

CAMERON L. ORTEGA, PhD, LPC-S, LCDC, CRC

Dr. Cameron Ortega, PhD, LPC-S, LCDC, CRC, is a rehabilitation scholar-practitioner with expertise in mental health and addictions counseling, including both substance use and behavioral addictions. She has over 15 years of clinical experience and a PhD in Rehabilitation Counseling from the University of Texas Rio Grande Valley. Dr. Ortega's research and teaching center on the intersection of neurodiversity, addiction, and co-occurring mental health conditions. Her peer-reviewed work spans topics including cannabis use among adults with ADHD, professional attitudes toward treatment approaches, and behavioral addictions. As an educator, Dr. Ortega has developed and taught a wide range of graduate and undergraduate courses in addiction, mental health, and rehabilitation counseling, while also authoring multiple book chapters on substance use and behavioral addictions and serving as editor of texts focused on innovation in counselor education.

EDUCATION

UNIVERSITY OF TEXAS RIO GRANDE VALLEY, Edinburg, TX

December 2022

Doctor of Philosophy in Rehabilitation Counseling (CACREP-accredited)

Dissertation: "Examination of Beliefs in Substance Use Treatment Approaches by Addiction Professionals"

Committee: Dr. Jeong Han Kim (chair), Dr. Bruce Reed, Dr. Saara Grizzell

UNIVERSITY OF TEXAS – PAN AMERICAN, Edinburg, TX

December 2009

Master of Science in Rehabilitation Counseling

UNIVERSITY OF TEXAS – PAN AMERICAN, Edinburg, TX

December 2006

Bachelor of Fine Arts

TEACHING EXPERIENCE

Associate Professor of Practice

UNIVERSITY OF TEXAS SAN ANTONIO

September 2025 - Present

Assistant Professor

UNIVERSITY OF TEXAS RIO GRANDE VALLEY, Edinburg, TX

September 2024–August 2025

- Teach graduate and undergraduate courses in rehabilitation counseling, such as diagnosis, counseling techniques, ethics, multicultural issues, addictions, and case management.
- Develop and refine curricula, including designing new courses, updating syllabi, and ensuring alignment with current best practices and CACREP accreditation standards.
- Mentor and advise master's and PhD students on academic progress, practicum/internship experiences, licensure preparation, and career development.

- Conduct research and scholarship focused on disability, addiction, mental health, and health disparities. Secure external funding through encompassing grant writing, study execution, conference presentations, and peer-reviewed publications.
- Contribute to university service through participation in departmental, college, and university committees.
- Engage with the community and profession through collaborations with local agencies, clinical intern supervision, and participation in state/national organizations.

Courses taught:

- *ADST 2321, Intro to Addiction Studies, 1 course.
- REHS 6340, Advanced Counseling, 1 course.
- *REHS 6385, Couple and Family, 1 course.

Assistant Professor

TRUMAN STATE UNIVERSITY, Kirksville, MO

September 2023– August 2024

- Developed and taught master's level courses in counseling, covering areas such as techniques, ethics, diagnosis, and addiction counseling.
- Assisted with the CACREP accreditation process for a newly established counseling program.
- Contributed to ongoing counseling program development and evaluation.
- Advised graduate students, providing guidance on academic progress and supporting licensure preparation.
- Founding faculty advisor for the student counseling club
- Participated in departmental and university service activities.

Courses taught:

- **COUN 674G, Introduction to Addictions, 2 courses
- **COUN 603G, Assessment and Appraisal
- **COUN 656G, Counseling Skills

Clinical Assistant Professor

UNIVERSITY OF TEXAS RIO GRANDE VALLEY, Edinburg, TX

September 2018 –August 2023

- Developed and taught graduate-level courses in counseling and supervised clinical training experiences.
- Played a lead role in developing and overseeing the university's SRSC Wellness Counseling Clinic, including creating a specialized program offering free mental health services to first responders during the COVID-19 pandemic.
- Oversaw clinical operations and provided administrative supervision for clinicians at the Wellness Center.
- Served on the School Leadership Team, contributing to strategic planning, daily operations, and administrative decision-making for the School of Rehabilitation Services and Counseling.
- Contributed service to the department, college, university, and community through committee work and professional activities.

