

Malvika Behl, Ph.D., LPC (TX), School Counselor (OH)

ACADEMIC BACKGROUND

Doctor of Philosophy - Counselor Education and Supervision (CACREP Accredited) <i>The University of Toledo, Toledo, Ohio, USA</i>	2013 - 2016
Masters of Arts - Counseling <i>Lindenwood University, St. Charles, Missouri, USA</i>	2013 - 2010
Bachelor of Arts - Psychology, Sociology, Economics <i>Christ University, Bangalore, India</i>	2010 - 2007

CERTIFICATIONS

National Certified Counselor	2018 - 2029
Licensed Professional Counselor <i>Texas State Board of Examiners of Professional Counselors Texas, USA</i>	2021 - 2023
School Counselor <i>Ohio Department of Education (ODE) Credential# 21096325, Ohio, USA</i>	2020 - 2025
Anxiety & Stress Management Specialist <i>American School Counseling Certificate (ASCA) National, USA</i>	2019 - 2024
Legal and Ethical Specialist <i>American School Counseling Certificate (ASCA) National, USA</i>	2019 - 2024

AWARDS AND HONORARIUMS

2020: **Behl, M.** The West Texas A&M University Center for Learning Disabilities **Faculty Award** in recognition of leadership, dedicated service to the Center for Learning Disabilities, and commitment to children and families with learning differences.

GRANTS & FELLOWSHIPS

2023: Behl, M., Garcia, E., Denham, J. & Hester, O. Research-Practice Partnership Grant program, Research-practice partnerships in rural districts-Teacher training to instruct dyslexic children (Not funded)	\$397,854
2023: Behl, M. , Denton, K., Coneway, B., & Shin, M. The Richard and Mary West Traylor Grant in Learning Disabilities, West Texas A&M University. The grant funds the research focused on understanding the lived experience of parents of children with Specific Learning Disabilities. (Funded)	\$2500
2023: Behl, M. & Garcia, B. R-15 Academic Research Enhancement Award. National Institution of Health. Booknut – A Summer Literacy Program for Children with Learning Disabilities (Resubmit - not funded).	\$365,632
2022: Behl, M. Association for Counselor Education and Supervision Grant, West Texas A&M University. The grant was used to research the lived experience of international students in counselor education with transnationalism. (Funded)	\$2800
2022: Behl, M. Kilgore Research Grant, West Texas A&M University. Grant was awarded to understand norming data for the Rosenberg Self-esteem scale and the Spence Children Anxiety Scale for children with Learning disabilities. (Funded)	\$4,680
2022: Behl, M. , Laux, J., & Smith, E. NIH exploratory/developmental research grant program, National Institution of Health. Mental Health Screener for Children with Learning Disabilities (Not funded)	\$116,662
2022: Behl, M. R-15 Academic Research Enhancement Award. National Institution of Health. Booknut – A Summer Literacy Program for Children with Learning Disabilities. (Not funded)	\$282,000
2022: Behl, M. Principal Investigator, Small Research Grant. Spencer Grant. Motivation to Learn: The impact of anxiety and self-esteem on the academic intrinsic motivation of children with learning disabilities (Not funded)	\$58,100
2022: Behl, M. Summer Travel Grant, West Texas A&M University. Grant was used to complete courses on RASCH model in Summer 2022 through statistics.com (Funded)	\$2,269
2020: Behl, M. Foundations Grant, West Texas A&M University. Designed and implemented a summer reading program to motivate elementary school kids to read books. The grant was used to incentivize children to read and summarize (for comprehension) four books depending on the child's reading level. The program was made available for the Amarillo (Randall and Porter County) area free of cost. (Funded)	\$1,500
2018: Behl, M. Foundations Grant, West Texas A&M University.	\$1,000

Grant was used for attending the Council for Accreditation of Counseling & Related Educational Programs (CACREP) accreditation seminar. (Funded)

2017: **Behl, M.** Summer Faculty Grant, West Texas A&M University. \$2,500
Each summer semester, the Summer Faculty Development Grant provides financial assistance to enable faculty members to attend workshops, seminars, and other educational opportunities to improve their effectiveness as faculty members at WTAMU. (Funded)

