Gretchen Eckhardt McLain

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# Education

**PhD** University of Texas at San Antonio, Counselor Education and Supervision December 2021

**MA** Stephen F. Austin State University, School Counseling May 2005

**BS** Stephen F. Austin State University, Human Sciences August 1998

# Certifications

* School Counselor, (Grades EC-12), September 30, 2022, State of Texas
* Classroom Teacher, Generalist (Grades EC-6), September 30, 2022, State of Texas
* Secondary English, (Grades 6-12), Life, State of Texas
* Vocational Home Economics Education, (Grades 6-12), Life, State of Texas

# Research Experience

**University of Texas at San Antonio**, San Antonio, Texas 2018 to 2021

**Graduate Research Assistant** to Dr. Thelma Duffey, Dr. Barbara Herlihy, Dr. Gerald Juhnke

# Professional Work Experience

**University of Texas at San Antonio**, San Antonio, TX January 2023 to Present

**Clinical Assistant Professor**, Counselor Education and Supervision

* Ethical, Legal, and Professional Issues (online)
* Counseling Skills (online and hybrid)
* Doctoral Counseling Practicum (online)
* Counseling in a Multicultural Setting (online)

**McNeese State University**, Lake Charles, LA January 2023 to July 2023

**Visiting Lecturer**, Counselor Education

* Addictions Counseling (online)
* Counseling Practicum (online)
* Counseling Internship (online)
* Trauma-Informed Counseling (online)

**McNeese State University**, Lake Charles, LA August 2022 to December 2022

**Assistant Professor**, Counselor Education

* Ethical, Legal, and Professional Issues (online)
* Principles and Administration of School Counseling (online)
* Counseling Skills (in person)
* Counseling Practicum (online)
* Counseling Internship (online)

**University of Texas at San Antonio**, San Antonio, TX January 2022 to Present

**Lecturer**, Counselor Education and Supervision

* Ethical, Legal, and Professional Issues (online)
* Counseling Practicum (online)
* Counseling Internship (online)

**University of Texas at San Antonio**, San Antonio, TX September 2018 to Present

**Teaching Assistant**, Counselor Education and Supervision

* Assisted with Ethical, Legal, and Professional Issues (Hybrid Course)
* Assisted with Counseling Theories (Online Course)
* Assisted with Group Therapy Class (Online Course)
* Assisted with Advanced Theories of Counseling (Online Course)
* Assisted with Biopsychosocial Aspects of Addictions

**University of Texas at San Antonio**, San Antonio, TX June 2019 to August 2020

**Graduate Research Assistant**, Sarabia Family Counseling Clinic

* Clinical Supervision of Counselors in Training
* Observed Risk Assessments
* Conducted Preassessment Phone Calls

**University of Texas at San Antonio**, San Antonio, TX June 2019 to August 2019

**Teaching Assistant**, Counselor Education and Supervision

* Assisted with Biopsychosocial Aspects of Addictions

**Southwest Texas Junior College**, Uvalde, TX August 2015 to May 2018

**Adjunct Faculty**, Introduction to Psychology

**Dilley Independent School District**, Dilley, TX August 2017 to August 2018

**School Counselor**, High School

**Dilley Independent School District**, Dilley, TX August 2014 to June 2017

**Teacher**, Middle School and High School

**Dilley Independent School District**, Dilley, TX September 2013 to August 2014

**School Counselor**, High School

**Palestine Independent School District**, Palestine, TX August 2012 to August 2013

**School Counselor**, High School

**Palestine Independent School District**, Palestine, TX August 2007 to June 2011

**School Counselor**, A.M. Story Intermediate

**Crockett Independent School District**, Crockett, TX August 2006 to July 2007

**School Counselor**, Junior High

**Grapeland Independent School District**, Grapeland, TX July 2004 to June 2006

**School Counselor**, Junior High and High School

# Publications

*Publications:*

**Eckhardt McLain, G.** (submitted for publication). Induction experiences of novice school counselors in small school districts.

**Eckhardt McLain**, G. (2021). Induction experiences of novice school counselors in small school districts. [Dissertation]. University of Texas at San Antonio

Herlihy, B., Pool, A., & **Eckhardt McLain, G**. (2021) Ethical and legal considerations. In B. Duroroye & B. Jones (Eds.), *Child and adolescent counseling: An integrated approach.*

**Eckhardt McLain, G**. (2021). Voices from the field:  School counselor induction. In G. Corey, R. Haynes, P. Moulton, & M. Muratori, *Clinical supervision in the helping professions:  A practical guide.* (2nd ed.).  Alexandria, VA:  American Counseling Association.

**Eckhardt McLain, G**. (2019). Mentoring academy for school counselors: A model plan. *Journal of Professional Counseling: Practice, Theory, & Research.* doi:10.1080/15566382.2019.1671098

# Professional Presentations

**Eckhardt McLain, G.**, & Herlihy, B. (2020, February). Moral distress and moral injury in counseling. Content session presented at Texas Association for Counselor Education and Supervision Conference, San Antonio, TX.