Courses Taught:

*^xEXAR 2300, Foundations Expressive Arts, 11 courses.
 *EXAR 3300, Expressive Arts Counseling, 1 course.
 *EXAR 4300, Expressive Arts Applications, 1 course.
 *^xEXAR 7320, Modalities - Visual Arts, 2 courses.
 *^xEXAR 7330, Special Populations, 1 course.
 *^xREHS 2321, Intro to Addictions, 5 courses.
 REHS 3303, Case Management I, 3 courses.
 *REHS 3320, Family & Disability, 1 course.
 *^xREHS 3340, Inter Aspect Addiction Stud, 20 courses.
 *REHS 3345, Lifespan & Disability, 2 courses.
 REHS 4303, Case Management II, 2 courses.
 *REHS 4340, Clinical Issue Addiction Study, 4 courses.
 *REHS 6335, Addictions Counseling, 1 course.
 REHS 6340, Advanced Counseling, 1 course.
 *REHS 6375, Psychiatric Rehab, 1 course.
 *REHS 6385, Couple and Family, 4 courses.

* Online Courses

^x Developed Course

CLINICAL EXPERIENCE

Areas of Clinical Expertise

Dr. Cameron Ortega has 15 years of clinical experience treating substance use disorders and co-occurring mental health conditions, as well as behavioral addictions including gambling, internet, and gaming disorders. Her background includes working in outpatient, residential, and academic settings, delivering direct care and clinical supervision. Dr. Ortega utilizes various evidence-based approaches, such as cognitive-behavioral therapy, harm reduction strategies, and trauma-informed care, to effectively support diverse client populations.

Owner/Therapist/Clinical Supervisor

BEND IN THE RIVER COUNSELING, PLLC, Bandera, TX

February 2023 - Present

- Established and managed all operational aspects of a private counseling practice, including business planning, licensing, marketing, client administration, and financial oversight.
- Deliver individual therapy utilizing evidence-based modalities (CBT, ACT, solution-focused) tailored to client needs and preferences.
- Develop collaborative, personalized treatment plans focused on achievable therapeutic goals.
- Provide a safe, non-judgmental, empathetic, and culturally sensitive therapeutic environment to promote client healing and growth.
- Provide individual and group supervision to clinical interns, guiding case conceptualization, treatment planning, and therapeutic interventions.
- Foster a supportive, collaborative learning environment promoting supervisee growth.
- Ensure adherence to ethical/legal standards through review and evaluation of clinical documentation.
- Supervise associate therapists and interns' professional development.

Assistant Clinical Director

PURA VIDA COUNSELING, PLLC, McAllen, TX

February 2012 to August 2018

- Provided regular individual and group clinical supervision, offering case review, feedback, and guidance on therapeutic approaches.
- Supported therapists in managing complex cases and challenging therapeutic situations.
- Ensured clinical team adherence to ethical standards, legal requirements, and client rights.
- Facilitated ongoing training and professional development opportunities to enhance clinical skills and knowledge of best practices.
- Collaborated with management on policy/procedure development and quality improvement initiatives.
- Participated in the hiring, onboarding, and competency assessment of new therapists.
- Fostered a positive, supportive, and collaborative work environment, encouraging open communication and professional growth.
- Addressed and mediated performance issues and conflicts within the clinical team.
- Monitored therapist caseloads to ensure appropriate client care, treatment plan adherence, and timely documentation.
- Contributed to therapist performance evaluations and the center's strategic planning.

