THE UNIVERSITY OF TEXAS AT SAN ANTONIO
KINESIOLOGY AND HEALTH INTERNSHIP

Agency Information Sheet

Today’s Date: 11-2-2009

Agency Name: Pressing On

Address: 12001 Network Blvd. suite 314, San Antonio 78249

Phone Number: 210-877-2228
Fax Number: 210-877-2235
Email address: info@pressingontx.com

1. Please briefly describe the scope of your agency’s work. Printed brochures or fact sheets explaining your organizational goals may be attached. Refer to http://pressingontx.com

Exercise-based therapy, specializing in Spinal Cord Injury & other Neurological Disorders, aimed to recover optimal motor & sensory function. Our trainers, Neuro-fitness Specialists, evaluate each client to assess current motor & sensory function, as well as non-functioning, to develop and implement a custom exercise program for each individual client. Exercise Prescription, Developmental Activity Scales, and Re-evaluations are also apart of our Specialist regimen for each client in order to be consistently up to date on the injury’s response, progression, and perhaps regression so that optimal recovery is obtained. Exercise Science is the basis for our program, and obtaining a Bachelor of Science in Kinesiology concentration Exercise Science is required for Neuro-fitness Specialist position.

Our team of trainers, assistant trainers, interns, and volunteers, all work together to create a safe and enjoyable environment for those attending our facility so that their goals are not just possible but attainable.

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

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<tr>
<th>NAME</th>
<th>TITLE/RESPONSIBILITY</th>
<th>PHONE#</th>
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<tbody>
<tr>
<td>Nito Blochlinger</td>
<td>Director of Training and Development</td>
<td>210-877-2228</td>
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3. Briefly describe the internship experiences available with your agency.

- Full orientation of facility, materials, and understanding of our mission.
- Hands on training- allowing intern’s to assist trainers with clients, and explaining every concept and/or component throughout session if intern desires to gain full understanding.
- Special Projects- including program design for designated client appointed by supervisor, creating progression videos of each client during their attendance to our facility, fundraisers to help clients financially, etc.
- Being in fitness setting at all times for those who enjoy exercising!!
- Most importantly ➔ being a part of a person’s difficult journey to recover all that was taken from them, and knowing your journey through school is needed somewhere for someone like our clients here. A positive attitude, smile, enthusiasm, and motivation are all a must for us!

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

No set restrictions or limitations, unless Supervisor deems otherwise. This is not a paid position.