
Priscilla Rose Prasath (Selvaraj), PhD, MBA, MSc, LPC (Texas)

Assistant Professor, Department of Counseling

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Licensed Professional Counselor (TX)- #79135

[Gallup-Certified Strengths Coach](#)

EDUCATIONAL BACKGROUND

- August 2015* Doctor of Philosophy, Counselor Education and Supervision
Ohio University, Athens, Ohio
Dissertation: *Using Positive Psychological Capital to Predict Mental Health of College Students: Implications for Counseling and Higher Education*
(**Chair:** Dr. Christine Suniti Bhat)
- August 2012* Master of Science in Applied Psychology - Specialized in Clinical and Organizational Psychology, Bharathiar University, India
- August 2012* Master of Business Administration – Specialized in Human Resource Management, Bharathiar University, India
- June 2010* Bachelor of Science Majoring in Psychology,
Human Development, and Family Resource Management
Teresian College, University of Mysore, India
- September 2008* Career and Educational Counseling Certification (1 year)
Mother Teresa Women’s University, Kodaikanal, Tamil Nadu, India

PROFESSIONAL EMPLOYMENT HISTORY

- August 2019- Present Assistant Professor, Department of Counseling, *University of Texas at Antonio*, San Antonio, Texas
- July 2016- June 2019 Assistant Professor, *Hardin-Simmons University*, Abilene, Texas
- July 2015- June 2016 Assistant Professor, *Trinity International University*, Illinois
- August 2012- May 2015 Graduate Assistant, *Ohio University*, Athens, Ohio
- December 2011- March 2012 Guest-Lecture Intern, *Institute of Mental Health*, Kilpauk, India

RELEVANT CLINICAL EXPERIENCE

December 2022- Present	Founder and Clinician, <i>Rose Counseling, PLLC</i> , San Antonio, TX
May 2022- July 2022	Clinician, <i>Grit and Grace Counseling Center</i> , San Antonio, TX
October 2017- May 2019	Counselor (Volunteered – Under Supervision), <i>Community-based Non-Profit Organization</i> , Abilene, TX
December 2018- May 2019	Crime Victim Advocate (Volunteered – Under Supervision), <i>Regional Crime Victim Center</i> , Abilene, TX
September 2015- May 2016	Clinical Mental Health Counselor, The Counseling Center, <i>Trinity International University</i> , Deerfield, IL
October 2014- May 2015	Counselor II: Clinical Mental Health Counselor, <i>The Recovery Council</i> , Waverly, OH
May 2014- May 2015	Clinical Mental Health Counselor Intern <i>University of Medical Associates-Family Medicine</i> , Ohio University, OH
December 2011- March 2012	Intern Clinical Psychologist <i>Institute of Mental Health</i> , Kilpauk, Tamil Nadu, India

AWARDS AND HONORS

International/National/State Awards

- 2023 *Texas Counseling Association Research Award, Awardee*
Texas Counseling Association (TCA)
- 2023 *Locke-Paisley Outstanding Mentor Award, Nominee*
Association for Counselor Education and Supervision (ACES)
- 2023 *George E. Hill Memorial Award, Awardee*
Ohio University Counselor Education program
- 2023 *Professional Advancement Award, Awardee*
Association for Specialists in Group Work (ASGW)
- 2023 *Outstanding Counselor Educator Award, Nominee*
Texas Association for Counselor Education and Supervision (TACES)

- 2022 *Locke-Paisley Outstanding Mentor Award, Nominee*
Southern Association for Counselor Education and Supervision (SACES)
- 2021 *Professional Writing Award, Awardee*
Texas Counseling Association (TCA)
- 2021 *Outstanding Teaching Award, Awardee*
Southern Association for Counselor Education and Supervision (SACES)
- 2019 *Locke-Paisley Outstanding Mentor Award, Nominee*
Southern Association for Counselor Education and Supervision (SACES)
- 2013 *Association for Specialist in Group Work (ASGW), Volunteer Scholarship Recipient*
American Counseling Association conference, Cincinnati, Ohio (\$200 awarded)
- 2011 *Fr. John Peter Award, First Prize and the Best Paper Presentation Award*
National Level competition organized by Divyolaya (INDIA)

University Awards

- 2023 *Outstanding Research Award, Awardee*
Sigma Alpha Chi Chapter of Chi Sigma International Iota
University of Texas at San Antonio
- 2023 *Presidential Teaching Excellence Award – Tenure Track, Nominee*
University of Texas at San Antonio
- 2022 *Regents Outstanding Teaching Awards – Nominee*
University of Texas at San Antonio
- 2021 *Presidential Teaching Excellence Award – Tenure Track, Nominee*
University of Texas at San Antonio
- 2018 *Outstanding Academic Advisor*
Hardin-Simmons University
- 2017 *Outstanding Academic Advisor*
Hardin-Simmons University
- 2015 *Annual Creativity Research Expo, First Prize*
Ohio University
- 2014 *Outstanding Research Award, Awardee*
The Alpha Chapter of Chi Sigma Iota

2014 *Donald A. Green Memorial Award, Awardee*
The Patton College of Education, Ohio University (OU)

2014 *Annual Creativity Research Expo, First Prize & Library Expo Award Finalist, OU*

RESEARCH/SCHOLARLY/CREATIVE ACTIVITIES

Research Area

The overarching focus of my research agenda is to augment counselor competence in the promotion of mental health and well-being by leveraging a strengths-based positive psychological lens, spanning three interrelated research pathways: (a) group interventions, (b) training programs and leadership development, and (c) creative and innovative practices.

Research Labs

<u>Strengths and Wellbeing Research Lab (S&W)</u> [Est. 2020] Founder, Lab Director, Faculty Mentor	<u>Counselors Against Sex Trafficking (CAST)</u> <u>Research Lab</u> Affiliate Faculty
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Department of Counseling, COEHD, University of Texas at San Antonio

Refereed Publications

(*denotes student co-author; **denotes data-based manuscript)

[[h-index](#) –10; Total citations (31.01.2024): 406; <https://orcid.org/0000-0003-1045-210X>]

- [JA29] *Spears, J. R., *Duffey, M. E., & **Prasath, P. R.** (in press). *Examining counselor-in-training self-efficacy through a “choose-your-own-adventure” classroom activity.* ** [Accepted January 2024]
- [JA28] **Prasath, P. R.**, & Lorenz, T. (2024). Role of psychological capital and gratitude in the association between stress and well-being among college students in the U.S. *Journal of Counselor Practice*, 14(1), 55-74.
<http://doi.org/10.22229/aws8975025> **
- [JA27] **Prasath, P. R.**, James, J. K., Bhat, C. S., *Samuel, A. R., & Paramasian, M. K. (2023). Psychological capital as a moderator in the relationship between depression, anxiety, stress, and wellbeing among college students in India. *Journal of Asia Pacific Counseling*, 13(2). 1-19.
<http://doi.org/10.18401/2023.13.2.1> ** Impact Factor (2023): 0.4
- [JA26] **Prasath, P. R.**, Bhat, C. S., & Manyam, S. (2023). Psychological distress, wellbeing, and marital satisfaction of Asian Indians in the USA on H-1B and H-4 visas. *International Journal of Advancement in Counselling*. 11:1-19. <https://doi.org/10.1007/s10447-023-09512-5> ** Impact Factor (2022): 1.91