2015: **Behl, M.** Emerging Leader Grant, *American College Counseling Association* Conference registration
As a graduate student with an accepted presentation at the 2015 American College Counseling Association, I received an opportunity to apply for the Emerging Leader Grant. The grant was then approved and it covered the cost of the registration for the conference. (Funded)

2014-2016: **Behl, M.** University Fellowship, The University of Toledo. University tuition
This competitive fellowship is awarded to new Ph.D. students who have exceptional academic records. The University Fellowship is the highest award the College of Graduate Studies makes and is extended to only graduate students with exceptional ability and promise. Only eight students held the position of University Fellow that academic year. (Funded)

WORK EXPERIENCE

Academic Experience

Assistant Professor Aug 2024 - present
Tenure-track
Department of Counseling
University of Texas at San Antonio, San Antonio, Texas

Assistant Professor/Associate Professor Sept 2016/2022 – July 2024
School Counseling Program Chair
Professional Counseling Program Chair
Terry B. Rogers Department of Education and Social Sciences,
West Texas A&M University, Amarillo, Texas.

Community Service - Clinical

Licensed Professional Counselor Mar 2021 – Jan 2022
Licensed Professional Counselor - Associate May 2019 – Mar 2021
Volunteer
Turn Center, Amarillo, Texas
Under the supervision of Mr. William Thompson, I volunteer to complete 15 hours per week at the Turn Center to collect hours towards my LPC license. My responsibilities include counseling children, adolescents, and parents face to face and virtually in the Texas panhandle.

Licensed Professional Counselor - Associate

May 2019 – May 2020

Volunteer

Downtown Women's Center, Amarillo, Texas

Under the supervision of Ms. Jo Anne Cook and Mr. William Thompson, I volunteered to complete 10 hours per week at the Downtown Women's Center (DWC). My responsibilities included counseling women in recovery at the safe house.

Alzheimer caregiver group

May 2019 - Dec 2020

Volunteer

As a Licensed Professional Counselor - Associate, Responsibilities included conducting 1.5-hour group counseling sessions every Wednesday with caregivers of people who have Alzheimer's or dementia through the Communication Disorders program.

Dyslexia Parent Group Counseling sessions

Aug 2019 - Mar 2020

Volunteer

As a Licensed Professional Counselor - Associate, responsibilities included conducting group counseling sessions with parents whose kids were receiving dyslexia treatment through the Turn center. The group counseling sessions were 1-hour, conducted twice a week in the clinical space at the Amarillo Center in downtown Amarillo.

Counseling Intern

Sept 2018 – May 2019

Licensed Professional Counselor – Associate

Volunteer

West Texas A&M University, Counseling Center, Canyon, Texas.

Under the supervision of Ms. Jo Anne Cook, I volunteered to complete 16-20 hours per week at the Counseling Center at WTAMU to collect hours towards my LPC license. My responsibilities included counseling University students and keeping client records on the point and click system.

School Counseling Community Service

School Counseling Intern - *Volunteer*

Jan 2013 - Mar 2013

Blackhurst Elementary School

Jan 2013 - Mar 2013

Harris Elementary School

St. Charles School District, St. Charles Missouri

Volunteered to provide counseling to students from diverse backgrounds individually and/or in groups, and discussed social, academic, and/or emotional problems that they were experiencing, under the supervision of Mrs. Jenna Tate and Mrs. Susan Ballard. Delivered group counseling sessions and creative classroom guidance lessons like bullying, career choices, responsibility, personal space using books and games.

School Counseling Intern - *Volunteer*

St. Charles High School

Aug 2012 - Dec 2012

St. Charles School District, St. Charles Missouri

Under the supervision of Mrs. Lori Wootten, I volunteered to discuss and help students modify/set up their schedules for the school year. My responsibilities also included volunteering to provide counseling to students and discussed social, academic, and/or emotional problems that they experienced, and helped my supervisor with administrative responsibilities.