Clinical Therapist

HIDALGO COUNTY COMMUNITY SUPERVISION AND CORRECTION DIVISION, Edinburg, TX

June 2010 to February 2012

- Conducted intake assessments and collaborated with clients to develop personalized treatment plans.
- Facilitated individual therapy sessions using evidence-based therapeutic modalities, such as cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and person-centered therapy.
- Led group therapy sessions focusing on topics such as stress management, anxiety reduction, and interpersonal skills development.
- Maintained accurate and confidential client records, documenting progress, goals, and treatment outcomes.
- Practiced active listening and empathetic communication to create a safe and supportive therapeutic environment.
- Participated in case conferences and team meetings to discuss client progress and treatment strategies.

Counseling Internship

NEW BEGINNINGS BEHAVIORAL HEALTH, Edinburg, TX

April 2008 – June 2010

- Provided one-on-one counseling sessions and group counseling to adolescents with substance use disorders.
- Utilized active listening and reflective techniques to help clients explore their feelings and gain insights into their challenges.
- Collaborated with the counseling team to develop and implement workshops and support groups for specific client needs.
- Assisted in crisis intervention and made appropriate referrals to specialized services when necessary.

- Engaged in ongoing professional development through workshops and seminars on various counseling approaches.

LICENSE AND CERTIFICATIONS

Certified Rehabilitation Counselor (2024 - present) will renew in 2029

Licensed Chemical Dependency Counselor (2010 - present) will renew in 2026

Licensed Professional Counselor, Board-approved supervisor (2012 - present) will renew in 2025

PEER-REVIEWED PUBLICATIONS

Peer-Reviewed Articles

Nguyen-Finn, K. L., & **Ortega, C. L.** (2025). Readiness of students in the health professions to serve transgender individuals. *Sociological Imagination*, 60(2), 12-26.

Ortega, C. L., Kim, J. H., Reed, B., and Grizzell, S. (2024). Examination of the attitudes toward substance use treatment approaches by substance use professionals. *Journal of Applied Rehabilitation Counseling*, 55(1). <https://doi.org/10.1891/JARC-2023-0011>

Kim, J. H., Ntinda, K., Townsend, C., Thomas, K., Lee, D., **Ortega, C. L.**, and Yu, J. J., (2023). Multicultural and social justice counselling within the scope of rehabilitation counseling. *Journal of Rehabilitation*. 89(2), 30-40.

Ortega, C. L., & Miller, E. (2020). Comorbid posttraumatic stress and substance use disorders: Treatment guidelines for counselors. *Open Access Journal of Addiction and Psychology*, 3(3), 1-7. <https://doi.org/10.33552/OAJAP.2020.03.00056>

Under Review

Ortega, C. L., Espinoza, L. E., Espinoza, L. E. (2025; under review) Breaking stigmas: Substance use professionals' perspectives of maternal substance use. *Journal of Substance Use and Misuse*. <https://www.tandfonline.com/journals/isum20>

Espinoza, L. E., **Ortega, C. L.**, Espinoza, L. E. (2025; under review). Love, conflict, and consequences: Intimate partner violence victimization, mental health, and recent substance use. *Violence Against Women*. <https://journals.sagepub.com/home/VAW>

In Progress

Ortega, C. L., Espinoza, L. E., Espinoza, L. E. (2025; final edits). The mental health-cannabis nexus: Patterns of use among U.S. adults with depression, anxiety, and ADHD.