- [JA25] **Prasath, P. R.,** *Lohmar, S., *Rich, W. Z., *Dalan, E. E., & James, J. K. (2023). Mental health disparities among cisgender, transgender, and gender non-conforming college students in the United States. *Journal of Mental Health Counseling, 45*(2), 129–146. <https://doi.org/10.17744/mehc.45.2.03> ** Impact Factor (2021): 0.9
- [JA24] **Prasath, P. R.,** Xiong, Y., & *Zhang, Q. (2023). A practical guide to planning, evaluating, and implementing the Mindfulness-Based Well-being Group for International Students (MBWIS). *Journal of Humanistic Counseling. <https://doi.org/10.1002/johc.12200>* ** Impact Factor (2023): 0.78
- Awarded the *Outstanding Research Award* (2023), Sigma Alpha Chi Chapter, University of Texas at San Antonio
- [JA23] *Zhang, Q., Xiong, Y., **Prasath, P. R.,** & *Byun, S. (2023). The relationship between international students' perceived discrimination and self-reported overall health during COVID-19: Indirect associations through positive emotions and perceived social support. *Journal of International Students, 14*(1). <https://doi.org/10.32674/jis.v14i1.5368> ** Impact Factor (2023): 1.579
- [JA22] Steen, S., & **Prasath, P. R.** (2023). Black doctoral student research participants: A mixed-method systematic literature review. *Counselor Education and Supervision, 62*(2). 1-17. <http://doi.org/10.1002/ceas.12262> ** Impact Factor (2023): 1.90
- [JA21] Xiong, Y., **Prasath, P. R.,** *Zhang, Q., Jeon, L., & Pillay, Y. (2023). Group facilitators' experiences in the Mindfulness-based Wellbeing Group for International Students. *Journal for Specialist in Group Work, 48*(1). <https://doi.org/10.1080/01933922.2022.2158971> ** (2 Citations) Impact Factor (2022): 0.595
- [JA20] **Prasath, P. R.,** Steen, S., & *McVay, K. (2023). A group counseling intervention for African American boys in elementary students: Providing support for transitioning to 4th grade. *Journal of Creativity in Mental Health. <http://doi.org/10.1080/15401383.2023.2166184>* ** (12 Citation) Impact Factor (2022): 1.0
- [JA19] Lorenz, T., Hagitte, L., & **Prasath, P. R.** (2022). Validation of the revised Compound PsyCap Scale (CPC-12R) and its measurement invariance across the US and Germany. *Frontiers in Psychology, 13*:1075031. <http://doi.org/10.3389/fpsyg.2022.1075031> ** Impact Factor (2021): 4.232
- [JA18] Schroeder, K., & **Prasath, P. R.** (2022). Positive psychology and therapy animals: A conceptual integration for counseling practice. *Journal of Mental Health*

Counseling, 44(4), 312–326. <https://doi.org/10.17744/mehc.44.4.03>
Impact Factor (2021): 0.9

- [JA17] Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (2022). Mindfulness-based Wellbeing Group for International Students: A Pilot Study. *Journal of Counseling and Development*, 100(4), 374-385. <http://doi.org/10.1002/jcad.12432> ** (19 citations) Impact Factor (2022): 2.3
- [JA16] **Prasath, P. R.**, Xiong, Y., *Zhang, Q., & Jeon, L. (2022). Self-efficacy development of graduate student leaders in facilitating groups for international students. *International Journal of Group Psychotherapy*. 72(4). 331-357. <https://doi.org/10.1080/00207284.2022.2107529> ** (8 citations) Impact Factor (2022): 0.59
- [JA15] *Horton, E., *Hughes, C., **Prasath, P. R.**, & Lloyd-Hazlett, J. (2022). Students' experience of family counseling role-play with developmental considerations. *Teaching and Supervision in Counseling*, 4(1). <https://doi.org/10.7290/tsc04pn2y> ** (1 Citation) Impact Factor (2022): 1.90
- [JA14] Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (2022). Discrimination, depression, anxiety, and stress of international students during COVID-19. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2022.2059376> ** (13 citations) Impact Factor (2023): 2.395 Impact Factor (2023): 1.579
- [JA13] **Prasath, P. R.**, & Bhat, C. S. (2022). Psychological capital as an antecedent to servant leadership in the counseling profession. *Journal of Counselor Leadership and Advocacy*, 1-15. <http://doi.org/10.1080/2326716X.2022.2036269> ** (4 citations) Impact Factor (2022): 1.16
- [JA12] **Prasath, P. R.**, Xiong, Y., *Zhang, Q., & Jeon, L. (2022). Psychological capital, well-being, and distress of international students. *International Journal of Advancement in Counselling*, 44, 529-549. <https://doi.org/10.1007/s10447-022-09473-1> ** (12 citations) Impact Factor (2022): 1.91
- [JA11] **Prasath, P. R.**, *Lim, A., & Steen, S. (2021). A strengths-based support group for international students: A pilot study. *Journal for Specialist in Group Work*, 47(1). 63-82. <https://doi.org/10.1080/01933922.2021.2000085> ** (7 citations) Impact Factor (2023): 0.603

- [JA10] Interiano-Shiverdecker, C. G., **Prasath, P. R.**, & *Aksoy Eren, R. N. (2021). Foreign-born counselor educators: Profile, strengths, and challenges. *International Journal for the Advancement of Counselling*, 44, 126-144. <https://doi.org/10.1007/s10447-021-09456-8> ** (10 citations) Impact Factor (2021): 1.58
- [JA9] Panjwani, S., Manyam, S., & **Prasath, P. R.** (2021). Immigration status and quality of life of Asian Indians in the U.S. *Asia Pacific Journal of Counseling*, 11(2), 109-124. <http://doi.org/10.18401/2021.11.2.7> ** (3 citations) Impact Factor (2023): 0.4
- [JA8] **Prasath, P. R.**, Chandrika Prasanna Kumaran, A., *Spears, J., & Jackson, K. L. (2021). Creativity in the classroom: A content analysis of The Journal of Creativity in Mental Health from 2005 to 2020. *Journal of Creativity in Mental Health*, 1-22. <https://doi.org/10.1080/15401383.2021.1983493> ** (2 citations) Impact Factor (2022): 1.0
- [JA7] Speedlin, S., Haberstroh, S., Townsend, C., **Prasath, P. R.**, & *McVay, K. (2021). Participatory action research: Strategies for implementation in counseling outcome research. *Journal of Professional Counseling: Practice, Theory & Research*, 1-13. <https://doi.org/10.1080/15566382.2021.1949210> ** Impact Factor (2021): 0.3
- [JA6] **Prasath, P. R.**, Bhat, C. S., Mather, P. C., Foreman, T., & James, J. K. (2021). Well-being, psychological capital, and coping of university employees during the COVID-19 pandemic. *Journal of Professoriate*, 12(1), 1-30. https://caarpweb.org/wp-content/uploads/2021/04/Wellbeing_psychological_capital_Prasath-121.pdf ** (10 citations) Impact Factor (2022): 1.0
- [JA5] **Prasath, P. R.**, *Morris, C., & MacCombs, S. (2021). Mindfulness-Based Strengths Practice (MBSP) group intervention: A systematic review. *Journal of Counselor Practice*, 12(1), 1-23. <https://doi.org/10.22229/asy1212021> ** (10 citations)
- [JA4] **Prasath, P. R.**, Lindinger-Sternart, S., & Duffey, T. (2021). Counselors as organizational leaders: Exploring parallels of servant leadership and professional counseling, *Journal of Counselor Leadership and Advocacy*, 8(2). 1-11. <https://doi.org/10.1080/2326716X.2021.1904460> (13 citations) Impact Factor (2022): 1.16
- Awarded *Professional Writing Award* (2021). Texas Counselors Association (TCA).
- [JA3] **Prasath, P. R.**, Mather, P. C., Bhat, C. S., & James, J. K. (2021). University student well-being during COVID-19: The role of psychological capital

and coping strategies. *The Professional Counselor*, 11(1), 46-60.
<https://doi.org/10.15241/prp.11.1.46> ** (54 citations) Impact Factor
(2023): 1.4

- [JA2] **Selvaraj, P. R.**, & Bhat, C. S. (2018). Predicting the mental health of college students with psychological capital. *Journal of Mental Health*, 27(3). 279-287. <https://doi.org/10.1080/09638237.2018.1469738> ** (136 citations) Impact Factor (2023): 5.7
- [JA1] Bhat, C. S., Ragan, M. A., **Selvaraj, P. R.**, & *Shultz, B. J. (2017). Online bullying among high-school students in India. *International Journal for the Advancement of Counselling*, 39(2), 112-124.
<https://doi.org/10.1007/s10447-017-9286-y> ** (24 citations) Impact Factor (2021): 1.58

Refereed Publications Under Review

- [UR10] *McVay, K., *Cruz, T., *Daou, C., *Reyna-Ortega, G., & **Prasath, P. R.** (2023, under review). *Master's students' experiences working as peer Teaching Assistants in clinical master's skills courses*. [Manuscript submitted for publication] **
- [UR9] Spears, J. R., Romero, D. E., Robertson, D. L., & **Prasath, P. R.** (2024, under review). *Development of neurofeedback training competencies for counselors: A Delphi study*. [Manuscript submitted for publication] **
- [UR8] Morris, C., & **Prasath, P. R.** (2024, under review). *Silent no more: Exploring the effects of Mindfulness-Based Strengths Practice on relationship satisfaction, mindfulness, and well-being in female survivors of military sexual trauma*. [Manuscript submitted for publication] **
- [UR7] *Spears, J. R., *Rich, W. Z., & *Villalobos, N., & **Prasath, P. R.** (2023, under review). *Attending to neuromyths in counselor education by integrating neuro-informed cognitive behavioral therapy course content*. [Manuscript submitted for publication] **
- [UR6] Stevens, M. M., *Strohl, S., Romero, D., Interiano-Shiverdecker, C., & **Prasath, P. R.** (2024, under review). *A phenomenological investigation of research identity among counseling students in a research lab*. [Manuscript submitted for publication] **
- [UR5] *Whiting, W., **Prasath, P. R.**, & Harrichand, J. J. S. (2023, under review). *I see the light: A scoping review on religious individuals' access and use of mental health services*. [Manuscript submitted for publication] **

