy Who Was Raised as a Dog Book Club**, Member (Fall 2018)

**Chi Sigma Iota**, St. Mary's University Alpha Pi Chapter, Member (Spring 2004)

**Literary Club**, Member, H.K. Williams Elementary (Fall 2003)

**Public Relations Committee**, Member, F.D. Roosevelt Elementary (Fall 2001-Spring 2002)

**Psi Chi National Honor Society Club**, President, Texas A&M International University (Fall 1997)

**Political Science Association**, Treasurer, Texas A&M International University (Fall 1997)

**Psychology/Sociology Club**, Member, Texas A&M International University (Fall 1997)

■ Counselor of the Year Award Recipient, Northside Counseling Association (NCA), (2017-2018)

■ Counselors Reinforcing Excellence for Students in Texas (C.R.E.S.T.) Award Recipients, Texas School Counselor Association, (2016-2017)

■ Recognition Award from Northside Safe & Drug Free for participation in Clinical Supervision, San Antonio, TX (August 2005)

■ Induction Ceremony Award, Chi Sigma Iota, Alpha Pi Chapter, St. Mary's University, San Antonio, TX (April 2004)

■ Graduated Summa Cum Laude, Bachelor of Arts, Texas A&M International University, Laredo, TX (December 1997)

■ Graduated as a member of the Psi Chi National Honor Society Club, Bachelor of Arts, Texas A&M International University, Laredo, TX (December 1997)

■ Graduated as a member of the National Honor Society Club, High School Diploma, United South High School, Laredo, TX (May 1994)

### **Additional Skills**

■ Bilingual: English and Spanish Language

■ Organized, efficient, strong coordination skills