Gregory, J. C., & **Eckhardt McLain, G.** (2020, February). *Connection through movement: Sociometric exercises for supervision and counselor education after trauma.* Content session presented at Texas Association for Counselor Education and Supervision Conference, San Antonio, TX.

**Eckhardt McLain, G**., & Gregory, J. C. (2020, February). *Preventing burnout in new school counselors.* Poster presented at Law & Ethics in Counseling Conference, New Orleans, LA.

**Eckhardt McLain, G**. (2020, February). *Boundary challenges for school counselors in small schools*. Roundtable presented at Law & Ethics in Counseling Conference, New Orleans, LA.

Gregory, J. C., & **Eckhardt McLain, G**. (2020, February). *Ethically incorporating neurocounseling into counselor education*. Poster presented at Law & Ethics in Counseling Conference, New Orleans, LA.

**Eckhardt McLain, G**. (2020, February). *Call for school counselor mentors*. Content session presented at TSCA Annual Conference, San Antonio, TX.

Gregory, J. C., Hahn, C., & **McLain, G**. (2019, March). *Embracing change: Encouraging counselor educators to suggest mind-body activities to enhance self-care for counselors-in-training*. Poster presented at TACES Mid-Winter Conference, Dallas, TX.

**McLain, G**., Bradshaw, K., Mattingly, R., & Lagleder, K. (2017, August). *AVID classroom strategies*. Presented at Dilley ISD Staff Development, Dilley, TX.

**McLain, G**. (2017, May). *How to be a successful college student*. Presented at SWTJC Dual Credit Student Orientation, Dilley, TX.

# Invited/Guest Lectures

**McLain, G.** (2021, November). Ethical considerations in school counseling. Guest lecture presented via Zoom at Counseling Directors’ Meeting.

**McLain, G.** (2020, October). *Advising and scheduling.* Guest lecture presented via Zoom at Wichita State University.

**McLain, G.** (2020, May). *Ethics in school counseling*. Video presentation presented at University of Texas at San Antonio in COU 5113.

**McLain, G.** (2020, May). *Assessments in schools*. Video presentation presented at University of Texas at San Antonio in COU 5223.

# Professional Training

**AVID – Essential Academic Skills for College Readiness**

*Dilley ISD, San Antonio, July 2017*

Description: This strand is designed for high school teachers experienced with AVID methodologies and focuses on literacy across the disciplines, including the four academic skills essential for college readiness: analyzing a prompt; selective and purpose-driven reading; focused notetaking; and integrating sources into texts.

**AVID – Advancing the AVID Elective: Middle School and High School**

*Dilley ISD, San Antonio, July 2016*

Description: This strand is reserved for experienced AVID Elective teachers and focuses on continuous improvement of the AVID Elective class through advanced implementation of WICOR methodologies and instructional practices that support all students.

**AVID – Implementation: High School**

*Dilley ISD, San Antonio, July 2015*

Description: This strand is reserved for first-year AVID Elective classroom teachers and AVID coordinators who teach the AVID Elective class and may also coordinate the AVID College Readiness System at their school site.

**AVID – English Language Arts: Exploring Texts with Strategic Reading**

*Dilley ISD, San Antonio, July 2014*

Description: A primary focus of the strand is a critical reading process that includes the following strategies: planning for reading, pre-reading, building vocabulary, interacting with the text, and extending beyond the text. Writing, inquiry, collaboration, and organization are included as tools for developing critical reading skills across genres, from the foundational to the advanced levels.

# Professional Service

**Graduate Advisor of Record, School Counseling Program, 2023 – Present**

University of Texas at San Antonio

**Program Coordinator, School Counseling Program, 2023 – Present**

University of Texas at San Antonio

**Secretary, Chi Sigma Iota, Sigma Alpha Chi Chapter, 2019-2020**

University of Texas at San Antonio

**Editorial Assistant, Journal of Creativity in Mental Health, 2019-2020**

University of Texas at San Antonio

**Facilitator, Professional Development Groups, Summer 2019**

University of Texas at San Antonio

Facilitated professional development groups for Masters-level counselors-in-training.

**Co-Facilitator, Professional Development Groups, Spring 2019**

University of Texas at San Antonio

Co-facilitated professional development groups for Masters-level counselors-in-training.

**Co-Facilitator NCE Bootcamp, November 2018**

University of Texas at San Antonio

Co-created a study session for master’s level counseling students who plan to take the NCE

**AVID Site Coordinator**

Dilley High School, July 2015-June 2018

# Professional Affiliations

Member, American Counseling Association, 2018-Present

Member, Texas Counseling Association, 2018-Present

Member, Chi Sigma Iota, Sigma Alpha Chi Chapter, 2019-2021