Book Chapters

Barnhart, J.**, Reyes, L.**, **Ortega, C. L.** (2025) *Unraveling internet addiction: clinical perspectives, implications, and interventions*. In Johnson, R. and Mwangi, R. (Ed.), *Assessing and treating behavioral addictions*. Hershey, LA: IGI Global. ISBN: pending

Blanco, E., Johnson, R., Mercado, F., **Ortega, C. L.** (2022). *History of substance use in the U.S.*. In Blanco, E., Johnson, R., **Ortega, C. L.**, Mercado, F. (Eds.). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949

- Blanco, E., Johnson, R., **Ortega, C. L.** (2022). *Cannabis*. In Blanco, E., Johnson, R., Ortega, C. L., Mercado, F.. (Eds.). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949
- Ortega, C. L.** (2022). *Opioids*. In Blanco, E., Johnson, R., Ortega, C. L., Mercado, F. (Eds.). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949
- Ortega, C. L.** (2022). *Inhalants*. In Blanco, E., Johnson, R., Ortega, C. L., Mercado, F. (Eds.). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949
- Blanco, E., & **Ortega, C. L.** (2022). *The addiction counseling profession*. In Blanco, E., Johnson, R., Ortega, C. L., Mercado, F. (Eds.). (Eds.). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949

**Student Author

Book/Textbooks

- Bates, D., **Ortega, C. L.** (Eds.) (2024). *Innovative approaches in counselor education for students with disabilities*. IGI Global. ISBN: 9798369333426
- Blanco, E., Johnson, R., **Ortega, C. L.**, Mercado, F. (2022). *Substance use and addiction: How did we get here and how do we recover?*. Dubuque, IA: Great River Learning. ISBN: 9781644968949

GRANTS

Federal Grant Review Service

Grant Reviewer (2023). Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services

Grant Proposals

- Ortega, C.L.** and Finn, K.F (CP) (2025). "*Cannabis Use for Attention Deficit/Hyperactivity Disorder Symptom Management: A Qualitative Study of Reddit Online Forum Narratives (CANN-ADHD)*," Academic Affairs Seed Grant. \$10,000. *Submitted*
- Ortega, C.L.** and Finn, K.F. (Co-PI) (2024). "*Exploring Readiness to Serve Transgender Individuals Among Students in the Health Profession*," ACES Research Grant Award, Association for Counselor Education and Supervision (ACES). \$5,000. *Not funded*.
- Ortega, C.L.** (Primary Author), Reed, B., and Al Rawwad, T. (Co-PIs) (2021). *Access to Minority Mental Health Services in Rural RGV (AMMR)*, Minority Health Research and Education Grant Program (MHGP, Limited Submission), Texas Higher Education Coordinating Board. \$500,000. *Not funded*.

PRESENTATIONS

Ortega, C. L., Finn, K. L. N., (September 7, 2024). *Substance Use Treatment for the LGBTQIA+ Population Panel*, Texas Association of Addiction Professionals Conference in San Antonio, Texas.

