Welcome to…

UTSA
The University of Texas at San Antonio™
COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT
DEPARTMENT OF HEALTH AND KINESIOLOGY

Nutrition and Dietetics
Coordinated Program in Dietetics
Dietetics Professionals

✓ Who are they?
✓ Where do you find them?
✓ What do they do?

Learn what a Registered Dietitian can do for you!
http://www.eatright.org/Media/content.aspx?id=6442472602
Careers in Dietetics: 
The Sky is the Limit

http://www.youtube.com/watch?v=Rp9k6UulHgg&feature=channel_page
Who are dietitians?

• College educated professionals in the areas of food and nutrition
• They are credentialed professionals (R.D., L.D.)
  – Registered through the Commission on Dietetics Registration (CDR) an agency of the Academy of Nutrition and Dietetics
  – Licensed to practice through the Texas State Board of Examiners of Dietitians
Job opportunities include:

**Community Nutrition**
Disease prevention and health promotion
- WIC Program, Head Start Program
- Schools
- Community Clinics
- Early Childhood Intervention
- Wellness Programs, grocery stores
- Senior Citizen Programs
- Cooperative extension services
- Media communication

**Clinical Nutrition**
Medical Nutrition Therapy/Patient Care
- Hospitals
- Out-patient clinics: Cardiac rehabilitation, renal, diabetes, pediatrics
- Private practice

**Foodservice Management**
Patient care, production, food service management
- School food service
- Hospital foodservice
- Consultant: long Term care
Dietitians are involved in...

nutrition assessment, counseling & education in different settings
Dietitians are responsible in determining appropriate nutrition interventions

For all stages of the life cycle

Health promotion

Disease prevention & treatment
Dietitians oversee food service management operations
Based on the *2011 Compensation & Benefits Survey of the Dietetics Profession*

- RDs with four years or less experience earn $52,000/year (median income)
- Salaries increase with years of experience
- RDs in management, business, education and research positions earn incomes above $90,000

Ref. Academy of N&D (2012) Fact Sheet: Becoming a RD
http://www.eatright.org/BecomeanRDorDTR/content.aspx?id=8143
Dietetics and Nutrition

What is a Coordinated Program in Dietetics?

An accredited program by the Accreditation Council in Nutrition and Dietetics (ACEND)

Offers all required dietetics/nutrition coursework along with ~1200 hours of supervised experiences (equivalent to an internship)

Upon successful completion of the program, students receive a verification statement and are eligible to take the CDR examination to become Registered Dietitian (RD)
What degrees will I earn?

Dual Degree

Bachelor in Sciences with a major in Dietetics & Nutrition

Master of Dietetics Studies
Is the Program Accredited?

• The Program received *Candidacy of Accreditation* in May 2009
  – From the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
  – Students completing the CPD are considered graduates of an accredited program

• The Program will host a site-visit for a full accreditation on November 3-5, 2013
Coordinated Program in Dietetics

Freshman/Sophomore level coursework
Texas Core curriculum + prerequisites: ~76 SCH

Junior/Senior level coursework: 44 SCH
(includes 225 contact hours of supervised practice)

Graduate coursework: 30 SCH
(includes 992 contact hours of advanced supervised practice)
Program Pre-requisites

- UTSA University Core including:
  - Intro to Psychology, Sociology or Anthropology; College Algebra
- General and Organic Chemistry with lab
- Biochemistry
- Anatomy and Physiology with lab
- Microbiology with lab
- Introductory Statistics
- Principles of Management
- Introduction to Nutritional Sciences
### Dietetics and Nutrition Coursework

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<tr>
<th>Junior Year*</th>
<th>Senior Year*</th>
<th>Master Level Year*</th>
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<tr>
<td><strong>Emphasis: Health Promotion/Disease Prevention and Treatment</strong></td>
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<th><strong>Fall</strong></th>
<th><strong>Spring</strong></th>
<th><strong>Summer</strong>*</th>
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| **Introduction to Nutrition & Dietetics Careers** | **Production and Foodservice Systems Management II** | **Elective (2-3 SCH)**
| **Nutrition in the Life Span** | **Medical Nutrition Therapy I** | **Nutrition Pathophysiology**
| **Applied Food Science** | **Community Nutrition** | **Public Health Nutrition and Policy**
| **Applied Food Science Practicum** 45 contact hours | **Community Service Practicum** 45 contact hours | **Research Seminar**
| **Nutrition and Health Assessment** | **Nutrition in Disease Prevention and Health Promotion** | **Integration of Metabolism**
| **Nutrition Counseling and Education** | **Medical Nutrition Therapy II** | **Advanced Dietetics Practicum I (7 SCH) - 466 contact hours**
| **Advanced Human Nutrition** | **Current Issues in Nutrition** | **Nutritional Supplements and Functional Foods**
| **Production and Foodservice Systems Management I** | **Special Topics in Nutrition & Dietetics** | **Seminar in Nutrition & Dietetics**
| **Food Production Practicum** 90 contact hours | **Nutritional Care Process Practicum** 45 contact hours | **Advanced Dietetics Practicum II (7SCH) - 466 contact hours**

* Subject to change
Admission Factors

- Academic achievement (cumulative & science prerequisite GPA 3.0)
- References: faculty (use program specific forms)
- Awards and honors
- Prior work experience or volunteer activities
- Personal career goals
- Interest, motivation, commitment and knowledge of the profession, communication skills
- Personal interview
What are the admission procedures?

- Application to UTSA
  - Official transcripts from all colleges and universities attended
- Complete a program specific application
  - Two completed reference forms (program specific): preferably from faculty members
  - Statement of Interest
  - Must be submitted by May 1st for fall admission
Questions?

Contact:

**College of Education and Human Development**
Advising and Certification Center (MB 3.214)
210-458-4424

**Dietitians of Today and Tomorrow Program**
Department of Health and Kinesiology
210-458-7034
210-458-6528

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