- [UR4] Bhat, C. S., Lyngdoh, A. C., Stevens, M. M., & **Prasath, P. R.** (2023, under review). *Strengthening counselor professional identity using the framework of the ACA advocacy competencies*. [Manuscript submitted for publication] **
- [UR3] **Prasath, P. R.**, Romero, D. E., Interiano-Shiverdecker, C. G., *Rich, W. Z., & *Whiting, M. (2023, under review). *A scoping review of frameworks and models in treating sex-trafficking clients: Implications for training counselors*. [Manuscript submitted for publication] **
- [UR2] Sahai, S., Singhal, M., Ciby, M. A., & **Prasath, P. R.** (2023, under review). *Does online mindfulness intervention at workplace really make a difference? A systematic review*. [Manuscript submitted for publication] **
- [UR1] Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** (2023, under review). *Research labs in counselor education: Promoting research engagement and identity*. [Manuscript submitted for publication] **

Manuscripts In Progress/Preparation

- [IP4] **Prasath, P. R.**, *Lockhart, J., & *Daou, C. (2023, data analysis). *Reflections on counselor training by professionals with counseling degrees in administrative leadership roles*. **
- [IP3] **Prasath, P. R.**, MacCombs, S., & Bhat, C. S. (2023, writing). *Strategies to promote post-pandemic growth among college students*. **
- [IP2] Selvaraj, J. L., **Prasath, P. R.**, & Spears, J. R. (2024, writing). *Mental health and psychological capital differences among individuals who stutter versus those who don't*. **
- [IP1] **Prasath, P. R.**, Romero, D. E., Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & *Mendoza, L. G. (2023, data analysis). *Post-trauma growth among sex-trafficking survivors in the US: A grounded theory approach*. **

Books – In Preparation and Published

- [BK2] Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** (2022). *Counseling survivors of sex trafficking: A guide to competent practice*. American Counseling Association. [Book in Preparation]
- [BK1] Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015). *Group counselors share their favorite activities for the prevention and treatment of substance use disorder*. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

Book Chapters

- [BC9] **Prasath, P. R.** (in progress; invited). Groups in schools. In *Eradicating the Stigma: Prioritizing Mental Health in PreK-16 Education* edited by Levy and Steen (2024).
- [BC8] Steen, S. & **Prasath, P. R.** (2023). Process observation and technology. In Choudhary, D. D., and McCarthy, C. (ed.). *Fundamentals of Group Process Observation* (1st ed.). Routledge: Taylor and Francis.
- [BC7] **Prasath, P. R.**, *Gregory, J., *Maghsoudi, M., Gonzalez, S. S., & *Morris, C. (2021). Theoretical approaches and modalities used with children and adolescents (p.129-174). In *The Child and Adolescent Counseling: An Integrated Approach* edited by Jones, B., and Durodoye, B. A., Springer Publications. **
- [BC6] **Prasath, P. R.**, & Copeland, L. (2020). Rationale and benefits of using expressive art techniques in supervision (p. 17-37). In *Techniques and Interventions for Play Therapy and Clinical Supervision*. IGI Global Publications. Scopus indexed. (5 citations) <https://www.igi-global.com/gateway/book/244521>
- [BC5] **Selvaraj, P. R.**, & Bhat, C. (2017). Positive psychology. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, and Couples Counseling* (Vol. 3, pp. 1265-1266). SAGE Publications. (33 citations) <https://doi.org/10.4135/9781483369532.n381>
- [BC4] Selvaraj, J., & **Selvaraj, P. R.** (2017). Parenting education. In J. Carlson & S. Dermer (Eds.), *The Sage Encyclopedia of Marriage, Family, And Couples Counseling* (Vol. 3, pp. 1235-1236). SAGE Publications. <https://doi.org/10.4135/9781483369532.n371>
- [BC3] **Selvaraj, P. R.** (2016). Same-sex sexuality in Indian context. In *The Encyclopedia of Gender and Sexuality*. Wiley Publications.
- [BC2] Jackson, K. L., & **Selvaraj, P. R.** (2015). Sink or swim. In *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder*. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000
- [BC1] **Selvaraj, P. R.**, & Selvaraj, J. L. (2015). Re-defining self. *Group Counselors Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder*. Association for Specialists in Group Work (ASGW). ISBN: 9781-55620-356-590000

Published Doctoral Dissertation

Selvaraj, P. R. (2015). *Using positive psychological capital to predict mental health in college students: Implications for counseling and higher education*. [Doctoral dissertation, Ohio University]. http://rave.ohiolink.edu/etdc/view?acc_num=ohiou1430740956 (25 citations)

SCHOLARLY PRESENTATIONS (*presentation with students)

International – Refereed Contributions

Prasath, P. R., & Romero, D. E. (2024, June; Accepted). *Uncovering Post Traumatic Growth Among Survivors of Sex Trafficking: What Counselors Need to Know?* [Poster Presentation]. International Association of Counseling. Naples, Italy.

Prasath, P. R., Interiano-Shiverdecker, C.G., & Romero, D. E., *Rich, W. Z., & *Whiting, M. (2023, March). *A “how-to” training guide for effectively serving sex trafficking clients* [Education session]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Romero, D. E., **Prasath, P. R.,** Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & *Martin, J. (2023, April). *Surviving sex trafficking: A phenomenological study* [Research session]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Xiong, Y. & **Prasath, P. R.** (2023, April). *International students’ perceived discrimination during the COVID-19 pandemic* [Poster session]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Ybanez-Llorente, K., **Prasath, P. R.,** Guth, L., Coombs, A., & Champe, J. (2023, April). *Meeting the needs of marginalized populations through group work- Panel – ASGW invited presentation* (focus on counseling international students) [Invited Panelist]. The American Counseling Association (ACA) Conference and Expo, Toronto, Canada.

Selvaraj, P. R. & Bhat, C. S. (2016, April). *Psychological capital: A new predictor of mental health among college students* [Education session]. American Counseling Association (ACA) Conference and Expo, Montreal, Canada.

Selvaraj, P. R., & Ajitha, C. P. (2012, February). *Sexual abuse via internet, emphasizing the role of parents* [Education session]. International Seminar on Psycho-Social Factors in Child Sexual Abuse. Sri Kanyaka Parameshwari Arts & Science College for Women, Chennai, India.

Kemilt & **Selvaraj, P. R.** (2011, February). *Emotional competence in working and non-working women: A correlational study* [Research session]. The 46th National and 15th International Conference of Indian Academy of Applied Psychology (IAAP). Life Skills for Quality of Life, India.

National - Refereed Contributions

Bhat, C. S. & **Prasath, P. R.** (2023, October 14, accepted). *Developing servant leadership in ourselves and in our students and supervisees* [Roundtable presentation]. Association for Counselor Education and Supervision (ACES). Denver, Colorado.

*Morris, C. & **Prasath, P. R.** (2022, November 3-5). *Exploring the effects of mindfulness-based strengths practice group program in counselor education and supervision* [Roundtable presentation]. Southern Association for Counselor Education and Supervision (SACES) 2022 Conference, Baltimore, MD.

Interiano-Shiverdecker, C.G., Romero, D. E., **Prasath, P. R.**, *Satel, E., *Smith, K., & *Whiting, M. (2022, November 3-5). *Advocating for research labs in counseling programs* [Poster presentation]. Southern Association for Counselor Education and Supervision (SACES). Baltimore, MD.

Prasath, P. R., Prasanna Kumaran, A. J., & *Spears, J. R. (2022, October 17-21). *Creativity + Research = Systematic content analysis to explore creative teaching* [60-min education session]. The American Counseling Association. ACA 2022 Virtual Conference Experience.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., Jeon, L. (2022, October 17-21). *International students' perceived discrimination and psychological distress* [60-min education session]. The American Counseling Association. ACA 2022 Virtual Conference Experience.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., Jeon, L. (2022, October 17-21). *A Mindfulness-Based Acculturation Group for International Students* [60-min education session]. The American Counseling Association. ACA 2022 Virtual Conference Experience.

*Zhang, Q., Xiong, Y., **Prasath, P.**, & *Byun, S. (August 2022). *The relationship between international students' perceived discrimination and overall health: A mediation analysis* [Poster presentation]. Annual meeting of the American Psychological Association Convention, Minneapolis.

Prasath, P. R. & Anandavalli, S. (2022, May 27-28). *Toolbox for servicing Asian-Indian immigrant clients* [Education session]. Association for Humanistic Counseling's (AHC) 2022 Annual Conference. Nashville, Tennessee.

