

**THE UNIVERSITY OF TEXAS AT SAN ANTONIO  
PROSPECTIVE AFFILIATION AGREEMENT  
Agency / Facility Information Sheet**

*This information collected on this sheet will be used to complete a formal agreement with your institution.*

Today's Date: 3/7/2019

Agency Name: University Health System- Texas Diabetes Institute

Address: 701 S. Zarzamora San Antonio, TX 78207

Phone Number: 210-358-7287

Email address: [PatientEducation.Internship@uhs-sa.com](mailto:PatientEducation.Internship@uhs-sa.com)

1. Please briefly describe the scope of your facility/agency's work. Printed brochures or fact sheets explaining your organizational goals may be attached.

Our mission is to prevent diabetes and its complications through a coordinated, multi-disciplinary approach to health promotion. The Texas Diabetes Institute (TDI) represents America's largest and most comprehensive center completely dedicated to diabetes. The 153,000-square-foot complex, established in 1993, is community based, addressing not just the disease, but also the life and lifestyle of the patient and the family.

2. Indicate the most appropriate person(s) to contact within your facility/agency regarding internship possibilities.

Name: Danielle Gordon Title/Responsibility: Program Coordinator Phone #210-358-7287 Office Address: 701 S. Zarzamora San Antonio, TX 78207

Email: [PatientEducation.Internship@uhs-sa.com](mailto:PatientEducation.Internship@uhs-sa.com) Type of Company (LLC, Non-for Profit, etc.): Hospital

3. Briefly describe the internship experiences available with your facility/agency.

**Fitness Center Internship Program**

Studies have found that lifestyle changes, such as being physical active, can help control diabetes. TDI has eliminated the accessibility barrier by offering a fully operational gym, which is equipped with all the necessary machinery needed to help our patients maintain a healthy lifestyle. It is the fitness center's mission to provide a safe space for patients to meet their wellness goals through exercise and health education. The student intern will work directly with the fitness center team, under the supervision of the fitness center manager, to support the mission of the fitness center.

The intern will:

- Apply educational competencies learned in coursework.
- Establish networking opportunities for professional contacts.
- Demonstrate an increase in knowledge and skill on program management.
- Increase self-confidence as a health care professional.

Intern activities may include (not limited to):

- Data collection
- Use assessment data and literature reviews to recommend, develop, implement, and evaluate evidence-based fitness activities.
- Develop materials for wellness bulletin board and patient hand-outs.
- Develop bi-weekly wellness tips to be posted on TDI social media.
- Manage the front desk
- Participate in wellness events, health fairs, and other scheduled activities.

**Public Health/ Hospital Administration Internship Program**

Studies have shown that patient education correlates to positive patient outcomes. The mission of the patient education department at the Texas Diabetes Institute is to serve as a resource center and provide comprehensive health education and support for the prevention and management of diabetes and other chronic conditions

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position? No
5. Is your organization a HIPPA covered agency? YES
6. Do you require background checks for the interns? NO
7. Are you available for Fall 20 hrs/wk\_\_ YES \_\_, Spring 20 hrs/wk\_\_ YES \_\_, and Summer 30 hrs/wk\_\_ YES ?