- Ortega, C. L., Finn, K. L. N.,** (September 5, 2024). *Understanding the Intersection of Social Inequities of the LGBTQIA+ Population and Substance Use Treatment*, Texas Association of Addiction Professionals Conference, Texas Association of Addiction Professionals in San Antonio, Texas.
- Ortega, C. L., Reed, B.J.,** (2023, June 26). *Harm Reduction: A Step Towards Social Justice*. Association of Recovery in Higher Education, Columbus, OH
- Ortega, C. L.** (2022, January 21). *Self-Care & the Expressive Art*, Texas Rehabilitation Association: Lunch & Learn, Texas Rehabilitation Association, online. State.
- Finn, K., Ortega, C. L.** (2021, October 16). *Expressive Arts Feminist Therapy for Trauma Resolution*, National Rehabilitation Counseling Association Annual Conference. Rebuild, Reconnect, Rejuvenate: Social Justice & Disability Following the Pandemic. National Rehabilitation Counseling Association, online. National
- Chen, R., Ortega, C. L.,** (2021, July). *First-Generation Hispanic College Students: Biculturalism, Familismo, and Alcohol Use*, A New Rehabilitation Paradigm: Beyond "isms" to Equity, National Association of Multicultural Rehabilitation Concerns, online. National
- Livingston, T., Ortega, C. L.,** (2021, April). *Rapid Transition: Examination of the Experiences of Online Teaching for Higher Education Faculty in a Time of COVID-19* [Poster Presentation], Virtual Graduate Student Research Showcase, Graduate College, online. Regional
- Ortega, C. L.,** (2021, March). *Trench Art Therapy: Mask Project*, Trench Art Therapy, University of Texas Veteran Services, Regional.
- Duarte, R**, Ortega, C. L.,** (2020, October 14). *Reducing Anxiety and Depression during the COVID-19 Pandemic*, Horizon Montessori School Parent Meeting, Horizon Montessori School, online. Local
- Grizzell, S., Ortega, C. L.,** (2020, October 9). *Ethical Codes, Applicable Laws, Ethical Violations and Decision Making Models*, Addiction Resource Center Lecture Series, Addiction Resource Center, online. Regional
- Finn, K., Ortega, C. L.,** (2020, August 18). *Standards and Ethics in Telecounseling*. Counseling & Employment Supports: Current Trend School of Rehabilitation Counseling and Services, online. Regional
- Ortega, C. L.,** (2020, June 5). *Standards in Telehealth Provision*, Issues in Counseling Series, School of Rehabilitation and Counseling, online. Regional
- Grizzell, S., Ortega, C. L.,** (2020, April 9). *Ethical Codes, Decision, Dilemmas: What You Need to Know*, Substance Abuse and Behavioral Health Conference, Palmer Drug Abuse Program. Local. (Cancelled due to COVID-19).
- Ortega, C. L., Mercado, F., Palacios, P.,** (2019, December 6). *Perspectives from Community and Child Protective Services on Substance Abuse and Mental Health Issues* [Panel Presentation], Mental Health and Addictions Issues in Child Protection Cases: Fall Stakeholder Seminar. Local
- Ortega, C. L., Gutierrez-Leal, S. J.,** (2019, November 8). *Expressive Arts in the Substance Use Treatment*, Addiction Resource Center, School of Rehabilitation and Counseling. Local
- Ortega, C. L., Gutierrez-Leal, S. J.,** (2019, September 19). *Expressive Arts Interventions for Substance-Use Disorders with Hispanic Populations* [Poster Presentation], The Texas Society for Allied Health Professions, State.
- Ortega, C. L.,** (2018, October 13). *Medication Assisted Treatment and Recovery*, Recovery to Practice Valley Association of Addiction Professionals. Local

**Student Presenter

HONORS AND AWARDS

Terry Hale Addiction Professional of the Year (2023)

Awarded by: Texas Association of Addiction Professionals.

Service and Community Engagement Award (2021)

Awarded by: College of Health Professions; University of Texas Rio Grande Valley

Faculty Excellence in Teaching Innovation – Online Teaching (2021)

Awarded by: College of Health Professions; University of Texas Rio Grande Valley

Academic Excellence Award – PhD (2021)

Awarded By: The School of Rehabilitation Services and Counseling

Faculty Excellence in Teaching Innovation – Online Teaching (2020)

Awarded by: College of Health Professions; University of Texas Rio Grande Valley

PROFESSIONAL AFFILIATIONS

American Society of Addiction Medicine (2024 to present)

American Rehabilitation Counseling Association (2023 to present)

Association for Counselor Education and Supervision (2023 to present)

National Association of Multicultural Rehabilitation Concerns (2021 to present)

Rehabilitation Counselors and Educators Association (2021 to present)

National Rehabilitation Association (2021 to present)

Texas Rehabilitation Association (2021 to present)

National Association of Alcoholism and Drug Abuse Counselors (2018 to present)

Texas Association of Addiction Professionals (2018 to present)

Valley Association of Addiction Professionals (2018 to present)

DEVELOPMENTAL ACTIVITIES

Conference Attendance, "The ASAM 56th Annual Conference; Innovations in Addiction Medicine and Science," American Society of Addiction Medicine, Aurora, Colorado. (April 24, 2025 – April 27, 2025).

