THE UNIVERSITY OF TEXAS AT SAN ANTONIO
KINESIOLOGY AND HEALTH INTERNSHIP
Agency Information Sheet

Today’s Date: 8/12/2011

Agency Name: UTHSCSA – Institute for Health Promotion Research
Address: 8207 Callaghan Road, Suite 353 San Antonio, TX 78230
Phone Number: 210-562-6525 Email address: hughesDC@uthscsa.edu
Fax Number: 210-348-0554

1. Please briefly describe the scope of your agency’s work. Printed brochures or fact sheets explaining your organizational goals may be attached.

   The Institute for Health Promotion Research (IHPR) researches the causes and solutions to the unequal impact of cancer and chronic disease affecting residents of South Texas, Texas and the nation to improve the health of all people while serving as a national model for health promotion research and education.

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

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<tr>
<th>NAME</th>
<th>TITLE/RESPONSIBILITY</th>
<th>PHONE#</th>
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<tbody>
<tr>
<td>Rebecca Adeigbe</td>
<td>Project Coordinator</td>
<td>210-562-6525</td>
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<tr>
<td>Daniel Hughes</td>
<td>Assistant Professor</td>
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3. Briefly describe the internship experiences available with your agency.

   IMPACT (Improving Mind & Physical Activity) is a 6-month study to examine the determinants of exercise adherence for female breast cancer survivors that willingly attend community-based exercise sessions; and investigate the effects of a tailored exercise program, a yoga-focused exercise program, and an general exercise program on fitness outcomes, stress, inflammation and obesity serum biomarkers, quality of life variables and exercise adherence.

   We are looking for motivated, self-starter Kinesiology-exercise science interns. Their main responsibilities include:
   - Assist research staff in cardiovascular, strength and flexibility assessments
   - Assist research staff in the collection/processing of biomarkers (blood, saliva, etc.)
   - Assist research staff in data entry
   - Assist in preparing, minor maintenance, and clean up of exercise testing laboratory
   - Assist research staff in conducting quality of life survey assessments.

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

   No restrictions. This will not be a paid position.

Please return this questionnaire to:
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