INTELLECTUAL CONTRIBUTIONS

Refereed Articles

- Behl, M.**, Green, L., Garcia, E., & Laux, J. (Sept. 2024) Learning from the Pandemic: School Counsellor Experience during the Pandemic in the United States. *Journal of Psychologists and Counsellors in Schools*.
- Denton, K., Coneway, B., Simmons, M., **Behl, M.**, & Shin, M. (2022). Parents' voices matter: A mixed-method study on the dyslexia diagnosis process. *Psychology in the Schools*.
- Simmons, M., Denton, K., Rodriguez, R. C., Yvette, C., Henderson, E., & **Behl, M.** (2019). Designing international experiential learning across multiple university disciplines: Texas A&M System Clavellinas Collaborative. *CEDER Yearbook: Supporting Student Success*.
- Garcia, B., Hindman, J. T., & **Behl, M.** (Sept 2019). Undocumented: A Case Study of One Man's Journey to U.S. Citizenship, *International Journal of Humanities and Social Science*. 9(7).
- Garcia, B., **Behl, M.**, & Hindman, J. T. (Sept 2019). Crossing Over: A Narrative Inquiry Of One Man's Journey Across The Mexico/U.S. Border. *International Journal of Linguistics, Literature, and Culture*. 6(3)
- Jain, S., Agaskar, V., Kakkar, S., **Behl, M.** (2019). School Counseling in India. *Muallim Rifat Eđitim Fakóltesi Dergisi*, 1 (2), 24-39. Retrieved from <http://dergipark.org.tr/mrefdergi/issue/47337/527106>
- Behl, M.**, Laux, J., Roseman, C., Mojisolo, T., & Spann, S. (2017). Needs and Acculturative Stress of International Students in CACREP Programs. *Counselor Education and Supervision*.

Book Chapters

- Atiyeh, S., Dari, T. & **Behl, M.** (2024) Challenges and Interventions to Promote Recovery for Immigrant and Refugee Children - Chapter – 5, *The Handbook of Research on Trauma in Children*
- Laux, J., Perera-Diltz, D. M., Calmes, S. A., **Behl, M.**, Morgan, B. M., Rio, J. (2019). Assessment and Diagnosis of Substance Related and Addictive Disorder – Chapter 6, *Foundations of Addictions Counseling*. 4th ed.
- Laux, J., Perera-Diltz, D. M., Calmes, S. A., **Behl, M.**, Morgan, B. M., Rio, J. (2016). Assessment and Diagnosis of Substance Related and Addictive Disorder - Chapter 6, *Foundations of Addictions Counseling*, 3rd ed.

Newsletters

- Behl, M.** (Fall 2023) Partnering with School and School Counselors: Focusing on the Mental Health of Children and Adolescents with Specific Learning Disabilities. *Southern Association for Counselor Education and Supervision Newsletter*
- Behl, M.** (Summer 2019). Using Culturally Relevant Pedagogy to Meet International Student's Academic Needs. *Southern Association for Counselor Education and Supervision Newsletter*.

Behl, M. (Spring 2019), Cross-Cultural Supervision with International Students. *Southern Association for Counselor Education and Supervision Newsletter*. 14(1)

2019: **Behl, M., & Sullivan, M.,** [*Increased Need for Counseling Services.*](#)

Presentations

International

Behl, M. (2024). Mind Matter Series – Burnout (Four-part series). Dear Dyslexia Foundation. Australia (Presented Online)

Behl, M. (2024). Mind Matter Series – Thoughts, Feelings, Behavior (Three-part series). Dear Dyslexia Foundation. Australia (Presented Online)

Behl, M. (2023). Let's discuss anxiety and self-esteem for children with Learning Disability. International Conference on Learning Disabilities. Denver, Colorado.

Behl, M. (2023). Mental Health and Learning Disabilities. The Dyslexia Round Table. Dyslexia Organization Kenya. (Presented online)

Behl, M. (2022). The Emotional Side of Learning Challenges. World Dyslexia Awareness Month. Maharashtra Dyslexia Association. (Presented online)

Behl, M. (2022). Strategies to help children with Learning Disabilities. World Dyslexia Awareness Month. Maharashtra Dyslexia Association. (Presented online)

Behl, M. (2022). Mental Health of Children and Coping Skills. World Dyslexia Awareness Month. Maharashtra Dyslexia Association. (Presented online)

Behl, M. (2022). Counseling Children with Learning Disabilities. World Dyslexia Awareness Month. Maharashtra Dyslexia Association. (Presented online)

National

Behl, M. & Harrichand, J. (2023) The Lived Experience of International Students in Counseling programs with Transnationalism. Association for Counselor Education and Supervision. Denver, Colorado.

