THE UNIVERSITY OF TEXAS AT SAN ANTONIO
KINESIOLOGY AND HEALTH INTERNSHIP

Agency Information Sheet

Today's Date: 07/07/2011
Agency Name: San Antonio Metropolitan Health District / Chronic Disease Prevention
Address: 332 W. Commerce, Suite 303, San Antonio, TX 78205
Email address: Kathleen.shields@sanantonio.gov
Fax Number: (210) 207-8999 Phone Number: (210) 207 – 6030

1. Please briefly describe the scope of your agency’s work. Printed brochures or fact sheets explaining your organizational goals may be attached.

The San Antonio Metropolitan Health District is the public health agency charged by State law, City code, and County resolution with the responsibility for providing public health programs in San Antonio and unincorporated areas of Bexar County. Although Metro Health is a City/County organization, administrative control is under the City of San Antonio and Metro Health is operated as a City department.

Metro Health Vision
Optimal health for our communities and our environment

Population-based Services Area Mission

To assess and identify the health needs of the San Antonio Community, and to provide evidence-based resources to assure optimal health and well being.

Chronic Disease Prevention Programs

- Healthy Kids Healthy Communities – Childhood obesity prevention
  - 5 year $360,000-program of Robert Wood Johnson Foundation
  - Initiatives are pursuing an array of environmental strategies to transform San Antonio community and promote healthy eating and active living.

- Community Based Obesity Prevention
  - Prevent and reduce obesity through effective policy and environmental changes focused on improving nutrition.
  - Target area for San Antonio would be approximate boundaries of the Harlandale and Southside I.S.D. (most of city council district 3, 4, and 5)

- Por Vida Healthy Restaurant Initiative
  - A menu labeling and recognition program for food service establishments that offer healthy menu items developed by the San Antonio Dietetic Association.
New restaurants are continuing to join the Por Vida program and the program plans to expand into new sectors such as hospitals, nursing homes, universities, and worksites.

- **Community Diabetes Program**
  - Provides Diabetes Self Management classes, nutrition classes, and physical activity groups within target areas heavily burdened by diabetes.

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

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<tr>
<th>NAME</th>
<th>TITLE/RESPONSIBILITY</th>
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<tr>
<td>Kathleen Shields</td>
<td>Chronic Disease Prevention Manager</td>
<td>210-207-6030</td>
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3. Briefly describe the internship experiences available with your agency.

To provide support and assistance to the grant funded programs in Chronic Disease Prevention. Students will attain knowledge in policy implementation, program planning, program implementation, health promotion, grant funding requirements, and administrative duties in relation to public health. Student will also gain experience working for a city public health department.

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

- **This is an unpaid internship**

Please return this questionnaire to:
Tunetha Wren, University Supervisor
Department of Health and Kinesiology
College of Education and Human Development
UTSA
San Antonio TX 78249-0654
Tel. (210) 458-5407   Email: tunetha.wren@utsa.edu
Fax: (210) 458-5873