Xiong, Y., **Prasath, P. R.**, *Zhang, Q., & Jeon, L. (2022, April 21-26). *A mindfulness-based acculturation group for international students* [Poster session]. 22 American Educational Research Association (AERA) Annual Meeting. In the Division E - Counseling and Human Development/Division E - Section 1: Counseling. San Diego.

Prasath, P. R. & Bhat, C. S. (2022, March). *Mental health status of college students in US before and during pandemic: Comparative analysis* [Research session]. American Counseling Association. Atlanta, Georgia.

Prasath, P. R., & Bhat, C. S. (2022, February). *Psychological capital development group*

training [Education session]. Association for Specialist in Group Work (ASGW) Conference at Jacksonville, FL.

Jackson, K. L., **Prasath, P. R.**, & *Bhatia, R. (2022, February). *Online experiential training groups: A Guide to planning, facilitating, and supervising* [Education session]. Association for Specialist in Group Work (ASGW) Conference at Jacksonville, FL.

Interiano-Shiverdecker, C. G., **Prasath, P. R.**, & *Aksoy Eren, R. N. (2021, October 7). *Foreign-born counselor educators profile strengths and challenges* [Research session]. Association for Counselor Education and Supervision (ACES) 2021 conference in Atlanta, GA.

Prasath, P. R., Chandrika Prasanna Kumaran, A., Jackson, K. L., & *Spears, J. (2021, October 10). *Creativity in the classroom: A Systematic content analysis of the Journal of Creativity in Mental Health* [Research session]. Association for Counselor Education and Supervision (ACES) 2021 conference in Atlanta, GA.

Chandrika Prasanna Kumaran, A., **Prasath, P. R.**, *Oyenyi, O., & *Therthani, S. (2020, June 25). *Panel discussion on job search and beyond: International counselor educators*. Association for Multicultural Counseling and Development (AMCD) Virtual Conference.

Prasath, P. R. & Jackson, K. L. (2020, January 29-February 1). *Mindful photography: Creative group intervention for promoting self-care among Latinx youth* [Education session]. Association for Specialists in Group Work (ASGW) Conference in Puerto Rico.

Prasath, P. R. & Jackson, K. L. (2019, October 10-13). *Mindful photography: Creative intervention for promoting self-care among counselor education students* [Content session]. Association for Counselor Education and Supervision (ACES) 2019 Conference at Seattle, WA.

Selvaraj, P. R., & *Shaw, J. (2019, March 21-23). *Relationship between compassion and post-critical beliefs of individuals* [Research session]. Christian Association for Psychological Studies Conference, Dallas.

*Grover, J., *Tidwell, E., *Rozeboom, D., Swenson, J. E., **Selvaraj, P. R.** & Copeland, L. (2019, March 21-23). *The relationship between personality traits and post-critical beliefs* [Research session]. Christian Association for Psychological Studies Conference, Dallas.

Selvaraj, P. R., & Pillay, Y. (2014, June 12-14). *Proposing a creative new model called the "Solution-Focused Brief Recall Process" (SFBRP) of Supervision* [Education session]. Interdisciplinary Supervision Conference. Adelphi University. New York.

Selvaraj, P. R., & Jackson, K. L. (2018, Feb 1-3). *New to teaching group course? 90 min pit-stop to acquire creative teaching* [Roundtable presentation]. 2018 Association for Specialists in Group Work (ASGW) Conference, Savannah.

*Cave, Z., & **Selvaraj, P. R.** (2018). *Enhancing LGBT+ competency in counselors, educators,*

and supervisors: What you can do for underserved LGBT+ clients [Education session]. Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) Conference. Portland, Oregon.

Selvaraj, P. R., *Lim, A., *Cave, T., & *Cave, T., (2018, February 1-3). *International students' group using positive psychology interventions* [Research session]. 18 Association for Specialists in Group Work (ASGW) Conference, Savannah.

Bhat, C. S., Pillay, Y., & **Selvaraj, P. R.** (2015, March 14). *Therapeutic groups for substance use disorder: An experiential session* [Education session]. American Counseling Association 2015 Conference & Expo. Orlando, FL.

Selvaraj, P. R., & Bhat, C. S. (2015, October 7-11). *Examining the positive psychological capital of adult survivors of childhood trauma among college students* [Research session]. Association for Counselor Education and Supervision (ACES) Philadelphia Marriott Downtown, Philadelphia, PA.

Selvaraj, P. R., Jackson, K. L., & Bhat, C. S. (2015, August 6-7). *It's a family affair: Assisting families flourish through positive psychology* [Education session]. Association For Adult Development And Aging (AADA) 2015 Annual Conference. Roosevelt Hotel, NY.

Selvaraj, P. R., & Bhat, C. S. (2014, September 19-20). *Building positive psychological capital: addressing the mental health and adjustment issues of LGBT college students from a strengths-based perspective* [Roundtable presentation]. ALGTBIC National Conference. New Orleans, Louisiana.

Jackson, K. L., & **Selvaraj, P. R.** (2014, September 19-20). *It's time to flight- strategies to tackle bullying among LGBTQ students in schools* [Education session]. The inaugural ALGTBIC National Conference. New Orleans, Louisiana.

Jackson, K. L., **Selvaraj, P. R.,** & Pillay, Y. (2013, October 17-20). *Removing my foggy lens: Learning acceptance of religious ideologies through supervision* [Education session]. Association for Counselor Education and Supervision (ACES) Conference. Denver, Colorado.

State and Regional–Refereed Contributions

*Spears, J. R., *Rich, W., *Villalobos, N., *Ray, W., & **Prasath, P. R.** (2023, accepted). *Mitigation of neuromyths in counselors-in-training through a neuro-informed classroom lecture* [Poster presentation]. Texas Counseling Association Professional Development Conference, Houston, TX.

Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** (2023, November 2, accepted). *Sex trafficking: What is it? Where do I start?* [90-minute Workshop]. Texas Counseling Association 2023 Professional Growth Conference, Houston, TX, United States.

Romero, D. E., *Daou, C., & *Martin, J., & **Prasath, P. R.** (2023, November 2, accepted). *Maintaining wellness when working with complex trauma: Considerations for the*

master's clinical experience [Poster presentation]. Texas Counseling Association 2023 Professional Growth Conference, Houston, TX, United States.

Prasath, P. R., *Lockhart, J., & *Daou, C. (2023, March 3). *Perceptions on counselor training: Voices of professionals with counseling degrees in administrative leadership roles outside of traditional counseling settings* [Oral Presentation]. Texas Association for Counselor Education and Supervision Conference, Georgetown, Texas.

Prasath, P. R., & *Reyna-Ortega, G. (2023, March 3). *El HERO que lleva dentro? Translation and validation of the Spanish version of the revised compound PsyCap scale (CPC-12R)* [Poster Presentation]. Texas Association for Counselor Education and Supervision Conference, Georgetown, Texas.

*Spears, J. R., *Duffey, M., *Daou, C., & **Prasath, P. R.** (2023, March 3). *It depends: Examining student self-efficacy through a 'choose-your-own-adventure' classroom activity* [Poster Presentation]. Texas Association for Counselor Education and Supervision Conference, Georgetown, Texas.

*Spears, J. R., *Duffey, M., & **Prasath, P. R.** (2022). *Two paths diverged: Using a 'choose-your-own-adventure' activity to increase student self-efficacy* [Poster Presentation]. Texas Counseling Association Professional Development Conference, Dallas, Texas.

Prasath, P. R., Chandrika Prasanna Kumaran, A., Jackson, K. L., & *Spears, J. (2021, November 4). *Creativity in the classroom: A systematic content analysis of the Journal of Creativity in Mental Health* [Research session]. Texas Counseling Association (TCA) 2021 conference in Galveston, GA.

Prasath, P. R., *Spears, J., & *Duffey, M. (2020, November 30). *Unleashing Power of Strengths*. Wellbeing Summit. Online workshop at the UTSA.

*Morris, C., & **Prasath, P. R.** (2020, February 27-28). *Using mindfulness to build positive relationships and psychological well-being post trauma* [Roundtable session]. 2020 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference. Oral paper presentation. SA, TX.

Prasath, P. R. (2020, February 27-28). *Enhancement of personal and professional development of supervisors through the use of expressive arts modalities* [Paper presentation]. 2020 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference. San Antonio.

