What is the Community Family Life Center?

We envision the Community Family Life Center (CFLC) as a national leader in clinical service, education, and research.

Our mission is to promote healthy social, emotional, and relational functioning, reflecting the needs of a diverse and dynamic society.

The CFLC is organized and oriented towards three simple goals:

1. Promoting the highest quality of counseling service and care.
2. Promoting excellence in counseling through supervised clinical training.
3. Promoting counseling service and care through clinical research.

Located on UTSA's Downtown Campus, the CFLC was created with the primary purpose of serving San Antonio's urban downtown area and its surrounding communities. We have an extensive resource center, equipped with counseling related texts, assessments, technology, and other tools that promote active community service, clinical training, and clinical research.

Community Service

Applying counseling theory and knowledge into professional practice is an important part of the Department of Counseling’s mission.

The Community Family Life Center (CFLC) provides individual and group counseling services freely available to individuals and families.

To make an appointment please contact our office at:

Community Family Life Center
Durango Building, 3.304
501 West Durango Boulevard
San Antonio, Texas 78207

(210) 458-2055 – main
(210) 458-2605 – fax
Serving as an on-campus training clinic, the CFLC allows masters and doctoral students to obtain intensive and personalized supervision, while at the same time, providing needed services to the community.

State-of-the-art clinical supervision tools provide opportunities for student counselor growth and development. The CFLC has six counseling suites (i.e., three individual suites, two group suites, and one fully equipped play therapy room) for use by students and faculty.

During the Fall 2009 semester, the CFLC began a joint project with UTSA’s Career Services. The project offers undergraduate students, enrolled in career exploration courses, guidance and counseling services.

The Juror Counseling Program, another collaborative project with the Bexar County Court System, provides freely available counseling services to jurors that have been exposed to traumatic testimony or evidence during criminal court trials.

In addition, the CFLC is currently developing relationships with other community advocates, including Avance, the Drug and Social Policy Research Center, and the Edgewood Family Network.

In the Spring of 2010, the CFLC began a joint project with the City of San Antonio’s Municipal Court Juvenile Program, providing individual, family, and group counseling services to first time juvenile offenders.
Clinical Training Support

The CFLC also provides support and coordination for the department’s clinical training courses (i.e., Skills, Practicum, and Internships). Some of these activities include internship site affiliation and management, practicum and internship course enrollment, and clinical training information distribution for students, faculty, staff, and community supervisors (e.g., orientations, websites, postings, and manuals).

Other activities include development and maintenance of clinical training related forms, clinical training policies and procedures, and adherence to CACREP clinical training standards.

Clinical Training Sites

A myriad of human service organizations provide counseling services and are available in the San Antonio and the surrounding communities. These organizations provide assistance, support, information, and advocacy for clients, families, and other service providers. Many of these agencies are appropriate for internship site placements.

UTSA counseling students are expected to arrange their own placement from the department’s list of approved affiliated clinical sites.