



A Great Internship Experience!

Before starting my Internship with Healthy Futures of Texas, I was prepared for the worst. I figured the only experience I would truly gain would be how to avoid paper cuts and how to make a perfect pot of coffee. Boy was I wrong!

Interning at Healthy Futures under Jennifer Moore, Health Educator, has been the most rewarding experience of my college career. I have been able to learn about the non-profit world and to form true friendships with people I encounter every day. The hands-on experience has been worth every minute of unpaid service. I am honored that the staff here have trusted me to lead sessions and really put my education to the test, all while helping form me as an emerging professional.

I feel privileged to educate youth of all ages and backgrounds about healthy choices and the resources that are available to them. We hold sessions in local schools, Parks and Recreation locations, and various community centers.

The current epidemic of teen pregnancy in Bexar County is such an important issue, and addressing it is close to my heart. There needs to be more funding and more people working to offer medically accurate education for teens. I hope to continue on this career path and find opportunities to raise awareness about Teen and Unplanned Pregnancy in the future.

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