*Duffey, M., *Villalobos, N., & *Morris, C. (2020, February 27-28). *Redefining the strengths-based approach to counseling and counselor education* [Poster presentation]. 2020 Texas Association for Counselor Educators and Supervisors (TACES) Mid-Winter Conference. San Antonio. (Presentation without authorship; student mentorship)

*Grover, J., *Tidwell, E., *Sucrese, A., Swenson, J. E., **Selvaraj, P. R.,** & Copeland, L. (2019, April). *The relationship of personality traits to supernatural beliefs, religious*

commitment, and one's willingness to face difficult existential questions [Research session]. Texas Tech Undergraduate Research Conference.

*Tidwell, E., *Grover, J., *Sucrese, A., Swenson, J. E., **Selvaraj, P. R.**, & Copeland, L. (2019). *The relationship between gender, age, and political affiliation with religious commitment and beliefs* [Research session]. Abilene Christian University Conference for Undergraduate Research.

Selvaraj, P. R. (2019, February 28-March 1). *Practical Strategies for Integrating the Science and Practice of Positive Psychology into Marriage and Family Counseling: Insights from Research* [Education session]. 2019 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference. Dallas, Texas

Brewer, J. & **Selvaraj, P. R.** (2018, October 25-27). *The Neuroscience of psychological capital and brain physiology-based temperament constructs for PT. Henry B. Gonzalez Convention Center* [Education session]. Texas Association for Physical Therapists Conference (TAPT). San Antonio, TX.

Selvaraj, P. R., *Lim, A., *Cave, Z., & *Cave, T. (2018, March 1-2). *Evidence-based creative approaches in working with international students: Group counseling implications for educators and clinicians* [Research session]. 2018 Texas Association for Counselor Education and Supervision (TACES) Mid-Winter Conference. Austin, TX.

Spring 2017. Mentored 8 research projects of undergraduate "Intro to Research Methods" course students. The topics were in the areas of relationships, happiness, optimism, love, forgiveness, altruism, resilience, and gratitude. Presented at HSSM Research Symposium at HSU.

*Shaw, J., *Grover, J., **Selvaraj, P. R.**, & Swenson, J. E. (2018, November 17). *The Relationship Between Personality, Post-Critical Beliefs, Belief in Supernatural Entities, Compassion and Religious Orientation* [Research session]. Annual Texas Psychological Association (TPA) conference, Dallas, TX.

Selvaraj, P. R. & Rosenblad, S. (2017, March 2-3). *Building flourishing families: Adapting positive psychology techniques as a best practice* [Roundtable session]. Texas Association for Counselor Education and Supervision (TACES) conference, Austin, TX.

Swenson, J. E., **Selvaraj, P. R.**, et al. (2017, March 31-April 2). *Mental health needs in rural big country Texas* [Poster session]. Southwestern Psychological Association 2017 Conference at San Antonio, Texas.

Selvaraj, P. R. (2015, October 21-24). *Using psychological capital to predict mental health of college students: Implications for counseling and higher education* [Research session]. Annual Meeting of the Mid-Western Educational Research Association (MWER), Evanston, Illinois.

Selvaraj, P. R., Bhat, C. S., Machtmes, K., & Ragan, M. (2014, November 12-15). *HERO within adult survivors of childhood trauma: An analysis of a pilot study* [Research session].

Mid-Western Educational Research Association (MWERA) conference. Evanston, Illinois.

Selvaraj, P. R. (2014, April 13). *Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students* [Poster session]. The fourth Annual GEA Conference. Patton College of Education. Ohio University.

Selvaraj, P. R. (2014, April 11). *Proposing creative, practical, and positive interventions for enhancing psychological health and well-being among college students* [Poster session]. Annual Creativity and Research Expo. Ohio University. [Awarded First Prize in Division].

Jackson, K. L., **Selvaraj, P. R.**, Henry, J. S., & Bhat, C. S. (2013, November 6-8). "*Ctrl*" + "*APP*" + "*Del*": *Troubleshooting interventions for internet crimes* [Education session]. All Ohio Counselors Conference (AOCC). Columbus, Ohio.

Bhat, C. S., Kalkan, B., **Selvaraj, P. R.**, & Knowles, D. (2013, November 6-8). *The role of pivotal childhood memories on client views* [Education session]. All Ohio Counselors Conference (AOCC). Columbus, Ohio.

Selvaraj, P. R., & Arora, A. (2013, April 13). *Re-defining solidarity: A third world vision* [Poster session]. The 3rd Annual Graduate Education Association (GEA) Conference. Patton College of Education. Ohio University, Athens, Ohio.

Selvaraj, P. R. (2013, April 13). *Music therapy and Counseling* [Poster session]. The 3rd Annual Graduate Education Association (GEA) Conference. Patton College of Education. Ohio University, Athens, Ohio.

Selvaraj, P. R. (2013, April 2). *Interventions for enhancing psychological health and well-being among college students* [Education session]. International Students Union Research Event. Ohio University.

Henry, J., Jackson, K. L., & **Selvaraj, P. R.** (2013, February 21). *Barefoot Crusade-Veterans Suicide Awareness* [Poster session]. Youngstown University. Ohio.

GRANTING ACTIVITIES (*denotes a student)

UTSA (Fall 2019-present)

Funded

2023 *The Brain Health Institute for TEachers (BRITE)* (Co-PI, \$30,000). Brain Health Consortium- Collaborative Seed Grant. Bonner, E. P., (33.34%), **Prasath, P. R.**, (33.33%), and Wicha, N. (33.33%). 10/02/2023 – 8/1/2024 [Research].

- 2023 *Evaluation of Project Worth's DreamSA Youth Engagement Initiative and Website.* (Co-PI, \$59,993). City of San Antonio Metro Health Project Worth. Meca, A. (50%) & **Prasath, P. R.** (50%). 5/15/2023-11/12/2023. [Research]
- 2023 *UTSA Thrive: A Strengths-Based Approach to Student Success.* (Role- Faculty Research Consultant, \$242,859). Texas Higher Education Coordinating Board Accelerating Student Success Grant (THECB). End date 9/30/2023. [Research].
- 2022 *El HERO que lleva dentro - Validation of the Spanish version of the revised Compound PsyCap Scale (CPC-12R).* INTRA Seed Grant Program. By the Office of the Vice President for Research, Economic Development, and Knowledge Enterprise (VPREDKE). (PI, \$5,000). Oct 1, 2022-July 21, 2023. [Research].
- 2022 Advancing UTSA's National Impact Travel Awards. *American Counselors Association (ACA)* conference. (\$1000). March 2023 [Instructional].
- 2022 VPREDKE Faculty Travel Support Program. *ACA conference*, Toronto. March 2023. (\$1000). [Research].
- 2021 *Counselors Against Sex Trafficking.* (Role: Other Collaborator; \$396,705). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. Romero, D. E. (40%), Interiano-Shiverdecker, C. (40%), **Prasath, P. R.** (20%). [Service].
- 2021 Advancing UTSA's National Impact Travel Awards. *Association for Specialist in Group Work (ASGW)* conference. (\$1500). February 2022. [Instructional].
- 2021 VPREDKE Faculty Travel Support Program. *ASGW conference.* (\$1000). February 2022. Approved but declined. [Research].
- 2020 *A Mindfulness-Based Acculturation Group for International Students: A Pilot Study.* (PI, \$5,000). College of Education and Human Development Faculty Research Award. the University of Texas at San Antonio. Nov 30, 2020. [Research].
- 2020 UTSA Mini-Wellness Grant. (PI, \$1,500). COEHD Center for Student Success and Dept of Counseling sponsored wellbeing summit. [Instructional].

Not Funded

- 2023 *Counselors fight against modern day slavery: A sex trafficking publication project.* (Co-PI, \$247,293). National Endowment for the Humanities (NEH) Collaborative Research Program. Romero, D. E. (34%), Interiano-Shiverdecker, C. G. (33%), & **Prasath, P. R.** (33%). Submitted 11-22-2022. [Research]

- 2023 *Holding out for a HERO: Evaluating the impact of psychological capital development on the mental health, burnout, and work engagement of doctoral students.* **Prasath, P. R.** and *Lockhart, J. R. (PI, \$3000). Association for Counselor Educators and Supervisors (ACES) Research Grant. [Research]
- 2023 *A qualitative exploration of the effectiveness of a pilot sex trafficking training program: Counselor trainees and site supervisors' perspectives.* (PI, \$500). Texas Counselor Educators and Supervisors (TACES) Research Award. **Prasath, P. R.** (34%), Romero, D. E. (33%), Harrichand, J. J. (33%). [Research].
- 2022 *Supporting Scholars in Data and Mathematics at UTSA (DaMath@UTSA).* (Role: Consultant; \$100,000). 2022 National Science Foundation Scholarships for Science, Technology, Engineering, and Mathematics (S-STEM) (Science Discipline) [Service]
- 2021 *Evaluation of College Students' Psychological Capital for Promoting Academic Adjustment and Optimal Wellbeing During the COVID-19 Pandemic and Beyond.* (PI, \$20,000). Grants for Research Advancement and Transformation (GREAT) program, Office of the Vice President for Research, Economic Development, and Knowledge Enterprise, the University of Texas at San Antonio. Grant FY 2022. [Research].
- 2020 Leading Emerging and Diverse Scientists to Success (LEADS) Program. (PI, \$2,000). The Institute for Clinical Research Education (ICRE). Spring 2020.
- 2020 *Project SICC training and development [Strengths-Integrated Coaching and Counseling program].* (PI, \$20,000). Grants for Research Advancement and Transformation (GREAT) Grant FY 2020. The University of Texas at San Antonio. [Research].