Faculty Fellowship, "Research Fellowship, Year 1," University of Texas Rio Grande Valley, College of Health Professions, Edinburg, TX. (October 2024 - Present).

Webinar, "Prompt-Perfect Pedagogy: Empowering Educators with AI," Center for Teaching Excellence. (January 15, 2025).

Webinar, "Finding Funding Opportunities: Strategies and Approaches," SuRE Research Center. (December 9, 2024).

Webinar, "R01, R21 and R03 NIH Funding Opportunities: Pros and Cons," SuRE Resource Center. (November 20, 2024).

Webinar, "COMPASS: Coffee Chat," The Office of Research Enhancement, within the Division of Research, Edinburg, TX, United States. (November 15, 2024).

Webinar, "The Do's and Don'ts of CV Writing," SuRE Research Center. (October 31, 2024).

Conference Attendance, "Texas Association of Addiction Professionals Conference," Texas Association of Addiction Professionals, San Antonio, Texas. (September 5, 2024 - September 7, 2024).

Conference Attendance, "Texas Rehabilitation Association Conference," Texas Rehabilitation Association, San Antonio, Texas. (September 2, 2024 - September 6, 2024).

Workshop, "COLTT - Leveraging Blackboard Technology in Online Courses," Center for Online Teaching and Technology, Edinburg, TX, United States of America. (September 22, 2022).

Conference Attendance, "Texas Association of Addiction Professional Conference," Texas Association of Addiction Professionals, San Antonio, TX, United States. (September 8, 2022 - September 10, 2022).

Conference Attendance, "Innovations in Teaching Conference: "Sharing Ideas, Inspirations, and Insights"," College of Health Professions, Edinburg, TX. (January 28, 2022).

Conference Attendance, "SRSC Counseling and Employment Supports Conference 2021," School of Rehabilitation Services and Counseling. (August 3, 2021 - August 5, 2021).

Conference Attendance, "National Association of Multicultural Rehabilitation Concerns Conference," National Association of Multicultural Rehabilitation Concerns (NAMRC). (July 15, 2021 - July 16, 2021).

Conference Attendance, "ARHE/ARS/ AAPG National Conference," Collegiate Recovery. (June 21, 2021 - June 24, 2021).

Conference Attendance, "Excellence in Online Learning Conference 2021," COLTT. (March 25, 2021 - May 26, 2021).

Workshop, "COLTT - Panopto Advanced," Center for Online Teaching and Technology, Edinburg, TX. (February 1, 2021).

Workshop, "Teaching with iPad Series: Flipping with Keynote," Center for Teaching Excellence (CTE), Edinburg, TX. (September 17, 2020).

Conference Attendance, "Texas Association of Addiction Professionals," TAAP, Austin, TX. (September 10, 2020 - September 12, 2020).

Conference Attendance, "SRSC Counseling & Employment Supports: Current Trends Conference 2020," School of Rehabilitation Counseling and Services, Edinburg, TX. (August 18, 2020 - August 20, 2020).

Workshop, "Accessibility in Online and Remote Courses - A Quick Start," Office Faculty Success and Diversity, Edinburg, TX. (May 17, 2020).

Conference Attendance, "12-Steps," Addiction Resource Center, Edinburg, TX. (April 30, 2020).

Conference Attendance, "Issues In Counseling Series," School of Rehabilitation Services and Counseling, Edinburg, TX. (October 18, 2019).

Conference Attendance, "The Texas Society for Allied Health Professions Conference," The Texas Society for Allied Health Professions Conference, Lubbock, Texas, United States. (September 19, 2019 - September 20, 2019).

Conference Attendance, "TAAP State Conference on Addiction," San Antonio, TX, United states. (September 4, 2019 - September 7, 2019).

Conference Attendance, "Rehabilitation Conference," School of Rehabilitation Counseling and Services, Edinburg, Texas. (July 12, 2019).

