THE UNIVERSITY OF TEXAS AT SAN ANTONIO
KINESIOLOGY AND HEALTH INTERNSHIP

Agency Information Sheet

Today’s Date: 04/15/04

Agency Name: Medifit Corporate Services, INC (Valero San Antonio)

Address: One Valero Way, San Antonio, TX 78249

Agency Phone Number: N/A  Email Address: lkoecher@medifit.com

1. Please briefly describe the scope of your agency’s work. Printed brochures or fact sheets explaining your organizational goals may be attached.

   Provide comprehensive, integrated and cost effective solutions that promote a healthier working environment for employees. Our expertise includes fitness program management, injury prevention and rehabilitation and nationwide health promotion and screening services.

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

<table>
<thead>
<tr>
<th>NAME</th>
<th>TITLE/RESPONSIBILITY</th>
<th>PHONE #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lisa Koecher</td>
<td>Program Manager</td>
<td>210-345-2069</td>
</tr>
<tr>
<td>Amber Sanders</td>
<td>Senior Health Fitness Specialist</td>
<td>210-345-4350</td>
</tr>
</tbody>
</table>

3. Briefly describe the internship experiences available with your agency.

   Observe and participate in fitness testing and evaluation; assist with providing safe and effective exercised programs for members using data collected from an exercise test and based on personal goals; observe and lead safe effective exercise classes; assist in the planning and implementation of at least one health promotion or incentive program; develop and utilize effective floor management and member interaction skills to ensure all members are exercising within prescribed guidelines; observe and assist with administrative operations of the fitness center; complete one special internship project as assigned and approved by the site supervisor; gain knowledge in the development and implementation of “high risk” member management; visit several MediFit corporate facilities to experience the variety and diversity of other programs; assist staff with special projects where applicable; Provide weekly feedback to MediFit supervisor and college advisor through a written report.

4. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

   This will not be a paid position.

Please return this questionnaire to:

The University of Texas at San Antonio
College of Education and Human Development
Department of Health and Kinesiology
Internship Supervisor
San Antonio TX 78249-0654
Email: tunetha.wren@utsa.edu
Tel. (210) 458-5407
Fax: (210) 458-5873