Granting Activities Prior to Joining UTSA

- 2018 *International Students' Support Group.* Academic Foundation Grant. Hardin-Simmons University; (PI; \$2,000). [Research].
- 2017 Cullen Funds. (PI; \$1,800). Grant for Travel to American Counselors Association Conference. Hardin-Simmons University. [Research].
- 2016 *Barbara Gazda Scholarship.* Association for Specialists in Group Work. (\$100). [Instructional].
- 2015 *Travel Award.* Patton College of Education. American Counselor Association, Orlando, Florida. (\$300). [Research].

- 2015 *Volunteer Scholarship*. Association for Specialists in Group Work (ASGW). For American Counseling Association Conference. (\$150). [Service].
- 2014 *Travel Award*. Patton College of Education. Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC) conference, New Orleans, Louisiana. (\$500). [Research].
- 2014 *Travel Award*. Patton College of Education. Interdisciplinary Supervision Conference. New York. (\$500). [Research].
- 2014 *Non-dissertation Research Award*. (PI; \$1000). Patton College of Education, Ohio University. [Research].
- 2013 *Travel Award*. Patton College of Education. All Ohio Counselor Conference (AOCC). Columbus, Ohio. (\$200). [Research].
- 2013 *Travel Award*. Patton College of Education. Association for Counselor Education And Supervision (ACES) conference. Denver, Colorado. (\$500). [Research].

TRAINING AND DEVELOPMENT

Prasath, P. R. (2023, August 11). *Strengths based Leadership*. Guest speaker; Student Leadership Summit – Ignite. KLESSE College of Engineering and Integrated Design, UTSA. Invited Presentation by UTSA Center for Student Success.

Romero, D. E., Interiano-Shiverdecker, C. G. & **Prasath, P. R.** (2023, July 22). *Sex trafficking in integrative behavioral health settings*. San Antonio, TX, United States.

Romero, D. E., Interiano-Shiverdecker, C. G. & **Prasath, P. R.** (2023, May). *Counselors against sex trafficking (CAST) training days*. San Antonio, TX.

Interiano-Shiverdecker, C. G., Romero, D. E., **Prasath, P. R.**, McKinnon, A. (2023, April 29). *Sex trafficking workshop*. San Antonio, TX, United States. Sponsored by Counselors Against Sex Trafficking, Sigma Alpha Chi Chapter of CSI, and Comunidad de Consejeros Bilingues.

Prasath, P. R. (2023, April 20). Trainer at the *UTSA Thrive Student Focus Groups Facilitator Training*. Center for Student Success. UTSA.

Prasath, P. R. (2023, January 19). Virtual workshop session for Counselors in Training on *Clifton Strengths Assessment-Session #2*. Center for Student Success, UTSA.

Prasath, P. R. (2023, January 19). Virtual workshop session for Counselors in Training on

Clifton Strengths Assessment-Session #1. Center for Student Success, UTSA.

Romero, D. E., Interiano-Shiverdecker, C. G. & **Prasath, P. R.** (2022, August). Counselors against sex trafficking (CAST) training days. San Antonio, TX, United States.

Prasath, P. R. (2022, August). Lecture on *Module 4- Strengths-based Approaches to Counseling Sex-Trafficking Clients*. Counselors Against Sex Trafficking (CAST) Training Days.

Prasath, P. R. (2022, April 20). Lecture on *Strengths-based Group Work with International Students: How-To Guide*. Southern Oregon University.

Prasath, P. R. (2021, October 15). Workshop session on *Clifton Strengths Assessment. Growing leaders today Workshop-1*. COEHD Leadership Academy. UTSA.

Prasath, P. R. (2021, September 28). Keynote speaker on *COVID-19 Wellbeing and Wellness*. Commerce Department. Association inauguration 2021. Justice Basheer Ahmed Sayeed College for Women, Chennai, India.

Prasath, P. R. (2021, September 21). Guest speaker on *Wellness Workshop*. Sigma Alpha Chi Chapter, UTSA. Chi Sigma Iota.

Prasath, P. R. (2021, January 13). Unleashing power of strengths through CliftonStrengths. *COEHD training session for counseling trainees*. COEHD Center for Student Success.

Selvaraj, P. R. (2018, August 21). *Cultural Acculturation*. International Students Orientation. Fall 2018, HSU.

Selvaraj, P. R. (2018, July 21). Psychological Wellness and Health, Youth with Faith and Sound Mind, and Parenting Workshop. *Seventh Day Adventist Church*, Chennai (India).

Selvaraj, P. R. Lim, A., Cave, T. (2018, April 21). Guest presenters on “Positively International: Implications for Science Faculty & Students.” *HSSM Research Society Meeting*, HSU.

Selvaraj, P. R. (2018, March 6). Guest speaker via YouConnectU; *Group counseling with an international population*. Invited by Dr. Kendra Jackson. For Group Counseling Course, Cornerstone Theological Seminary, Michigan.

Selvaraj, P. R. (2018, January 1). Panelist, *Cultural Discussion Panel*. International Faculty Represented. Hardin-Simmons University. Abilene, TX.

Selvaraj, P. R. (2017, November 17). Guest speaker: UT Arlington, Lutheran Student Center on “culture and psychology: understanding international students’ journey”.

Selvaraj, P. R. (2017, November 8). Guest speaker: FYSM Food & Culture Class. Hardin-Simmons University on “Indian Food”.

Selvaraj, P. R. (2017, April 7). Speaker for “Psychological Research”. HSSM Research Society Meeting, HSU.

Selvaraj, P. R. (2017, January 19). Guest lecture, *Indian culture, and traditions*. Abilene Christian School.

Selvaraj, P. R. (2017, January 9). Abilene Christian Elementary School, Presented on “India-History, Heritage, Culture, and Practices”.

Selvaraj, P. R. (2015, March 12-15). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Florida.

Selvaraj, P. R. (2015, February 27). Panelist, *The world comes to McCracken: Globalizing the Curriculum through International Students' Eyes*. International students’ panel discussion. Patton College of Education International Advisory Committee. Ohio University.

Selvaraj, P. R. (2014, August 22). Panelist, *Sharing Success Stories*. Counselor Education Program Orientation. Patton College of Education. Ohio University, Athens, Ohio.

Selvaraj, P. R. & AERN Team (2014, March). Presented on *Indian Culture*. Meigs County Schools, Ohio.

Selvaraj, P. R. (2013, November 14). Panelist, *Education without borders: Books, Botswana & Beyond*. International faculty and student panel discussion. Patton College of Education International Advisory Committee. Ohio University.

Selvaraj, P. R. (2013, April 10). Invited Talk, *Homesickness and International Students Life on Campus*. Represented International Students Outreach (ISO) Association. Ohio Program of Intensive English (OPIE). Grover Center. Ohio University.

Selvaraj, P. R. (2013, March 21-23). International students’ panelist, *Perspectives of International Students*. American Counseling Association (ACA) conference. Cincinnati, Ohio.

Selvaraj, P. R. (2013, February 1). Panelist, *Putting the 'WOW' in the International Student Library Experience*. Intercultural Communication Training, Alden Library staff development, invited by Dr. Yea-Wen Chen.

Selvaraj, P. R. (2012, November 22). *Close Relationships from a Cultural Perspective*. Undergraduate Class of Human Relations Course. Invited by Kendra Jackson.