Behl, M. (2022). The Link to Emotions and Behavior Associated with Learning Disabilities. Community Workshop for the Center for Learning Disabilities. (Presented online)

Behl, M. & Peterson, A. B. (2021, September). Coping Skills for Aggressive Behavior. In Lennox Gastaut Syndrome (LGS) foundation. (Presented online)

Behl, M. & Green, L., (2021) School Counseling during COVID-19 and its implications on Counselor Education programs. Association for Counselor Education and Supervision, Atlanta, Georgia

Behl, M. & Laux, J. (2021) Needs and Acculturative Stress of International Students in Counselor Education Programs. Association for Counselor Education and Supervision, Atlanta, Georgia

Behl, M. (2021). Effects of Learning Difficulties on the Mental Health of Children (virtual) for the Partners Resource Network, Texas

Behl, M. (2021). Dealing with Big Feelings. Invited Online Special Education Conference presentation (virtual) at Partners Resource Network (PRN), Texas.

- Behl, M.** (2020). Families and COVID. Becoming Agents of Change – Virtual Conference, Invited presentation (virtual) at Partners Resource Network (PRN), Texas.
- Behl, M.** (2020). Managing Negative Emotions during Social Distancing. Invited presentation (virtual) at Partners Resource Network (PRN), Texas.
- Behl, M.** (2020). Self-care during quarantine – Let’s not pour out of an empty glass. Invited presentation (virtual) at Partners Resource Network (PRN), Texas.
- Behl, M.** (2019). Emotional Side for Parents who have Children with Learning Disabilities. Invited presentation at Partners Resource Network (PRN), Texas.
- Green, L., **Behl, M.**, Back, A., & Abbott, P. (2018). Supervising Interns through the Diagnosis Process: When Getting It Right Matters Most. Law & Ethics Conference, New Orleans, Louisiana.
- Behl, M.** & Laux, J. (2017). Acculturation Among International Students in Higher Education. American Counseling Association, San Francisco, California.
- Dari, T. & **Behl, M.** (2016). Confidentiality in Schools – The ethical and legal implications. American School Counselor Association (ASCA), New Orleans, Louisiana.
- Behl, M.** & O'Hara, C. (2015). Individual counseling and Genograms! A creative approach. American College Counseling Association, Louisville, Kentucky.
- Behl, M.**, Brat, M., & O'Hara, C. (2015). Meeting the Needs of International Students in the Counselor Education Classroom. Association for Counselor Education and Supervision, Philadelphia, Pennsylvania.
- Russel, J., **Behl, M.**, Roseman, C. (2015). CACREP Standards and Cultural Diversity: Using Bloom's Taxonomy to create specific learning objectives in the Graduate Classroom. Invited presentation at the Association for Counselor Education and Supervision, Philadelphia, Pennsylvania.

State

- Behl, M.** (2020). Self-care during quarantine – Let’s not pour out of an empty glass. Invited presentation (virtual) at Hutto Independent School District’s (ISD) Special Education Parent Advisory Council (SEPAC). **(Presented online)**
- Behl, M.** (2020). The Emotional Side of Dyslexia and ADHD. Invited presentation at Amarillo College for the Center for Learning Disabilities’ Community Workshop.
- Behl, M.**, Brezinski, K., DuFresne, R., Ford, R., Intagliata, I., Kuzubova, K., Russell, J., Wertenberger, A., Laux, J. (April, 2014). Managing Romantic and Sexual Attraction in the Counseling Milieu. Invited presentation at Spring Conference of the Ohio Association of Counselor Educators and Supervisors, Columbus, Ohio.
- Intagliata, A., **Behl, M.**, Roseman, C. (April, 2014), Maintaining balance in supervisees working with victims of domestic violence. Invited presentation at the Spring Conference of the Ohio Association of Counselor Educators and Supervisors, Columbus, Ohio.

