THE UNIVERSITY OF TEXAS AT SAN ANTONIO
KINESIOLOGY AND HEALTH INTERNSHIP

Agency Information Sheet

Today’s Date: 02/01/07

Agency Name: Lackland AFB Health and Wellness Center

Address: Bldg 2513 Ave. Lackland AFB, TX 78227

Agency Phone Number: 210-671-0631 Email Address: byron.black@lackland.af.mil

1. Please briefly describe the scope of your agency’s work. Printed brochures or fact sheets explaining your organizational goals may be attached.

The Lackland AFB Health and Wellness Center (HAWC) primary purpose is to provide professional health, wellness and fitness programs and services to all government beneficiaries, including active duty military, reservists, family members, retirees and DoD civilians. This position is responsible for developing, planning, organizing, coordinating, implementing, conducting tracking and evaluating comprehensive prevention and functional fitness programs and services required by Air Force instructions, guidelines and population needs. Also, administers fitness assessments, prescriptions and various other health and fitness programs, and activities that meet the needs of the Lackland AFB community.

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

<table>
<thead>
<tr>
<th>NAME</th>
<th>TITLE/RESPONSIBILITY</th>
<th>PHONE #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Byron K. Black</td>
<td>Fitness Program Manager</td>
<td>210-671-0631</td>
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</tbody>
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3. Briefly describe the internship experiences available with your agency.

- Exercise Prescription
  - Injuries
  - Pregnancy
  - Weight loss
  - Muscular Strength/Endurance
  - Cardio Endurance

- Fitness Assessment
  - Aerobic
  - Muscular
  - Flexibility
  - Body Composition

- Physical Therapy
  - Special Population
  - Diabetes
  - Obesity
  - Hypertension

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

This is a military base and there are extra rules that apply to anyone that is on the base, i.e. car search at anytime. This is not a paid position.

Please return this questionnaire to:

The University of Texas at San Antonio
College of Education and Human Development
Department of Health and Kinesiology
Internship Supervisor
San Antonio TX 78249-0654
Email: tunetha.wren@utsa.edu
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Fax: (210) 458-5873