MEDIA CONTRIBUTIONS AND HIGHLIGHTS

Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** [Guest Speakers]. (2023, May 25). A call for action: Counselors Against Sex Trafficking. [Audio podcast episode]. In *The Thoughtful Counselor*. <https://concept.paloalto.edu/resources/the-thoughtful-counselor-podcast/a-call-to-action-counselors-against-sex-trafficking>

- Prasath, P. R.** [Guest Speaker]. (2023, January 24). Clinical mental health counseling. [Video podcast episode]. *Prof Talk Podcast*. Host: Alicia Swan and Monica Lawson. <https://www.twitch.tv/videos/1717694958>
- Romero, D. E., Interiano-Shiverdecker, C. G., & **Prasath, P. R.** [Guest Speakers]. (2022, November 17). Counselors against sex trafficking. [Audio podcast episode aired May 25]. In *Voice of Counseling*. American Counseling Association (ACA). <https://acapodcast.libsyn.com/counselors-against-sex-trafficking>
- Vincent, D. (2023, March 22). *UTSA announces nominees for 2023 University Excellence Awards*. UTSA Today. <https://www.utsa.edu/today/2023/03/story/university-excellence-awards-2023.html>
- UTSA COEHD Research [@coehdresch_utsa]. (2022, September 14). *It's that time again! This month we highlight @Dr_PrisPrasath in the Dept. Of Counseling. Read more about what inspires her transdisciplinary work related to multidimensional well-being, including her parents' love for each other, here: https://express.adobe.com/page/ygbyWZtkXm4w/* [Image attached] [Tweet] Twitter (Currently known as X). https://twitter.com/coehdresch_utsa/status/1570034758108778497?s=20
- Hada, S. (2022, August 8). *UTSA Knowledge Enterprise awards annual seed grants to expand faculty research*. UTSA Today. <https://www.utsa.edu/today/2022/08/story/knowledge-enterprise-awards-annual-seed-grants.html>
- Reichert, C. (2021, October 29). *Professor receives two prestigious awards*. UTSA COEHD News. <https://education.utsa.edu/news/2021/prasath-two-awards.html>
- Nazir, M. (2021, September 9). *Counseling professor helps others emerge from pandemic stress*. UTSA Today. <https://www.utsa.edu/today/2021/09/story/prasath-priscilla-helps-others-emerge-from-pandemic-stress.html>
- Prasath, P. R.** [Guest]. (2021, September 14). *Healthy Minute*. WTEL-AM (Black Information Network) Philadelphia. https://app.criticalmention.com/app/#/clip/public/6ddf2e6e-d3af-4670-81aa-448add2b1427?show_sentiment=false (audience: 2.7k)
- Prasath, P. R.** [Guest]. (2021, September 10). *Talk News*. WOAIAM (Newsradio) San Antonio. https://app.criticalmention.com/app/#/clip/public/2330468d-beb0-4b24-9b1e-83f3921146bf?show_sentiment=false (audience: 114.4k)
- Prasath, P. R.** (2021, September 8). *UTSA's Priscilla Prasath on Positive Psychology* [Video]. YouTube. <https://youtu.be/QqY-7ATfOls>
- Vincent, D. (2021, April 6). *University Excellence Awards ceremony and nominees announced*. UTSA Today. <https://www.utsa.edu/today/2021/04/story/university-excellence-awards-nominees-announced.html>
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TEACHING ACTIVITIES

Courses Taught:

The University of Texas at San Antonio

COU 5213	Counseling Theories
COU 5393	Development: Counseling Skills
COU 5713	Clinical Mental Health Counseling Internship I
COU 5723	Clinical Mental Health Counseling Internship II
COU 6153	Career Development and Choice
COU 7213	Advanced Counseling Theories
COU 7893	Advance Research in Counseling and Development (Independent Study)

Hardin-Simmons University

PSYC 1301	Introduction to Psychology
COHD 2099	Science of Happiness and Well-being
COHD 6315	Human Growth and Development
PSYC 6305	Advanced Research Methods
CCMF 6304	Basic Skills & Techniques in Counseling
CCMF 6345	Advanced Group Therapy
COHD 6375	Practicum in Counseling I
COHD 6376	Practicum in Counseling II
CCMF 6362	Community Counseling
PSYC 3342	Multicultural Studies

Trinity International University

CO 6510	Human Growth and Development
CO 7900	Research Methods
CO 6950	Counseling Practicum
CO 6130	Group Counseling
CP 7961	Internship in Counseling
CP 5145	Mental Health Consultation

Ohio University (co-teaching)

EDCE 8520	Advanced Group Counseling
EDCE 6550	Counseling Theory and Techniques
EDCE 6500	Group Counseling I
EDCE 6920	Clinical Practicum
EDCE 7245	Counseling Children and Adolescents [OU Chillicothe]

Student Advising, Mentoring, and Dissertation Committees at UTSA:

Snapshot: Student Advising, Mentoring, and Doctoral Dissertation Committees at UTSA	Number of students
Total number of CMHC master’s advisees (per semester)	Approx. 60
Total number of S&W Research Lab master’s students mentored (Sum 2021-present)	20
Total number of S&W Research Lab doctoral students mentored (Sum 2021-present)	7
Total number of CAST Research Lab master’s students mentored (Fall 2021-present)	1
Total number of CAST Research Lab doctoral students mentored (Fall 2021-present)	2
Total number of doctoral teaching assistants (TAs) mentored (Fall 2019-present)	7
Total number of Graduate Research Assistants mentored (Fall 2019-present)	7
Total number of master’s teaching assistants (TAs) students mentored	13
Total number of doctoral student's dissertation committee member	5
Total number of doctoral student's dissertation committee chair/co-chair	6
Total number of students mentored through independent study	2

Doctoral Dissertation Committees:

Chair and Co-Chair

Crystal Morris (Graduated, December 2022 – Co-chair)

Silent no more: Exploring the effects of mindfulness-based strengths practice on relationship satisfaction, mindfulness, and well-being in female survivors of military sexual trauma.

Ashley King (Graduated, May 2023)

Factors associated with using a family systems perspective by counselors in training during internship.

Justin Lockhart (In progress)

Tatiana Cruz (In progress)

Whitney Z. Rich (In progress)

Mary Whiting (In progress – Co-chair)

Dissertation Committee Member

Bianca Goodrum (Graduated, December 2019)

Being well while holding space for grieving clients: A narrative study

Emily Horton (Graduated, December 2021)

Counselors'-in-training experience of the influence of role-play on learning and development

Katherine McVay (Graduated, May 2023)

Rural Counseling Competencies: A Delphi Study

Ross Spears (Graduated, August 2023)

Development of student neurofeedback learning competencies: A Delphi methods study

Dhruvi Patel (Graduated, August 2023)

A road without a map: An interpretative phenomenological analysis of intentional childlessness in Indian American women

Guest Lectures and Invited Talks in Department, UTSA, and Outside

Prasath, P. R. (2023, April 5). *How to succeed as doctoral student and as a new professional in Counselor Education*. Guest speaker; Doctoral students at Ohio University. Invited by Dr. Christine Suniti Bhat.

Prasath, P. R. (2022, October 27). *Preparing for a Career as a Counselor Educator*. Doctoral Brown Bag CSI, from 1-2 PM. Invited by Madelyn Duffey.

Prasath, P. R. (2022, September). Guest speaker on *Technology and skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

Prasath, P. R. (2021, October 21). Guest speaker on *Technology and skills in teaching*. To doctoral Counselor Education students in UTSA. Invited by Dr. Catherine Somody.

Prasath, P. R. (2020, September). Guest speaker on *Professional Experiences as Counselor Educator*. To first-year doctoral students. Invited by Dr. Heather Trepal.

Prasath, P. R. (2020, May). Keynote speaker on *Department of Counseling Graduation Day*.

Prior to Joining UTSA

Selvaraj, P. R. (2019, July 3). Guest speaker on “*International Group Counseling: Best Practices*”. Zoom Lecture in Advanced Group Counseling Course. Invited by Dr. Kendra Jackson at *Cornerstone University*, Grand Rapids.

Selvaraj, P. R. & Chendurpandi Subramanian, P. (2019, April 7). Guest speaker on “*Gaining Multicultural Perspective On Indian Cultural Marriage Traditions: Using Story-telling Method*” Invited to 2019 Spring Freshman Year Seminar Course at Hardin-Simmons University, Abilene, TX by Dr. Jana Wesson-Martin.