Local

- Behl, M.** (2022). Suicide and Mental Health in Adolescents and Teens. 98.3 KXDJ Radio

Behl, M. (2021). Suicide Prevention and Awareness: experts talk how this impacts adolescents and teens. ABC7 News, <https://abc7amarillo.com/news/local/suicide-prevention-and-awareness-experts-talk-how-this-impacts-adolescents-and-teens>

Behl, M. (2021). Mental Health Needs of Children with Learning Difficulties. Invited presentation Texas Parent to Parent Route 66 Abilities Virtual Conference.

Behl, M., Denton, K., Simmons, M., Coneway, B., Shin, M. (2021). Dyslexia and the School Counselor. WTAMU Faculty Poster Session, Canyon, Texas.

Behl, M. (2019) Transitioning to College, Invited presentation at Amarillo Center for the Center for Learning Disabilities' Community Workshop.

Behl, M. (2018). Documentation for School Counselors. Invited presentation at Canyon ISD, Canyon, Texas.

Garcia, E., Hindman, J., & **Behl, M.** (2018). Undocumented: One Man's Journey to U.S. Citizenship. WTAMU Faculty Poster Session, Canyon, Texas.

Green, L. & **Behl, M.** (2018). Ethical Issues While Supervising LPC Interns. West Texas A&M University, Amarillo, Texas.

SERVICE TO THE PROFESSION

Chair: Committee / Task Force

Chair/Co-Chair

2016 – 2020

Professional Advocacy & Public Awareness Committee -
American College Counseling Association.

Chair: Conference / Track / Program

Association for Counselor Education and Supervision, Atlanta, Georgia.

2021

I have been invited to be the conference **On-Site Chair and Volunteer Coordinator** for the Association of Counselor Education and Supervision (ACES) conference in October 2021.

Association for Counselor Education and Supervision, Seattle,

2019

Washington. In spring 2018, I attended the American Counseling Association conference. At the Conference, I was provided the opportunity to be the **on-site registration chair** for the Association of Counselor Education and Supervision (ACES) conference in October 2019.

Reviewer - Presentation / Article / Manuscript

Journal of Counselor Leadership and Advocacy (Ad Hoc reviewer)

2024 - present

Journal of Asia Pacific Counseling, Editorial Board Member

2021 - present

Southern Association for Counselor Education and Supervision (SACES)

2021

Award Reviewer

American College Counseling Association (ACCA) conference proposal
reviewer

2020

Southern Association for Counselor Education and Supervision (SACES)

2020

Award Reviewer

2019

American College Counseling Association (ACCA) conference proposal reviewer	2019
Southern Association for Counselor Education and Supervision (SACES) Grant Reviewer	2019
Southern Association for Counselor Education and Supervision (SACES) Award Committee	2017
Journal of Professional Counselor.	
<u>Presentation</u>	
Region 16 School Counselor Presentation, Amarillo, Texas.	2019
Acculturation of immigrants at a presentation for school counselors.	2017

SERVICE TO THE COMMUNITY

Member of a Committee

Head Start Advisory Committee - Region 16,

2017 – May 2024

Head Start is a national program that provides education and comprehensive child development services for low-income, preschool children ages 3 to 5 and social services for their families. Participants receive comprehensive child development services— education, health, nutrition, and mental health—and social services. Early Head Start assists low-income families with infants and toddlers, including children with disabilities, and pregnant women and their families. Participants receive the same comprehensive child development services as Head Start families. Some programs provide home-based services to pregnant women and families with infants and toddlers. The Health Advisory Committee plays an important role in weaving community connections and ensuring that Head Start programs provide comprehensive, integrated, and effective health services to children and their families. Head Start programs place an emphasis on partnerships with local providers to connect families to medical and dental homes in their communities. These partnerships enable Head Start to respond to changes in the health-care delivery system.

Texas Continuous Improvement Steering – Texas Education Agency

2021 - present

The purpose of the committee is to share information and gather stakeholder input regarding the Texas Continuous Improvement Process (TCIP). Specifically, the committee will review the Annual Performance Report (APR) and other state performance data; set targets for the State Performance Plan (SPP); discuss statewide activities in the area of general supervision; and provide feedback to assist in improvement planning efforts.