Workshop, "Creating A Learner-Centered Syllabus," Center for Teaching Excellence, Edinburg, Texas. (June 20, 2019).

Continuing Education Program, "Substance Abuse and Behavioral Health Conference," Palmer Drug Abuse Program, Edinburg, Texas, United States. (April 12, 2019).

Continuing Education Program, "Issues in Counseling," Rehabilitation Counseling Services, Edinburg, TX, USA. (February 8, 2019).

Workshop, "SATORI Alternative to Managing Aggression," Pura Vida Counseling Services, PLLC, Pharr, Texas, United States of America. (November 9, 2018).

Continuing Education Program, "TTBH 11th Annual Conference," Tropical Texas Behavioral Health, South Padre Island, Texas, United States of America. (October 26, 2018).

Workshop, "Faculty Learning Community (FLC): Dynamic Lecturing Session III," Center For Teaching Excellence, Edinburg, Texas, United States of America. (October 16, 2018).

Continuing Education Program, "Recovery To Practice," Valley Association of Addiction Professionals, Edinburg, Texas, United States of America. (October 13, 2018).

Workshop, "Tools and Strategies to Create a Nice Learning Environment," Center for Teaching Excellence, Edinburg, Texas, United States of America. (October 2, 2018).
Workshop, "Dynamic Lecturing: Capturing Attention and Using Multimedia," Center for Teaching Excellence, Edinburg, Texas, United States of America. (September 25, 2018).
Workshop, "COLTT - Blackboard Ally," Center for Online Learning and Teaching Technology, Edinburg, Texas, United States of America. (September 20, 2018).
Workshop, "COLTT - SoftChalk Cloud," Center for Online Learning and Teaching Technology, Edinburg, Texas, United States of America. (September 19, 2018).
Continuing Education Program, "Motivating Change: MI Skills for Beginners & Experts," Addiction Resource Center, McAllen, Texas, United States of America. (September 14, 2018).
Workshop, "Faculty Learning Community (FLC): Dynamic Lecturing," Center for Teaching Excellence, Edinburg, Texas, United States of America. (September 12, 2018).
Online Training Certificate, "QM Rubric Update Sixth Edition (RU)," Center for Online Learning Teaching Technology, Edinburg, Texas, United States of America. (September 10, 2018)

PROFESSIONAL SERVICE

Department Service

Committee Member, PhD Admission Committee. *(2024 to 2025)*
Committee Member, NTT Guidelines for Promotion. *(2024 to 2025)*
Chair, Tenure Track Search. *(2023 to 2024)*
Committee Member, Tenure Track Search Committee *(2023 to 2024)*
Chair, Non-Tenure Track Annual Review Committee. *(2019 to 2023)*
Committee Member, Online Teaching Committee. *(2020 to 2023)*
Clinical Director, SRSC Wellness Counseling Clinic. *(2019 to 2023)*
Faculty Advisor, Aspiring Substance Abuse Professionals. *(2019 to 2021)*
Committee Member, Expanded School Leadership Team. *(2020 to 2021)*
Committee Member, Rehabilitation Conference Planning. *(2020 to 2021)*
Committee Member, BS in Addiction Tenure-Track Search. *(2019 to 2020)*

College Service

Committee Member, COHP Faculty Evaluation Committee. *(2021 to 2023)*
Committee Member, Innovations in Teaching Committee *(2021 to 2023)*

University Service

Committee Member, Student Fees Advisory Committee. (SFAC). *(2024-2025)*.

Clinical Service

Program Coordinator, The Wellness Project. *(2020 to 2021)*
Therapist, University Counseling Center. *(2019 to 2020)*

Professional Service

Board of Directors, Texas Rehabilitation Association. *(2021 to present)*
Board of Directors, Palmer Drug Abuse Program of McAllen. *(2019 to 2024)*
Board of Directors, Texas Association of Addiction Professionals. *(2020 to 2023)*