Selvaraj, P. R. (2019, January 11). Guest speaker on “*Autobiographical Account of Acculturation Journey: Psychological, Social and Academic Implications*”. International Students Orientation. Spring 2019, Hardin-Simmons University, Abilene, TX

Professional Development Training and Certification

2021-present	Member, Office of Inclusive Excellence Tenure Track Networking Club
2021	Credential in Effective College Instruction, Teaching Fellowship Association for College and University Educators (ACUE; \$2000)
2021	Innovation Academy, Academic Innovation UTSA (\$1000)
2020	Quality Matters Rubrics Course UTSA (\$1000)
2020	Accelerated Gallup Strengths Coaching Gallup
2020, July 30	Introduction to Panopto Video UTSA Academic Innovation
2020, February 13	Project Management in the Academic World UTSA Research Faculty Development
2020, February 7	NSF Career Panel, Research Faculty Development UTSA Academic Innovation
2020, February 2	Promoting Higher Order Thinking New Faculty Academy Teaching Workshop, UTSA
2020, January 29	Active Learning Techniques New Faculty Academy Teaching Workshop, UTSA
2019, November 26	Research Proposals and Budget Development UTSA Research Faculty Development
2019, November 17	Blackboard Essentials UTSA Academic Innovation
2019, November 10	Are you Teaching Online? Offer Bb Virtual Sessions/Office Hours UTSA Academic Innovation
2019, November 7	Designing an Effective Course New Faculty Academy Teaching Workshop, UTSA

Prior to Joining UTSA

2019	Completed online “GG101x: The Science of Happiness” University of California Berkeley
2018-2019	Certified Crime Victim Advocate, Regional Victim Crime Center Abilene, TX
2015	Council for Accreditation of Counseling & Related Educational Programs [CACREP] Self-Study Training American Association of Christian Counseling, Nashville, TN
2011	Completed Transaction Analysis 101 Course Bharathiar University, India
2008-2009	Diploma- Computer Application, Council of Education and Training Mysore, India

SERVICE ACTIVITIES

DEPARTMENT SERVICE [DEPT OF COUNSELING, UTSA]

Standing Committees

2023-present	Department of Counseling’s Clinical Experience Committee Contributions: Clinical Coordinator and Chair
2022-present	Council for Accreditation of Counseling & Related Educational Programs [CACREP] Committee Chair: Claudia Interiano-Shiverdecker Contributions: Member
2022-present	Clinical Mental Health Counseling Admissions and Scholarship Committee Chair: Catherine Somody Contributions: Member
2022-present	Liaison to Adjunct Faculty Chairs: John Harrichand and Myself Contribution: Co-Coordinator

Ad-Hoc/Appointed Committee Service

Fall 2023-Summer 2024	CMHC Open-Rank Faculty Search Committee Chair: Derek Robertson
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	Contribution: Member
Spring 2023	Course Sequence Committee Chair: Catherine Somody Contributions: Member
Summer 2022	Grades Appeals Committee Chair: Chris Leeth Contributions: Member
2021-present	Fitness to Practice Committee Reviews Chair: Varied Contributions: Member or Chair
2021-2022	Addictions Program Exploratory Committee Chair: Heather Trepal Contributions: Member
2021-present	UTSA Police Department Mental Health Training Chair: Heather Trepal Contribution: Member
2019-2020	David Legacy Foundation Events Chair: Thelma Duffey Contributions: Member

COLLEGE SERVICE [COEHD]

Standing Committees

2022-present	College Academic Policy and Curricula Committee (CAPCC) Chair: John Davis Contributions: Member
2021-2022	COEHD Research and Development (R&D) Committee Chair: Emily Bonner Contributions: Member
2021-2022	COEHD Leadership Academy Chair: Thelma Duffey Contribution: Steering Committee Member
2020-present	COEHD Technology Committee Chair: Martha Sidury Christiansen Contributions: Member

Ad-Hoc/Appointed Committee Service

- 2022-2023 COEHD Strategic Planning Committee
Contribution: Member
- 2019-present Department Liaison to COEHD Center for Student Success
Chair: Norma Guerra
Contributions: Steering Committee Member

UNIVERSITY SERVICE [UTSA]

- 2023-present Internship Advisory Council
Chair: Rachael Miller
Contributions: Member
- 2020-present Faculty Champion
Chair: Marisol Johnson
Contributions: Member
- 2019-present Faculty Library Liaison Committee
Chair: Posie Aagaard
Contributions: Member

PROFESSIONAL SERVICE ACTIVITIES AND LEADERSHIP POSITIONS

(*denotes Leadership Positions)

Association for Specialists in Group Work (ASGW) –
The National Division of American Counseling Association Focused on Group Work

- 2024-2026 *2024 President-Elect, Nominee
Three-year term
- 2022-2025 *Secretary
Elected position; GPC member (voting member)
Executive Advisory Board member of ASGW
Three-year term
- 2021-2022 *Awards Committee, Chair
Appointed position
One year term
- 2018-2021 *Strategic Communication Committee, Chair
Member of Executive Advisory Board member of ASGW (non-
voting member)

Three-year term

2018-2019 Editor and Reviewer for National Newsletter, *The Group Work*
One year term

2018-2020 *Awards Committee Co-Chair
Co-chair: Kendra Jackson
One year term

2012-2016 Conference and Booth Volunteer
ASGW Conferences – Multiple

Chi Sigma Iota International –
Honor Society of Counseling

2018-2021 Counselor Community Engagement Committee (CCE), Member
Chair: Matt Glowiak

Spring 2019 CFA Training, Participant
ACA Conference

Association of Counselor Education and Supervision (ACES)

2015, 2017 Conference Proposal Reviewer

Journal for Creativity in Mental Health

2019-2020 Editorial Review Board Member

American Counseling Association (ACA)

Summer 2023 ACA 2024 Conference Proposal Reviewer

Spring 2015 Exhibition and Booth, Staff
Ohio University Counselor Education and Supervision Program

2013, 2014 ACA Conference Session Volunteer

Previous Service Experience

Hardin-Simmons University

2018-2019 *Chapter Faculty Advisor, Eta Sigma Upsilon, CSI Chapter

2018-2019 Institutional Review Board (IRB)

2018	Interviewer for Honors Students Recruiting
2018	Volunteer at Western Heritage Day
2017-2019	Support Group for International Students
2017-2018	Judge for the HSSM Research Conference
2017	Wallace Prison Visit, Day with the Dad Program
2017	International Students Orientation-Guest Speaker
2017	Title IX & Campus SaVE for Employees
2016-2019	International Students' Faculty Committee
2016	Conference Paper Reviewer, Southwest Academy of Management (SWAM)
2016	HSU Department of Counseling CACREP Accreditation Visit Team Member

Trinity International University

2015-2016	Clinical Mental Health Counselor – Volunteer The Counseling Center
2015-2016	Student-Life

Ohio University

The Alpha Chapter of Chi Sigma Iota

2014-2015	*Professional Development Committee Chair
2013-2014	*Nominated and elected as Vice-President
Ohio Counselor Association	
2014	All Ohio Counselor Conference (AOCC) Volunteer

Patton College of Education

2015	*Chair & Organizer of Research Conference
2014	Organized Practicum and Internship Fair

- 2014 Clinical Internship Supervisors Workshop participant & volunteer
- 2013 Volunteered at the International Women’s Day Festival
- 2013 *Organized and coordinated the International Student Panel International Students Outreach (ISO)
- 2013 The Third Annual Leadership Summit participant
- 2012 Department representative at the Internship & Grad School Fair
- 2012 Volunteered at “S-Talk”, Suicide Prevention Workshop

India

- 2008-2012 Master of Ceremony, Organized and Coordinated Committees; Event Management, Cultural Programs; Teresian College, Mysore and Bharathiar University, Coimbatore
- 2012 “Essentials of Behavioral Research and Documentation” Conference; Tamil Nadu Association of Clinical Psychologists (TNACP); The Institute of Mental Health, Chennai
- 2012 HAEDOS- “Understanding and Management of Childhood Disorders”; Workshop participant, Presidency College, Chennai

Other Service – Community

- 2022 CJCLife Arrow Event, San Antonio
Guest Speaker on Well-being Promotion for Youth
- 2019 Camp Courage Play therapy volunteer facilitator- Hendricks Hospice Care, Abilene, TX
- 2018 Counselor and faculty mentor, Fields of Faith, Sweetwater, TX
- 2013, April 13 Volunteered at Multiple Sclerosis Walk, Athens, OH
- 2012, September 29 Volunteered in The Appalachian Health Summit Workshop Athens, OH
- 2012, October 20 Volunteered in NAMI Walk for Mental Awareness Athens, OH

PROFESSIONAL MEMBERSHIPS

Active Memberships

American Counseling Association (ACA)
Association for Counselor Education and Supervision (ACES)
Association for Specialists in Group Work (ASGW)
Southern Association for Counselor Education and Supervision (SACES)
Texas Counselors Association (TCA)
Texas Association for Counselor Education and Supervision (TACES)
Chi Sigma Iota International (Current Chapter: Sigma Alpha Chi)

Previous Memberships

Association for Creativity in Counseling (ACC) 2019-2021
Chi Sigma Iota International - Alpha chapter (2013-2015)
Chi Sigma Iota International - Eta Sigma Upsilon chapter (2016-2017)
Ohio Counseling Association (OCA) 2012-2015
Graduate Representative, Graduate Education Association 2013-2015
International Student Union & Indian Student Association, Ohio University 2013-2015

Languages Known: English; Tamil; Hindi; Malayalam; Kanada